



Joyce Washington Classic 2015



*In memory of Joyce Washington and Charles Washington for their tireless work in the Portland Community.*

*Come join us on May 16, 2015*

at

**SEI, 3920 N. Kerby, Portland, OR 97217**

*Featuring many top athletic talents from Portland high schools, in match-up basketball games girls.*

*Excellent ad rates are available for our ad sponsors.*

*Ad deadline is May 5th, 2015.*

Contact us TODAY for the best ad rates and placement.



**Joyce Washington Classic**

*For more info:*

Mark Washington -- email: [markw@portlandobserver.com](mailto:markw@portlandobserver.com) or Phone: (503) 288-9443

Talunaka Washington -- email: [talunaka@yahoo.com](mailto:talunaka@yahoo.com)

**SPONSORS:**



PHOTO BY OLIVIA OLIVIA/THE PORTLAND OBSERVER

Margaret Zebroski, a certified physician's assistant (left) and Sarah Lopez, a clinic associate, are happy to bring free nights to their ZoomCare Healthcare on Demand clinic in the Mississippi neighborhood.

## Keeping Healthy

### Free service hours come to neighborhood clinic

BY OLIVIA OLIVIA  
THE PORTLAND OBSERVER

A neighborhood health clinic has started offering free service hours once a month to reach people without access to healthcare.

ZoomCare Healthcare on Demand is a Portland-based

chain of same-day clinics that was established in 2006 with offices throughout Oregon and Washington.

Trying to give back to the communities where it started, the clinic at 3872 N. Mississippi Ave. now offers free health care one night each month.

"Many people unfortunately have limited to no access to healthcare in their own neighborhoods," said Dr. David Sanders, ZoomCare co-founder. "We plan to mobilize our resources, partner with other non-profit organi-

zations, and involve ZoomCare customers to keep our neighborhoods healthy."

The Mississippi location offers illness care, injury care, and primary care, all of which is free of cost the second Wednesday of every month.

"I love working here," said associate Sarah Lopez. "We see so many different kinds of patients and we want them to feel like we are part of this neighborhood too."

The next free health care night will be held on Wednesday, May 13 from 6 to 9 p.m. For more information, visit [zoomcare.com](http://zoomcare.com).

## Activist Named Emerging Leader

The Oregon Public Health Institute has honored Portland civil rights activist LaKeesha Dumas as an emerging leader and named her to the group's board overseeing community health projects.

In case you don't remember, Dumas and her wife, O'Nesha Cochran-Dumas, were the first black lesbian couple married in Oregon last May and have been active in the Portland LGBT activist community, including as members of the Portland Black PFLAG chapter.

"My commitment is to the health and wellness of my community in all aspects," she said.

Dumas has worked as an advocate for reducing disparities in her community and brings her experience from working as a member of the board of the Oregon Community Healthy Worker Association. She also sat as chair of the Traditional Health Worker Commission



LaKeesha Dumas (center) receives an emerging leader award from Brian Johnson and Alissa Leavitt of the Oregon Public Health Association.

and led several other community advisory councils.

In 2014, the Oregon Public Health Institute nominated her for

the Oregon Public Health Association Emerging Leader Award. The institute is an independent non-profit organization.