



# Ranjeela - The Dance Show

by OSrishti - [www.osrishti.org](http://www.osrishti.org)

**rangeela**

**All are Welcome**

- 10 Different Dance Styles
- 100 Passionate Dancers
- Dancing for a NOBLE cause - FUNDRAISER for Chennai Flood Rehab for Eureka Homes Project of AID India.

**Saturday, June 18, 2016 - 5 to 7 PM**  
**Lakeridge High School, Lake Oswego OR**

Buy tickets online at [www.osrishti.org](http://www.osrishti.org)  
 Adults \$15; Kids (5-12) - \$10  
 Contact : The Ranjeela Team - [srishti.orgz@gmail.com](mailto:srishti.orgz@gmail.com), (971) 238 4442



# FOOD



## Grilled Honey Glazed Chicken *with* Green Pea and Mint Sauce

RECIPE COURTESY OF BOBBY FLAY

### Honey Glazed Chicken Ingredients:

- 1/4 cup honey
- 3 tablespoons balsamic vinegar
- 4 whole bone-in chicken breasts
- Olive oil, for grilling, optional
- Salt and freshly ground black pepper
- Green Pea and Mint Sauce, recipe follows

### Green Pea and Mint Sauce Ingredients:

- 2 cups frozen peas, blanched and drained well
- 1/2 cup white wine vinegar
- 3 tablespoons chopped fresh mint leaves
- 2 tablespoons chopped fresh cilantro leaves
- 1 jalapeno, grilled or roasted, chopped
- Salt and freshly ground black pepper
- 1/4 cup olive oil or canola oil
- 1 tablespoon honey

### Grilled Honey Glazed Chicken Directions:

1. Heat grill to medium. Whisk together the honey and balsamic vinegar in a small bowl. Brush the breasts on both sides with oil, if desired, and season with salt and pepper.
2. Grill the breasts for 7 to 10 minutes per side or until golden brown and cooked through. Brush with the honey glaze during the last few minutes of cooking.
3. Serve on a bed of sauce or with sauce drizzled over.

### Green Pea and Mint Sauce Directions:

1. Place peas, vinegar, mint, cilantro, jalapeno, and salt and pepper in a blender and blend until smooth.
2. With the motor running, slowly add the oil and taste for seasoning. Add the honey and blend again.
3. If the mixture is too thick, blend in a few tablespoons of cold water.

## Express Bus to Multnomah Falls

CONTINUED FROM PAGE 13

may also park for free at Rooster Rock State Park and ride the shuttle at no charge to Multnomah Falls, a 10-minute ride, allowing travelers to avoid the overcrowded falls parking lot.


“The gorge is home to some of our most beloved outdoor attractions,” said Rian Windsheimer, ODOT manager for the Portland

area.” National Scenic Area treasures like Multnomah Falls draw thousands of tourists every year and adding this transit service is intended to help ease congestion, improve safety, relieve the parking crunch and make these areas accessible to more Oregonians.”

Each bus will have rack space for three bicycles. For more information, go online to [ColumbiaGorgeExpress.com](http://ColumbiaGorgeExpress.com).

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TOWARD POSITIVE CHANGE


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