

# In Loving Memory

## Margaret Juanita (Payne) Isaacs

Margaret Juanita (Payne) Isaacs, 83, peacefully passed away on July 23, 2014 in Portland. She was born Oct. 12, 1930 in Malakoff, Texas to Martha and Isaac Payne III.

After arriving with her family in the late 40s, she graduated from Roosevelt High School and attended St. Vincent School of Nursing/University of Portland. She was an Eastern Star and Past Grand Worthy Matron and Secretary of Prince Hall Grand Chapter and its Jurisdiction.

Margaret Juanita, or "Nita" as some called her was hired as one of the first of four African American nurses on the medical floor at Emanuel Hospital. She also worked for the Visiting Nurses Association, Freightliner, Terwilliger Plaza and in later years, as a senior companion.

She belonged to many philanthropic and civic organizations including holding a Lifetime membership in the NAACP, membership with the Urban League of Portland, Model Cities, National Council of Negro Women, Church Women United and many more.

She is survived by her daughter Julianne Johnson Weiss and son-in-law Karl Weiss; a brother, Isaac S. Payne IV; two grandchildren, Andrea and Paul Tillman; and two nieces, Kimberly Carter and NoraLyn Clemmons. She was preceded in death by her husband Major Robert S. Isaacs and a daughter, Benita L. Payne.

Mother Isaacs' passion for life and zeal for God will be sorely missed by those who knew and loved her.

A memorial service will be held Monday, Aug. 11 at 11 a.m. at Vancouver Avenue First Baptist Church, 3138 N. Vancouver Ave.,



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## Marion Deloris Johnson

Marion Deloris Johnson of Vancouver passed away on July 26, 2014 in Portland. She was born Oct. 10, 1934.

A viewing will be held on Thursday, Aug. 7, from 4 p.m. to 9 p.m. at Caldwell's Funeral Home, 20N.E. 14th Ave. The funeral service will be held at Bethel AME Church, 5828 N.E. Eighth Ave. on Friday, Aug. 8 at 11 a.m.; and she will be laid to rest at Willamette National Cemetery.

For more information, visit [caldwellsfuneralhome.com](http://caldwellsfuneralhome.com).

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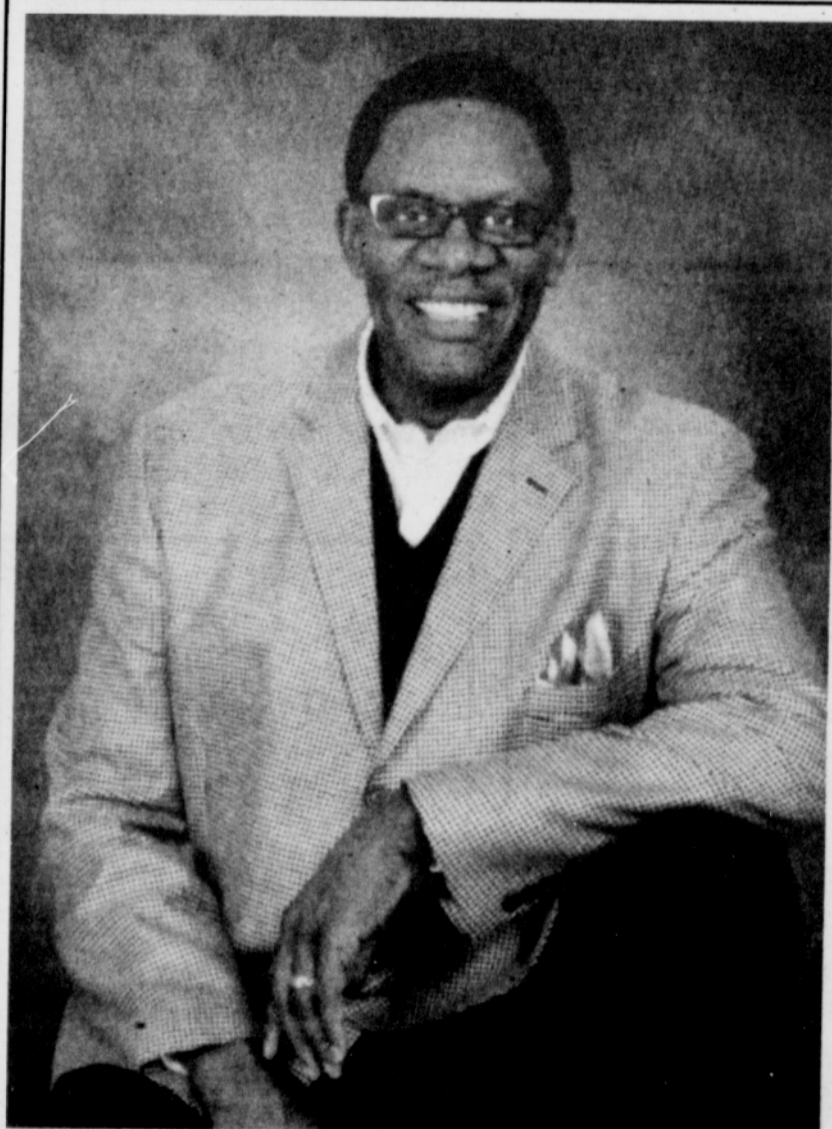
# Right Kind of Reverence

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film makes you feel it.

*Darleen Ortega is a judge on the Oregon Court of Appeals and the first woman of color to serve in that capacity. Her movie review column "Opinionated Judge" appears regularly in The Portland Observer. You can find her movie blog at [opinionatedjudge.blogspot.com](http://opinionatedjudge.blogspot.com).*

circumstances, and taught him to listen to the drumbeat that he could hear, undistracted by attachment to anyone else's idea of how music should sound or how things should go. His was the wisdom, and the genius, of the disenfranchised. This



Dr. Billy R. Flowers

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## Part 9. Low Back Surgery:

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**Q: Should I try chiropractic for my low back pain or have surgery and get it "fixed right?"**

**A:** We hear this question quite often and considering many physicians' pro-surgery preoccupation, it's no wonder people ask such questions. That is, until they examine the facts. The truth is that in about 90% of low back pain, the problem is mechanical. Chiropractic has had and continues to have the best technique for treating spinal mechanical problems through gentle, exact adjustment with highly skilled hands. And Chiroprac-

tic requires no drugs, surgery, recuperation or expensive hospital bills. With Chiropractic, the only side effects are the disappearance of symptoms and the recurrence of vitality.

**Q: Which technique has better results for low back problems, Chiropractic or surgery?**

**A:** According to a recent issue of Computer Medicine, low back surgery is one of the least effective procedures. In fact, 75 to 99% are un-

successful. Before you make any decision, heed the advice of the "father" of low back surgery: "exhaust all methods of conservative care before considering surgery to the lumbar (low back) spine." To find out how Chiropractic can help you avoid back surgery, or for answers to any questions you might have about your health, please call us at the phone number displayed below.

## Flowers' Chiropractic Office

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