



Showdogs is a full service salon. We do baths, all over hair cuts, tooth brushing, nail trims, soft claws, flea treatments, mud baths, and ear cleaning. We also have health care and grooming products to keep your pet clean in between visits.

Show Dogs Grooming Salon & Boutique
 926 N. Lombard
 Portland, OR 97217
 503-283-1177

Tuesday-Saturday 9am-7pm
Monday 10am-4pm

*Yo dawg is gonna look like a show dawg
 and your kitty will be pretty.*

HARRIS PHOTOGRAPHY



503-730-1156

Family Portraits
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antonioharris@mac.com

4545 N.E. MLK 97211



Sweet Street Food Cart

on the corner of MLK and Lombard
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Wednesday Special: 3 Wings \$2.00

Friday Special: Rib Sandwich, Beef or Pork, \$4.00

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HEALTH



Marilyn Eubanks



Michelle Lewis

Better Mental Health

Discussion
 on wellness
 for African-
 Americans

African-Americans suffer from mental health issues like every other group, but they are among the least likely to seek help.

In an effort to improve those numbers by promoting wellness and resiliency in the African-American community, two therapists from the Oregon Health and Sciences University's Avel Gordly Center for Healing will lead a free public seminar at Portland State University on Thursday, May 21 at 6:30 p.m. in the Fourth Avenue Building, Room 171, 1900 S.W. Fourth Ave.

The seminar is sponsored by Zeta Sigma Omega and Pi Sigma Chapters of the Alpha Kappa Alpha Sorority, Inc. and Portland State University's School of Social Work.

For more information, contact Melanie Maurice at 503- 412-8967 or email zetasigmaomega@gmail.com.