

## The Portland Observer

Established 1970 USPS 959 680

4747 NE Martin Luther King, Jr. Blvd.,  
Portland, OR 97211

The Portland Observer welcomes freelance submissions. Manuscripts and photographs should be clearly labeled and will be returned if accompanied by a self addressed envelope. All created design display ads become the sole property of the newspaper and cannot be used in other publications or personal usage without the written consent of the general manager, unless the client has purchased the composition of such ad. © 2008 THE PORTLAND OBSERVER. ALL RIGHTS RESERVED, REPRODUCTION IN WHOLE OR IN PART WITHOUT PERMISSION IS PROHIBITED. The Portland Observer--Oregon's Oldest Multicultural Publication--is a member of the National Newspaper Association--Founded in 1885, and The National Advertising Representative Amalgamated Publishers, Inc, New York, NY, and The West Coast Black Publishers Association

PUBLISHER: *Mark Washington, Sr.*

EDITOR: *Michael Leighton*

EXECUTIVE DIRECTOR:

*Rakeem Washington*

ADVERTISING MANAGER: *Leonard Latin*

Office Manager/Classifieds:

*Lucinda Baldwin*

CREATIVE DIRECTOR: *Paul Neufeldt*

REPORTER/PHOTOGRAPHER:

*Olivia Olivia*



**AAC**  
AFRICAN AMERICAN CHAMBER  
Empowering, Enhancing and Educating  
AN AFFILIATE OF OREGON BUSINESS NETWORK

CALL 503-288-0033

FAX 503-288-0015

news@portlandobserver.com

ads@portlandobserver.com

subscription@portlandobserver.com

Postmaster: Send address changes to

Portland Observer, PO Box 3137,  
Portland, OR 97208

# Hunger Carries into New Year

## Impact worsened by low wages, high costs

BY CHRIS THOMAS

One in five Oregonians faces a New Year in which he or she will rely on food from a food pantry or soup kitchen, according to a new survey of people who receive food assistance.

The Oregon Food Bank survey shows that 36 percent of food recipients said they visit their local food pantry regularly - at least 12 times a year, up 5 percentage points from just a few years ago.

While the survey did find that more people are working than in the previous years, they're just not making enough money to support their families, according to Susannah Morgan, Oregon Food Bank chief executive.

The folks who are accessing food assistance who are also actively seeking work as unemployed workers has fallen from 23 percent in 2012 to 16 percent today, she said.

Another trend this year compared to previous years is that more people age 65 and older are food-bank clients. One-third of those surveyed said food bank assistance has made the difference in being able to pay a utility bill. Almost as many (29 percent) cited high housing costs as a factor in their inability to make ends meet.

Morgan attended the recent Oregon Leadership Summit and cited one speaker's comment that Oregon is a "job-creation machine."

"This gives me real hope for the future,

in thinking that we have the possibility of creating those jobs, those family-wage jobs," she said. "But he also said there has not been much movement on poverty."

Twenty-eight percent of those surveyed said they worry "often" or "always" about where their next meal is coming from.

Morgan said a combination of low earnings and high debt lands people who never thought they'd be in this situation at their local food pantry. The source of the debt, for 39 percent of those surveyed, was medical bills.

The survey is online at oregonfoodbank.org.

*Chris Thomas is a reporter with Oregon News Service.*

### Miss Universe Gaffe

The 2015 Miss Universe contest suffered a very public error Sunday night when the wrong contestant was momentarily crowned during a live broadcast. Colombia contestant Ariadna Gutierrez Arevalo was declared the winner and accepting congratulations when host Steve Harvey returned to apologize for not correctly reading the winning card, which said that contestant Pia Alonzo Wurtzbach of the Philippines was this year's winner and Miss Colombia was actually the first runner-up.



### High Winds Cut Power

Over 14,000 residents suffered power outages at some point on Monday when winter gusts cut through the city. The Portland International Airport clocked winds over 55 mph around 2 p.m., and PGE crews and local police spent most of the day responding to numerous reports of fallen trees cutting power lines. The MAX blue line stopped running while respondents worked to remove a down tree from the line's overhead wires.

## The Week in Review

### Motorcycle Club Shootout

One man was killed and two people were injured after a shootout at a north Portland motorcycle clubhouse early Saturday, according to authorities. Witnesses reported more than two dozen shots were heard during the gathering at the Dahuru Motorcycle Club on Kerby Avenue and Columbia Boulevard. No arrested have been made and no suspects have been identified.

### Notorious Bike Thief Busted

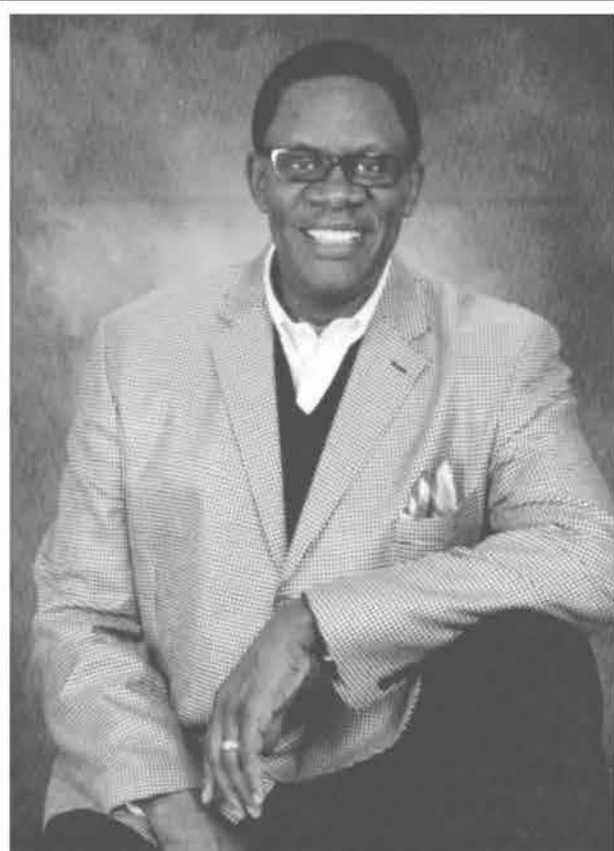
Leroy Parsons Jr., a man convicted of more than 25 felonies and misdemeanors, ranging from identity theft, meth possession, attempted robbery and theft, was sentenced to 30 months in jail Monday after he was caught in a bike theft sting set up the investigative news show Inside Edition. Parsons has long been a suspect in dozens of bike thefts in Portland.

### No Indictment in Sandra Bland Case

A Texas grand jury failed to find anyone culpable for the death of Sandra Bland, a black woman who was reportedly found hanged by a garbage bag in a jail cell last July. The story made headlines when footage of Bland's arrest for failing to signal a lane change showed the police officer screaming "I will light you up!" as he threatened the woman with a taser. Her last words heard from the dash cam video were "You just slammed my head into the ground."

### Oregon Zoo Elephant Dies

One of the America's oldest and largest bull elephants, a 45-year-old Asian elephant named Tusko, was euthanized Tuesday after veterinarians concluded he was in too much pain from a decades-old leg injury. Tusko had developed severe swelling that had severely impaired his movement. Tusko came to the Oregon Zoo in 2005 and had spent time working in a circus, having been born in Thailand in 1971.



Dr. Billy R. Flowers

## THE SPINA COLUMN™

An ongoing series of questions and answers about America's natural healing profession.

### Part 2: CHIROPRACTORS: Just how qualified are they to take care of your health?

**Q:** I know that physicians need four full years of medical school to become doctors. How much training do Chiropractors actually get?

**A:** Following our under-graduate college training, Chiropractors must also complete an extremely demanding four-year curriculum. By the time we graduate, we've received a degree of competency in anatomy, chemistry, bacteriology, toxicology, pathology, physiology, diagnosis and x-ray. In fact, today's doctor of Chiropractic have as many hours of government approved classes in these health-

related subjects as any doctor graduating from medical school. Most importantly for you, we also spend *four full years* studying the spine, joint relationships and adjustment procedures. What's more, Chiropractors stay up to date with the latest health care developments by attending on-going seminars.

**Q:** Will my health insurance help me pay for Chiropractic care?

**A:** It varies from one insurance carrier to another. But for many people, Chiropractic care *is* covered. Check with your company's personnel department. Or feel free to call us. In fact, for answers to *any* questions you might have about your health, just call us at the number below.

### Flowers' Chiropractic Office

2124 NE Hancock, Portland Oregon 97212 • Phone: (503) 287-5504