trip from Washington for the cer-

emony were first lady Michelle

Obama, former President George W.

Secretary of State Hillary Rodham

Clinton. Former Presidents Bill

Clinton and Jimmy Carter also at-

world's most beloved statesmen and

a colossus of the 20th century when

he emerged from 27 years in prison

to negotiate an end to white minor-

ity rule in South Africa, died Thurs-

in South Africa's struggle to cast off

apartheid, leaving the world with

indelible memories of a man of as-

tonishing grace and good humor.

Rock concerts celebrated his birth-

day. Hollywood stars glorified him

on screen. And his regal bearing,

graying hair and raspy voice made

him instantly recognizable across

dent, the ex-boxer, lawyer and pris-

oner No. 46664 paved the way to

racial reconciliation with well-cho-

sen gestures of forgiveness. He

lunched with the prosecutor who

sent him to jail, sang the apartheid-

era Afrikaans anthem at his inaugu-

ration, and traveled hundreds of

miles to have tea with the widow of

Hendrik Verwoerd, the prime minis-

ter at the time he was imprisoned.

when he strode onto the field before

the 1995 Rugby World Cup final in

Johannesburg. When he came on

the field in South African colors to

congratulate the victorious South

His most memorable gesture came

As South Africa's first black presi-

day. He was 95.

the globe.

Mandela, who became one of the

tended the memorial service.

# Great Liberator

continued from front

on behalf of peace. There are too many of us who happily embrace Madiba's legacy of racial reconciliation, but passionately resist even modest reforms that would challenge chronic poverty and growing inequality," Obama said, referring to Mandela by his traditional clan

Extolling Mandela as practical but unyielding on his core principles, Obama said it was because Mandela could admit to being imperfect that the world loved him and continues to learn so much from his example. "He was not a bust made of

marble. He was a man of flesh and blood," Obama said.

He said Mandela had changed both laws and hearts, inspiring those around him by reconciling with the jailers who kept him prisoner for 27 years. In trusting others despite the injustices he suffered, Mandela showed that the cruelty of the past must be confronted with truth, generosity and inclusion, Obama said.

"We will never see the likes of Nelson Mandela again," Obama said. "But let me say to the people of Africa, and young people around the world: You can make his life's work your own."

Joining Obama on the 16-hour



Nelson Mandela became the central force in the struggle to cast off apartheid, leaving the world with indelible memories of a man of astonishing grace and good humor.

## Avalon Flowers

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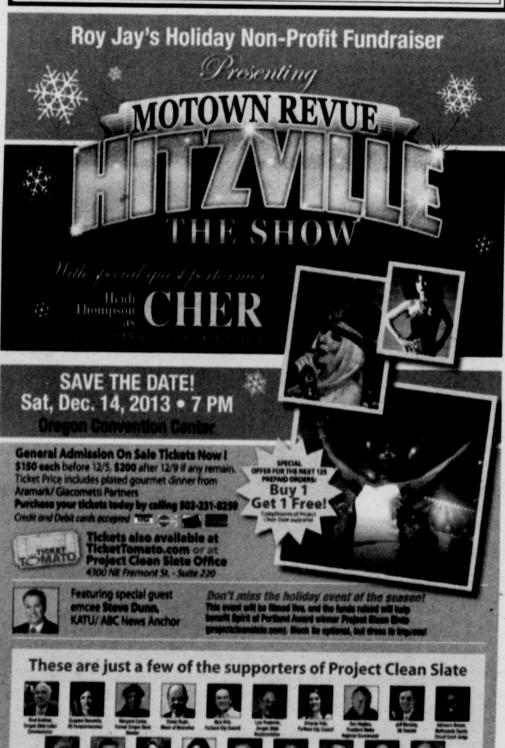
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Preheat oven to 475 degrees F (245 degrees C).

African team, he brought the overwhelmingly white crowd of 63,000 to its feet, chanting "Nelson! Nelson! Bush and his wife, Laura, and former Nelson!"

> into a bastion of white Afrikanerdom —the temple of South African rugby — and made its followers feel they belonged in the new South Africa.

At the same time, Mandela was himself uneasy with the idea of being an icon and he did not escape criticism as an individual and a politician, though much of it was muted into yourself." by his status as an unassailable symbol of decency and principle.

His death closed the final chapter lasting formula for overcoming South Africa's biggest post-apartheid problems, including one of the world's widest gaps between rich and poor. In his writings, he pondered the heavy cost to his family of his decision to devote himself to the struggle against apartheid.

> He had been convicted of treason and sentenced to life imprisonment in 1964 for leading a campaign of sabosent to the notorious Robben Island colonial rule. prison. It was forbidden to quote him or publish his photo, yet he and other jailed members of his banned African National Congress were able to smuggle out messages of guidance to the anti-apartheid crusade.

As time passed — the "long, lonely, wasted years," as he termed them — international awareness of apartheid grew more acute. By the time Mandela turned 70 he was the world's most famous political prisoner. Such were his mental reserves, though, that he turned down conditional offers of freedom from his apartheid jailers and even found a way to benefit from confinement.

"People tend to measure them-For he had marched headlong selves by external accomplishments, but jail allows a person to focus on internal ones; such as honesty, sincerity, simplicity, humility, generosity and an absence of variety," Mandela says in one of the many quotations displayed at the Apartheid Museum Johannesburg. "You learn to look

Thousands died, were tortured and were imprisoned in the decades-As president, he failed to craft a long struggle against apartheid, so that when Mandela emerged from prison in 1990, smiling and waving to the crowds, the image became an international icon of freedom to rival the fall of the Berlin Wall.

South Africa's white rulers had portrayed Mandela as the spearhead of a communist revolution and insisted that black majority rule would usher in the chaos and bloodshed that had beset many other tage against the government, and African countries as they shook off

> Yet since apartheid ended, South Africa has held four parliamentary elections and elected three presidents, always peacefully, setting an example on a continent where democracy is still new and fragile. Its democracy has flaws, and the African National Congress has struggled to deliver on promises. It is a front runner ahead of 2014 elections, but corruption scandals and other missteps have undercut some of the promise of earlier years.

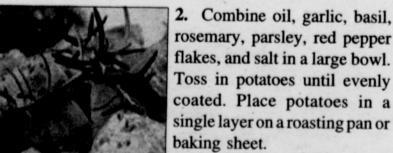
-- The Associated Press

### Healthier Oven Roasted Potatoes

This roasted potato side dish, is a healthy hit with everyone. Makes 4 servings.

### Ingredients:

- · 1 tablespoon olive oil
- 1 tablespoon minced garlic
- 1 tablespoon chopped fresh basil
- · 1 tablespoon chopped fresh rosemary
- 1 tablespoon chopped fresh parsley
- · 1/2 teaspoon red pepper flakes
- 1/2 teaspoon salt



3. Roast in preheated oven, turning occasionally, until potatoes are brown on all sides, 20 to 30 minutes.

