## Saving Lives

continued from page 3

tients get a second chance. One patient recently needed a colonoscopy for rectal bleeding. He had trouble getting to his appointment and the specialist said he wouldn't reschedule.

Butcher and Dr. Ginsberg went to bat for the patient, got him rescheduled and made sure he kept his appointment. When colon cancer was found, they made sure he had what he needed to get through his treatment. The patient likes to say that North by Northeast saved his life.

Even the Portland Observer family has found help at the health center. After publisher Charles Washington died of a heart attack in 2012, Dr. Ginsberg talked with patient Mark Washington, Charles's brother, about his family history and risk of heart disease and arranged a visit to a heart specialist.

"It's a blessing that this clinic is here. They have saved a lot of lives, including my own," Mark Washington said.

The health center's staff and volunteers provide primary care services



PHOTO BY MARK WASHINGTON/THE PORTLAND OBSERVER

Dr. Jill Ginsberg, North by Northeast Community Health Center co-founder and medical director, and Sharetta Butcher, community health worker, welcome patients to their free and expanded services clinic at 3030 N.E. Martin Luther King Jr. Blvd.

three days and one evening a week to adults, ages 19-64, including care for high blood pressure, diabetes and asthma; women's health care; refer-

rals to specialists as medically needed (cardiology, liver, etc.); and X-rays and laboratory testing (off-site).

North by Northeast also provides

free blood pressure checks for community members during business hours and has helped over 500 people enroll in health insurance.

If you need health insurance or are looking for a place to call your "medical home," call North by Northeast at 503-287-4932.

## Terror at Reynolds

continued from front

words shortly after news of the shooting got out, "There are no words to fully express our sorrow over the shooting at Reynolds High School. We want the students, the parents and the educators - in fact, the whole community - to know that they are in our hearts and our prayers today," he said.

Reynolds School District Superintendent Linda Florence called the day "tragic" at a press conference. "This is a very tragic day,

one that I hoped would never ever be part of my experience,".

The name of the shooter and victim have still yet to be released by authorities.

This is the 74th documented shooting at an American school since the Sandy Hook massacre in Newtown, Conn. in 2012. Troutdale has a population of about 16,400 people.

"My thoughts heart is heavy..." said Gov. John Kitzhaber, "Please keep students, staff, the Reynolds community and first responders in your thoughts and prayers."

**AUTO** 

**HOME** 

**BUSINESS** 

HEALTH

LIFE



A still image from a video by KGW Channel 8 shows police checking students and faculty members after a shooting incident at Reynolds High School.

## "Your Budget is our mission" BUDGET INSURANCE ENTERPRISES.LLC



DANNY CHAN

**DURAN BEASLEY** 

At Budget we work with many insurance companies to find the best fit for your needs and to fit your Budget.

Call today for a free quote!

503 515 4377

Fax 503 610 7011 Office 503 254 7188 1710 NE 82nd Ave Portland, OR 97220 Independent agents serving Oregon & Washington



**Complete House** 1000sq feet with coupon.



**Licensed** • Bonded • Insured Carpet Cleaning

Spot/Stain Removal • 24 Hour Flood Service Upholstery Cleaning • Area Rug Cleaning • Dry Time 2-4 Hours Free Estimates • Available Weekends