

# FOOD

## Spicy Pretzels

*Pretzels with a bite! This snack is shaken, not baked. Lemon pepper is the secret ingredient, and gives the spice marinade mixture a wonderful zest.*

**Ingredients:**

- 1 teaspoon ground cayenne pepper
- 1 teaspoon lemon pepper
- 1 1/2 teaspoons garlic salt
- 1 (1 ounce) package dry Ranch-style dressing mix
- 3/4 cup vegetable oil
- 1 1/2 (15 ounce) packages mini pretzels

**Directions:**

1. In a small bowl, mix together cayenne pepper, lemon pepper, garlic salt, ranch-style dressing mix and vegetable oil.
2. Place pretzels in a large, sealable plastic bag. Pour in mixture from bowl. Shake well. Allow pretzels to marinate in the mixture approximately 2 hours before serving. Shake occasionally to maintain coating.



## Toasted Party Mix

*A version of the tasty cereal snack mix that can often be bought in stores. It's great for a snack or a party. Makes 30 servings.*

**Ingredients:**

- 1 cup margarine
- 2 teaspoons seasoning salt
- 2 teaspoons Worcestershire sauce
- 2 teaspoons celery salt
- 2 teaspoons garlic salt
- 2 teaspoons onion powder
- 1 box whole grain cereal (Life Cereal or similar)
- 1 box multi-grain cereal (as per Multi-Grain Cheerios, I used a generic brand)
- 1 box cheese crackers (Cheeze-It or a similar generic brand)
- 2 cups toasted oat cereal
- 2 cups mini pretzels or mini pretzel sticks
- 2 cups mixed nuts

**Directions:**

1. Preheat oven to 275 degrees F (135 degrees C).
2. In a large bowl mix together cereals, pretzels and nuts.
3. Melt margarine in microwave in a glass cup for 90 seconds. Mix in seasoning salt, Worcestershire sauce, celery salt, garlic salt and onion powder.
4. Drizzle the butter mixture over the bowl of snack ingredients and stir thoroughly to coat well.
5. Ladle mixture into cookie trays and bake trays uncovered in preheated oven for 25 minutes. Empty trays and refill with remaining un-baked mixture until all of it is cooked.
6. If stored for later, you can use the cereal boxes or put in plastic storage containers in your cupboard.

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