



A costumed turkey mascot limbers up outside the Oregon Zoo in preparation for the traditional Thanksgiving Day Turkey Trot. The run-walk takes place Thursday, Nov. 26 beginning at 8 a.m. at the zoo.

Get Fit Before the Feast

The Oregon Zoo invites runners and walkers of all ages to its annual Turkey Trot on Thursday, Nov. 26.

The Thanksgiving Day tradition, organized by the Oregon Road Runners Club, raises around \$25,000 each year to fund animal care and programs at the zoo. "Turkey Trot is a fun and healthy way to gather together and start your Thanksgiving," said Teri Dresler, interim zoo director. "The runners really get into the spirit of it, and a lot of people show up in costumes. Every year, we see folks dressed as turkeys, pilgrims — even Elvis."

Turkey Trot includes a four-mile run and fit-

ness walk, starting at 8 a.m., and a quarter-mile Tot Trot, beginning at 9:30 a.m. Events are non-competitive and meant for fun, but a timing clock will be available at the finish line for participants who wish to time themselves.

Day of race registration is from 7 a.m. to 7:45 a.m.