

Showdogs is a full service salon. We do baths, all over hair cuts, tooth brushing, nail trims, soft claws, flea treatments, mud baths, and ear cleaning. We also have health care and grooming products to keep your pet clean in between visits.

Show Dogs Grooming Salon & Boutique 926 N. Lombard Portland, OR 97217

503-283-1177

Tuesday-Saturday 9am-7pm Monday 10am-4pm

Yo dawg is gonna look like a show dawg and your kitty will be pretty.

## FOOD

### Sensational Summer Salad

Makes 6 servings

#### Ingredients:

- 3 (6 ounce) skinless, boneless chicken breast halves
- · 1 cup Italian-style salad dressing
- 1 Granny Smith apple, cored and diced
- · 2 tablespoons lemon juice
- 1 head romaine lettuce, chopped
- · 1 avocado, diced
- · 4 ounces feta cheese, crumbled
- 1 1/2 cups diced fresh strawberries
- 1 cup dried cranberries
- 3/4 cup balsamic vinaigrette, or to taste



#### **Directions:**

- 1. Place the chicken breasts and Italian dressing into a resealable plastic bag. Mix together to coat the chicken with the dressing, squeeze out excess air, and seal the bag. Marinate in the refrigerator for 1 hour.
- 2. Preheat an outdoor grill for medium-high heat, and lightly oil grate.
- 3. Remove the chicken from the marinade, and shake off excess. Discard the remaining marinade. Grill the chicken breasts until no longer pink in the center, or to an internal temperature of 165 degrees F (74 degrees C), about 3 minutes per side. Set aside to cool while preparing the ingredients for salad, then dice.
- 4. Toss the diced apple with the lemon juice in a large mixing bowl until well coated; drain and discard any excess lemon juice. Place the lettuce into the mixing bowl, then sprinkle with the diced chicken, avocado, feta cheese, strawberries, and cranberries. Gently toss the salad with the balsamic vinaigrette, and serve immediately.

# Joyce Washington Classic





Come join us! May 31, 2014

at SEI, 3920 N. Kerby, Portland, OR 97217

In memory of Joyce and Charles Washington for their hard work in the Portland Community.

Featuring many top-athletic talents from Portland High Schools, in match up basketball games for both boys and girls.

Doors Open 1 p.m.
Boys Game 2 p.m.
1st Girls Game 3 p.m.

1st Girls Game 3 p.m. 2nd Girls Game 4 p.m.

Girls Championship 5 p.m.

Contact us Today for the best ad rates and placement

Joyce Washington Classic

markw@portlandobserver.com

Phone (503) 288-9443

SPONSORS:





