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## Chokehold Death Settlement

## New York awards Garner family \$5.9 million

(AP) — The family of a black man who died after being placed in a white police officer's chokehold reached a \$5.9 million settlement with the city on Monday, days before the anniversary of his death.

Eric Garner, who was 43, was stopped last July 17 outside a Staten Island convenience store because police officers believed he was selling loose, untaxed cigarettes. A video shot by an onlooker shows Garner telling the officers to leave him alone and refusing to be handcuffed.

An officer, Daniel Pantaleo, placed his arm around Garner's neck to take him to the ground.



A video that went viral in July 2014 showed a restrained Eric Garner lamenting "I can't breathe" while New York police officer Daniel Pantaleo wrestled him to the ground.

heard gasping "I can't breathe!" 11 times before he loses confederal probe is ongoing. sciousness. He was pronounced dead later at a hospital.

found that the police chokehold contributed to Garner's death.

Garner, who had asthma, is But a grand jury declined to indict the officer in the death. A

Garner's death sparked demonstrations and became a The city medical examiner flashpoint in a national debate about relations between police and minority communities.

#### **Iran Nuke Curbs Approved**

After long, fractious negotiations, world powers and Iran struck a historic deal Tuesday to curb Iran's nuclear program in exchange for billions of dollars in relief from international sanctions – an agreement aimed at averting the threat of a nuclear-armed Iran and another U.S. military intervention in the Middle East.

#### **Man Dies in Street Fight**

A 61-year-old man who was punched by another man on Thursday night at Portland International Raceway died of blunt force trauma. Michael T. Taylor, 50, reportedly struck the victim, Anthony Mancuso, at a motocross event. Taylor was taken in custody and will await a Grand Jury investigation.

### Whooping Cough Outbreak

Health officials in Clark County are tracking an outbreak of whooping cough cases. A reported 237 cases have been confirmed so far

# The Week

this year, compared to 21 cases last year. Young children who have not received vaccines are especially at risk as are the elderly or people with weakened immune systems.

#### **Courthouse Gets Funding**

State lawmakers signed off on \$17.4 million in funding for the new Multnomah County Central Courthouse project before adjourning last week. Construction is expected to begin in 2017 and be completed and open to the public by 2020. The project is expected to cost \$250 million in total.

#### **Oregon Heroin Abuse**

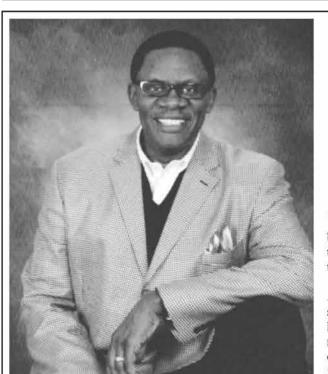
The Centers for Disease Control released data last week showing increased use and abuse of heroin throughout the U.S. Oregon was listed in the top 10 states with heroin users. Some of the greatest increases occurred in demographic groups with historically low rates of heroin use, women, the privately insured, and people with higher

#### WomenandNon-WhitesEarnLess

A new audit of Multnomah County and its employees shows that women and non-white workers are earning significantly less than their white male colleagues. The audit showed that there was equal pay among those working the same positions, but that more women and people of color were stuck in lower-paying positions.

#### **Portland Slips Into Drought**

A new report has Portland in a moderate drought for the first time this summer. Scientists based their assessment on indicators such as soil moisture, stream flow, and temperatures. The Portland Water Bureau however is equipped to serve the region due to its abundant Bull Run water supply.



Dr. Billy R. Flowers

An ongoing series of questions and answers about America's natural healing profession.

## Part 18. Chiropractic And Prevention:

Life doesn't have to be a series of emergencies anymore

It seems that I am always sick. I do what my doctor says but if anything my colds and flu attacks are getting worse. What do you

: Constant colds and influ-Lenza indicate that the immune system (and the body in general) is highly stressed. Did you know that recently leading scientists have discovered that the entire immune system is an out-growth of the nervous system? If you nervous system is stressed and irritated, the immune system cannot work properly either. People who have regular Chiropractic checkups report that they get fewer colds and influenza. They keep the stress off their nervous systems. Keeping irritation off the nervous system also helps you avoid morning backache and head-aches and allows you to cope with stress better. And you'd be

amazed at the energy you have with preventive Chiropractic checkups. If you'd like to trade in your colds for a bounce in your step, call us for an appointment today. It could be the healthiest call you have ever made. Isn't time you stepped up to Chiro-

#### Flowers' Chiropractic Office

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