



PHOTO BY MARK WASHINGTON/THE PORTLAND OBSERVER

Police officers cordon off Northeast Sixth Avenue near King Elementary School to investigate a deadly shooting that happened just before 6 p.m. on Thursday.

Arrests Made in Local Shooting

Police have arrested two men for murder in a shooting that occurred early Thursday evening on Northeast Sixth Avenue near King Elementary School and just south of Alberta Street.

Terry Lee Spencer Jr., 24, and Clifford Lee Moffett, 34, are being held in connection with the death of Isaiah Demetris Kent, 28. The arrests came as a result of an investigation by North Precinct and Gang Enforcement Team officers. Kent was found suffering from traumatic injuries and was transported by ambulance to the hospital and later died as a result of the gunfire, police said. A community vigil was held at the site on Sunday evening.

GRANT WAREHOUSE REDEVELOPMENT COMMUNITY FORUM: MARCH 14

PROUDLY DEVELOPED BY:



Join PCRi and our development partners for the first open house forum to share information and invite feedback on redevelopment proposed for the site of the former Grant Warehouse.

For more information, visit www.pcrihome.org/grant-warehouse

RSVP requested (but not required) to: events@pcrihome.org

Monday, March 14, 2016 6:00 – 8:00 p.m.

New Song Community Church: 2511 NE M L King Jr. Blvd

(Community Room Entry on Russell)



Portland Community Reinvestment Initiatives, Inc.
6329 NE Martin Luther King Jr. Blvd
Portland, OR 97211

(503) 288-2923 | TTY 711



Subscribe! 503-288-0033

Fill Out & Send To:

The Portland Observer

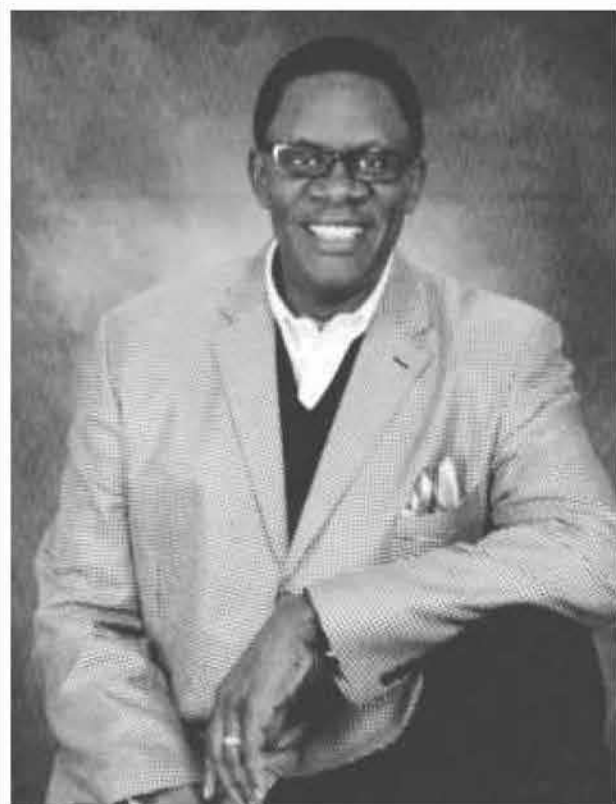
Attn: Subscriptions, PO Box 3137, Portland OR 97208
\$45.00 for 3 months • \$80.00 for 6 mo. • \$125.00 for 1 year
(please include check with this subscription form)

Name: _____

Telephone: _____

Address: _____

or email subscriptions@portlandobserver.com



Dr. Billy R. Flowers

THE SPINA COLUMN™

An ongoing series of questions and answers about America's natural healing profession.

Part 12. Regular Checkups: As important to your back as they are to your eyes or teeth.

Q: I don't have any serious back problems. Why should I see a Chiropractor?

A: That is a good question. Sometimes we don't realize that a small crick in the neck or some slight back discomfort is beginning of larger problems which are often much more difficult to treat at a later stage in life.

Unfortunately, eight out of ten Americans will be struck down by severe low back pain at one time or another. The mechanical or structural defects of the back usually develop slowly and with

very little pain, but if left untreated, may disable you for days, months or sometimes permanently. The likelihood of disability increase dramatically in over 30. Fortunately, we are able to avoid many spinal problems with regular, precautionary checkups. Just as an eye exam or dental checkup prevents potential problems or corrects the problems or in its

early stages, so do Chiropractic check-ups. Detected early, spinal defects are not only easier to treat, but may save a lot of pain and money, as well as reducing the chance of a disabling spinal disorder. To arrange for your checkup, or for answers to any questions you might have about your health, call our office at the number below.

Flowers' Chiropractic Office

2124 NE Hancock, Portland Oregon 97212

Phone: (503) 287-5504