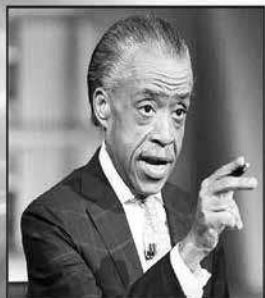


# HEALTH

## 1480 KBMS

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Rev. Al Sharpton  
10am - 1pm



D. L. Hughley  
3pm - 7pm

### MONDAY - FRIDAY

12 Midnight - 3 A.M.  
MIKE SHANNON

3 A.M. - 7 A.M.  
TOM JOYNER

7 A.M. - 10 A.M.  
TONI TERRELL

10 A.M. - 1 P.M.  
REV. AL SHARPTON  
(KEEPING IT REAL)

1 P.M. - 3 P.M.  
KENNY SMOOV

3 P.M. - 7 P.M.  
D.L. HUGHLEY

7 P.M. - 9 P.M.  
PAPA SMURF

9 P.M. - 12 Midnight  
MIKE SHANNON

### SUNDAY

12 Midnight - 3 A.M.  
MIKE SHANNON

3 A.M. - 6 A.M.  
TOYA BEASLEY

6 A.M. - 12 NOON  
SUNDAY MORNING GOSPEL  
W/ANGELA

12 NOON - 1 P.M.  
HIGHLAND C.C. LIVE  
BROADCAST

1 P.M. - 4 P.M.  
PAPA SMURF

4 P.M. - 12 Midnight  
DOUGLAS WILLIAMS



Tom Joyner  
3am - 7am

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A new study looks at the risks of giving birth inside and outside a hospital setting.

## Births Inside and Outside Hospital

### Study finds both can have good outcomes

Out-of-hospital birth settings in Oregon were associated with a higher risk of perinatal death,

while in-hospital birth settings were associated with a higher risk for cesarean delivery and other obstetric interventions, according to new research at Oregon Health & Science University.

"This study continues the national dialogue about the care, setting and health care systems that can provide more women with a safe, healthy birth that meets their birthing preferences," said Jonathan M. Snowden, an epidemiologist and assistant professor in the Department of Obstetrics and Gynecology in the OHSU School of Medicine.

"Our findings show that Oregon women are very likely to have a safe delivery in any setting. While those who deliver at home or in birth centers are much more likely to have a normal, vaginal delivery, there is also a small but statistically significant increase in risk for adverse baby outcomes," Snowden said.

The study, which looked at outcomes for mothers and babies based on birth setting, was conducted using data collected from Oregon birth certificates in 2012 and 2013 on what a mother's intended birth setting was when she went into labor.

The study compared two groups of "low-risk" pregnancies, meaning the babies were head down, close to their due date, and not twins or triplets. One group was planning hospital birth, the other out-of-hospital birth.

"While the overall risk for perinatal death was low in all settings, the stakes can be high," said Dr. Aaron B. Caughey, professor and chair in the OHSU Department of Obstetrics and Gynecology. "As health care providers, we need to

CONTINUED ON PAGE 15

## How do you share health?

At **Health Share**, we believe good health is more than what happens inside your doctor's office. Good health starts in your community and includes staying active, eating healthy food and getting regular check-ups.

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