

HEALTH & SUSTAINABILITY



The non-profit Community Energy Project is offering Do-It-Yourself weatherization workshops for energy saving tasks such as blowing insulation into attic.

Prepare for Winter Now

Energy Project offers how-to insulate workshops

If you found yourself sweating in your house all summer and dreading the high energy bills that come with keeping your place warm in the winter, you may be interested in the Community Energy Project's Do-It-Yourself Insulation workshops.

Home energy upgrades can be expensive, and confusing if you don't know a lot about the way energy is used in the home. The non-profit group's free

workshops take participants through the process of weatherizing a home's attic step-by-step, including how to conduct your own energy audit, safety, air sealing, ventilation, blown-in insulation, and financial incentives.

Not only is weatherizing your attic a great DIY project, but it is the best place to begin weatherizing your home and has excellent incentives to make the project more affordable. An "attic" in this sense refers to the flat, unused space between the roof and ceiling. The owner of Balanced Energy Solutions has volunteered his time and shared his expertise to help Energy Project staff create a workshop with cutting-edge best practices and

practical methods based on experience.

This kind of weatherization will pay itself off quickly with lowered energy bills and a warmer home, and doing it yourself can help you save money.

The Community Energy Project, thanks to financial support from Energy Trust of Oregon, is holding three to four workshop pilots from October to December of this year. The first workshop will be Saturday, Oct. 18 from 10 a.m. to 1 p.m. at the energy project's office at 422 N.E. Alberta St. For more information, additional workshop times, and to register, visit communityenergyproject.org

The Portland City Auditor's Independent Police Review

(IPR) is responsible for the civilian oversight of the Portland Police Bureau (Police Bureau). The Citizen Review Committee (CRC) is an advisory body to IPR and the Police Bureau.



CRC holds appeal hearings of police misconduct investigations; listens to community concerns; periodically serves on the Police Review Board, an advisory body to the Chief of Police that makes recommendations as to findings and discipline of sworn police members; reviews Police Bureau policies; and advises IPR on complaint handling processes.

CRC members are appointed by Portland City Council to serve three-year terms.

Candidates must be Portland, Oregon, residents or business owners, and be impartial and objective in regards to law enforcement.

Applications are available at www.portlandoregon.gov/auditor/ipr or the IPR office: City Hall, 1221 SW 4th Avenue, Room 140, Portland, OR 97204. Return applications by 5:00 pm, Thursday, October 30, 2014, via fax 503-823-4571, e-mail crc@portlandoregon.gov, mail, or hand-delivery to IPR.

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