

The Portland Observer

Established 1970 USPS 959 680

4747 NE Martin Luther King, Jr. Blvd.,
Portland, OR 97211

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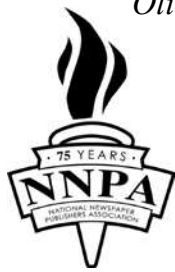
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Bulding Strong Communities

A legacy award is presented to Wells Fargo and its community relations team, including Cobi Lewis (above) at Vancouver Avenue Baptist Church's annual Martin Luther King Jr. scholarship luncheon. The diverse and historically African American church honored individuals and progressive organizations for their efforts and leadership in building strong communities. Five scholarships were also awarded to deserving high school students.

Discrimination Lawsuit

A former employee of Calaroga Terrace has filed a racial discrimination lawsuit against Pacificia, the operators of the Lloyd District senior living facility. Ebony Hankins, an African-American woman, alleges that two nooses were found hanging in the employee break-room in 2014. She says the white director of the housing complex laughed when she brought up her concerns, and later failed to renew her employment contract.

Man Charged with Rape

Sergio Xambrano, a 42-year-old man from Florida was arrested on Sunday in Portland on rape and sexual abuse charges involving a juvenile victim, a 12-year-old girl that he met on Instagram, a social media site that normally lets users share photos and images.

A.G. Removes Lawyer

Oregon Attorney General Ellen Rosenblum

The Week in Review

removed the chief of her criminal division Monday and transferred him to another post. Darin Tweedt was under fire recently because one of his investigators used a computer surveillance tool called "Digital Streakout" to monitor hashtags that targeted black activists like #BlackLivesMatter on twitter. An on-going investigation into the surveillance continues.

Gresham House Fire

Fire crews responded to a Tuesday morning house fire in Southeast Gresham that killed a handful of cats and sent one resident to the hospital according to reports.

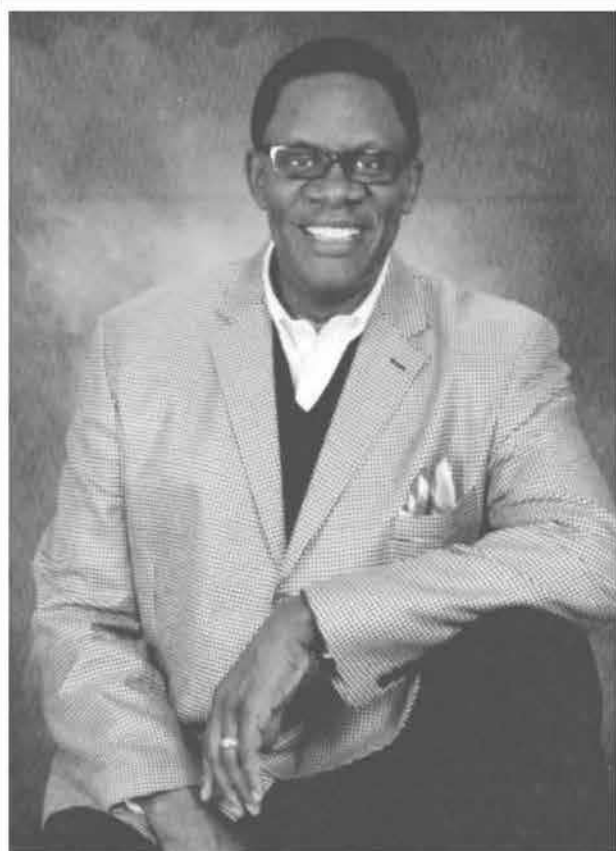
Crews arrived around 8:30 a.m. and managed to save a dog and a cat inside the house, with a second cat running out from the rubble later.

Stolen Weapons Found

Police officers arrested two men Saturday after finding several stolen weapons inside the tent they were sharing in northwest Portland along with a stolen vehicle that was parked nearby. Eric Christian Nunez, 24, and Jordan Alexander Clark, 42, were taken to the Justice Center jail.

Sanders Rally Draws Crowd

Over 1,000 people showed up to Pioneer Courthouse Square in downtown Portland Saturday afternoon to support Democratic presidential candidate Bernie Sanders. Sanders was not there in person but had over a dozen speakers address the crowd on his behalf, including City Commissioner Steve Novick and State Rep. Rob Nosse.



Dr. Billy R. Flowers

THE SPINA COLUMN™

An ongoing series of questions and answers about America's natural healing profession.

Part 7. CHILDREN & CHIROPRACTIC: Start off early in life for a lifetime of health

Q: *When will my children be old enough to benefit from seeing Chiropractor?*

A: Children of Chiropractors often receive their first spinal adjustments the day they are born. Using special techniques for infants, Chiropractors are able to correct spinal misalignments caused by the traumatic and turning of childbirth. What's more, we're frequently able to alleviate infant problems like colic that often keeps both babies and parents up all night.

Q: *I have a friend who takes her children to a Chiropractor even*

when they aren't sick. Why would she do this?

A: Actually, there are more reasons for children to see a Chiropractor regularly than there are for adults. First of all, because of their activities in school and out, children naturally take more spills than an average adult. This is one of the most common reasons people bring their children to a Chiropractor. But the

best reason of all is so that with regular Chiropractic care, children can develop a nearly perfect spine. Not only to help them do better in school, but to gain increased strength, health and vitality throughout their adult lives. To find out all the ways Chiropractic can help your children experience a lifetime of good health, please call us at the number below.

Flowers' Chiropractic Office

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