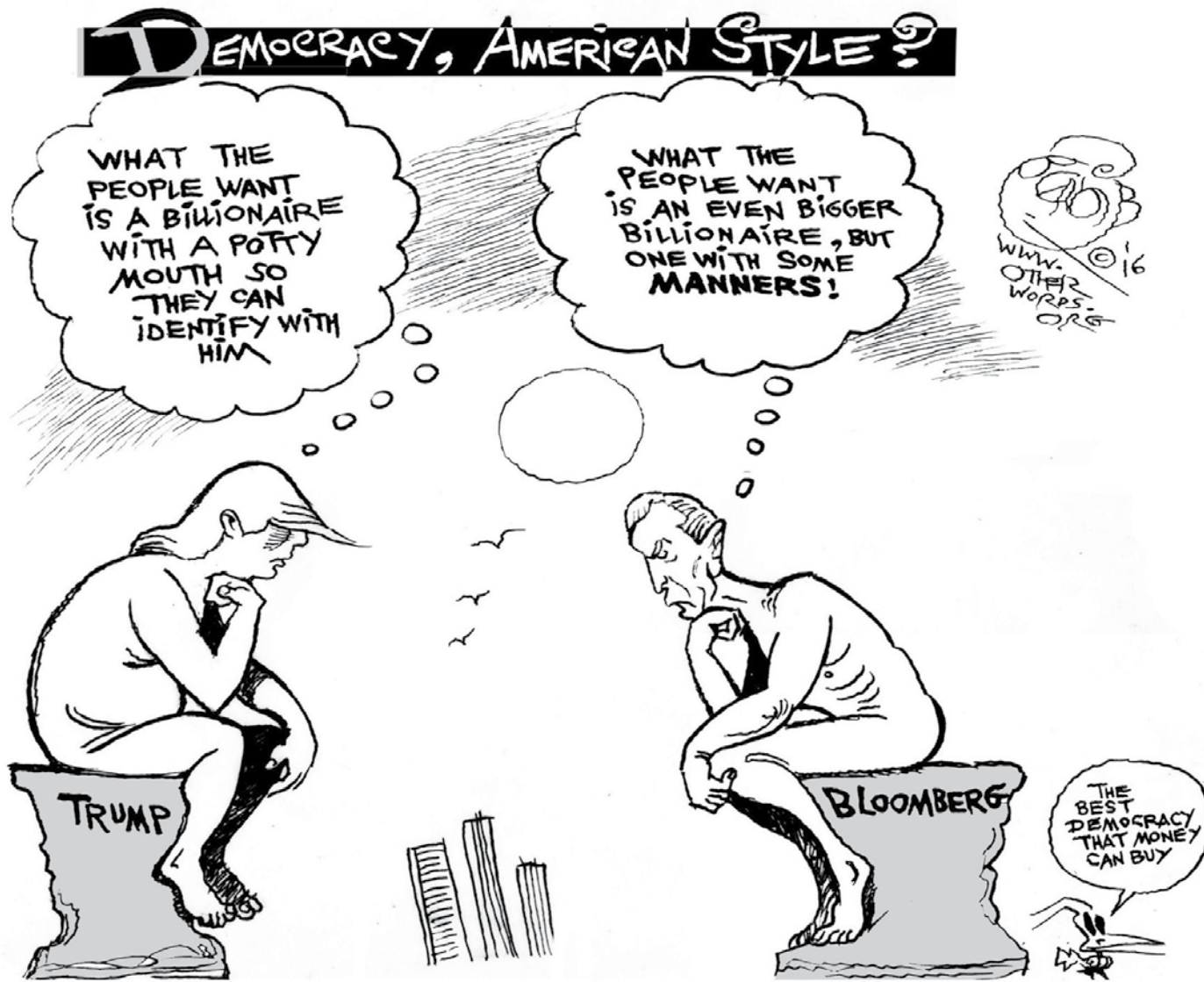


OPINION



New Prices Effective May 1, 2014

Martin Cleaning Service

Carpet & Upholstery Cleaning Residential & Commercial Services
Minimum Service CHG. \$45.00
 A small distance/travel charge may be applied

CARPET CLEANING
2 Cleaning Areas or more \$30.00 Each Area
Pre-Spray Traffic Areas
(Includes: 1 small Hallway)
1 Cleaning Area (only) \$40.00
Includes Pre-Spray Traffic Area (Hallway Extra)

Stairs (12-16 stairs - With Other Services): \$25.00
Area/Oriental Rugs: \$25.00 Minimum

Area/Oriental Rugs (Wool): \$40.00 Minimum

Heavily Soiled Area: Additional \$10.00 each area
(Requiring Extensive Pre-Spraying)

UPHOLSTERY CLEANING

Sofa: \$69.00
 Loveseat: \$49.00
 Sectional: \$109 - \$139
 Chair or Recliner: \$25 - \$49
 Throw Pillows *(With Other Services):* \$5.00

ADDITIONAL SERVICES

- Area & Oriental Rug Cleaning
- Auto/Boat/RV Cleaning
- Deodorizing & Pet Odor Treatment
- Spot & Stain Removal Service
- Scotchguard Protection
- Minor Water Damage Services

SEE CURRENT FLYER FOR ADDITIONAL PRICES & SERVICES
Call for Appointment (503) 281-3949

Gun Violence a Critical Public Health Issue

No time for talking and debating

BY BRIAN L. PAULING

100 Black Men of America, Inc. recently participated in a televised discussion on gun violence called "The Gun Fight." Since the taping of that show, gun violence in our communities has become even more personal because it has again directly impacted more of the youth we mentor.



Zaevion Dobson had been a mentee of 100 Black Men of Greater Knoxville, Tenn. since he was 8 years old. The standout high school football player was attending a gathering of teammates and friends when a gunman drove by opening fire. Without regard for his own life, Zaevion dove on top of three young ladies to shield them. He gave his life that day. Weeks later in Washington, D.C., another one of our youth was walking down the street, when a car pulled up and one of its passengers said, "If you want to live, you need to run." He began running, and they began shooting.

The mentee was shot, but unlike Zaevion, he will survive. But with what scars?

I realize that there are many contributing factors to this carnage in our communities and no single answer to end this rampant disrespect for life. Too many people merely want to debate gun policy and gun laws, while

and ethnic demographic nationally. The FBI's 2014 Crime in the United States report found that 82 percent of whites murdered by guns were killed by other whites. Similarly, 90 percent of blacks murdered by guns were killed by other blacks.

The mental and physical health effects of gun violence, however, impact us all. If we don't stop the rhetoric and start investing in

provide guidance on setting and achieving goals, and demonstrate how to diffuse situations before they escalate to tragic consequences.

Our economic empowerment programs promote job skills training, financial literacy and entrepreneurship. Our health and wellness initiatives increase students' school attendance rates, which have a direct impact on their ability to learn, earn and succeed. That's why education reform is one of our top priorities, and we are pushing hard in our advocacy efforts with local and national policymakers to ensure that every student in every community has access to high-performing schools and high-quality teachers.

Gun violence cut short the life of Zaevion Dobson, one so full of hope and promise. The time for talking and debating is over. We must take swift and decisive action to end this crisis in our communities before another precious life is needlessly lost.

Brian L. Pauling is national president and chief executive officer of 100 Black Men of America, Inc. To learn more about the organization and find a chapter in your community, visit 100blackmen.org.

The mental and physical health effects of gun violence, however, impact us all. If we don't stop the rhetoric and start investing in interventions that impact young people's lives, we will continue to suffer consequences of gun violence in cities nationwide.

our children are being murdered at places they are supposed to be – homes, churches, schools and playgrounds.

Gun violence is a critical public health issue impacting communities of every economic stature

interventions that impact young people's lives, we will continue to suffer consequences of gun violence in cities nationwide.

The mentoring services by 100 Black Men of America teach youth how to make better choices,