

HEALTH

New Transit Service for Patients

Appointments taken for Ride-to-Care

Getting to a doctor's appointment just a whole lot easier for thousands of Oregonians.

A new transportation service for Oregon Health Plan patients is making it easier for people to attend doctor and therapy appointments.

Ride-to-Care will provide free rides for those without other transportation options to appointments covered by the health plan's benefits in Clackamas, Multnomah and Washington counties.

The service is also available

for members of Tri-County Coordinated Care organizations, Family Care Inc. and Health Share of Oregon, who fit the criteria for approval.

Trips can be scheduled by phone or online, including up to three months in advance, by calling Ride-to-Care at 503-416-3955 or go on-line at ridetocare.com.

A new service offers patients enrolled in the Oregon Health Plan transportation to doctor and therapy appointments.



A member of the Navy gets a flu vaccine. This year is predicted to be one of the worst flu seasons on record.

Flu Season May Become Worst Ever Not too late to get a flu vaccine

The flu season of winter could be the worst on record. A Gallup research group that focuses on flu and cold cases every year, indicates that the number of Americans who reported having the flu in December was four percent of the population, higher

than all other December numbers since Gallup began tracking the flu in 2008.

The all-time high of 5.7 percent of people with the flu at this time of the year was in January

continued ▼ on page 22

“Everything that is done in the world is done by hope.”
— Martin Luther King, Jr.

Believing that life works when you get the support you need, LifeWorks NW helps clients break down barriers and build hope for the future.



www.lifeworksnw.org

Seven locations in Multnomah County

To Place Your Classified Advertisement

Phone: 503-288-0033

Fax: 503-288-0015

e-mail: classifieds@portlandobserver.com