



Sheryl Paul (left), certified as a childbirth educator, with Shafia Monroe, executive of International Center for Traditional Childbearing.

First Class of Childbirth Educators

The International Center for Traditional Childbearing in Portland has graduated the first cohort of African American Childbirth Educators.

The graduates are Meies Matz, Sheryl Paul, Dianne Clay and Eliya Matz who are now qualified to facilitate and teach childbirth education and baby care classes. Meies and Eliya Matz are also qualified as peer breastfeeding counselors.

The training was the accumulation of a six-month pilot project funded by Kaiser Permanente

Northwest to address the shortage of African American Childbirth Educators in Oregon.

Several research studies have found that black communities seek information on the mechanics of labor and birth, infant care, stress management and returning back to work, from culturally competent, community-based healthcare providers.

The ICTC offers "Childbirth Education and Baby Prep" classes to reduce barriers, improve birth outcomes and celebrate the African American family.



Riders, we can't thank you enough

...for your patience and understanding, and for bearing with us as we upgraded the tracks, signals and switches along 1st Avenue downtown. We know it was an inconvenience, but with your help we finished this much-needed work — all to bring you a smoother ride and improve MAX's on-time performance.

We're back, and we're better. See you on board!

TRIMET
trimet.org/bettertransit



PORTLAND OBSERVER AutoReview



2016 TOYOTA Scion iA

The Scion iA has daring looks and a long list of amenities that make it hard to call it basic transportation. A low-speed pre-collision safety system, Bluetooth connectivity, and seven-inch touch screen infotainment make the iA a well-equipped choice for a new car in 2016.

The iA wins praise as a far better drive than anything Toyota would have built to take its place. A strong value, just about every feature comes standard. The iA has engaging handling for its class;

a refined interior; and high fuel economy. Its small rear passenger space, however, may compromise comfort for taller passengers.

Under the hood of the 2016 Scion iA is a 1.5-liter four-cylinder engine that produces 106 horsepower and 103 pound-feet of torque. Power is sent to the front wheels through a standard six-speed manual transmission, with a six-speed automatic available at extra cost.

The EPA estimates fuel economy at 37 mpg combined (33 city/42 highway) for the automatic and 35 mpg combined (31 city/41 highway) for the manual. These figures are on the high end for its class.

Manufacturer's suggested retail price \$17,595.

The Civil Rights Committee of the Oregon State Bar presents:

FACING THE TRUTH

Race and Criminal Justice in Multnomah County



May 26, 2016 // 7 p.m.

Portland Community College, MAHB Auditorium // 705 N Killingsworth

Communities of color are vastly overrepresented at each stage of Multnomah County's adult criminal justice system. Representatives from community organizations and the justice system will discuss a recently released report that highlights this problem. Panelists will begin a conversation about community solutions. Please join us.

GUEST SPEAKERS: Jo Ann Hardesty, President, NAACP Portland Branch; Principal Partner Consult Hardesty // Ana del Rocio Valderrama, Chief of Staff to Rep. Jessica Vega Pederson // Rod Underhill, Multnomah County District Attorney // The Honorable Adrienne Nelson, Multnomah County Circuit Court Judge // Lane Borg, Executive Director, Metropolitan Public Defender Services, Inc. // Judy Shiprack, Multnomah County Commissioner

If you require Spanish language or ASL interpretation services, contact Cristela at Legal Aid by May 23rd, 503-471-1137 or Cristela.Delgado-Daniel@lasoregon.org. Si necesita servicios de interpretación en español, póngase en contacto con Cristela en Servicios Legales 23 de mayo, llamando al 503-471-1137 o cristela.delgado-daniel@lasoregon.org.

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