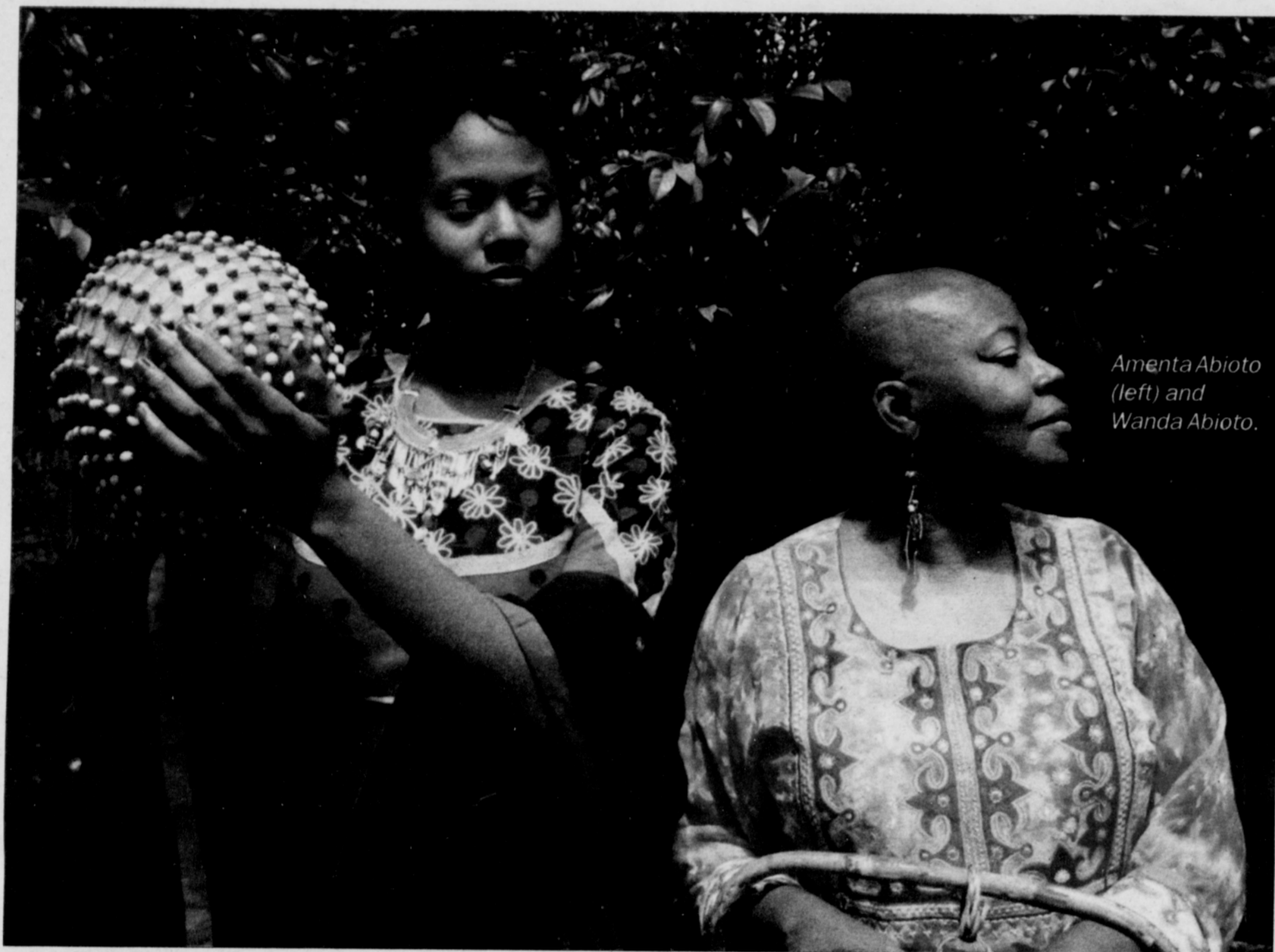


Arts & ENTERTAINMENT



Amenta Abioto (left) and Wanda Abioto.

Meditative Journey in Music, Words

Enjoy a meditative journey of music, dance, theatre, literature, spoken word, and handcrafted teas in the second installment of "The Holy Mojo" on Saturday, Nov. 9 at 7 p.m. at the Shakti House, 1401 S.E. Morrison St.

Multi-instrumentalist and arts educator Epke Abioto will provide his 30 years of experience with interactive African Diasporic music. There will be wordscapes by spiritual storyteller Wanda Abioto, and vocals and instrumentation by songstress-musician Amenta Abioto.

Tickets on sale at theholymojo.com



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Henry Kaiser's Vancouver History

On Thursday, Nov. 7, the Clark County First Thursday Museum after Hours program brings Dr. Ian C. MacMillan to speak about the creation of the Kaiser Permanente health system in Henry Kaiser and the expansion of Vancouver.

MacMillan, author and retired internist, who served 14 years as chief of medicine at Kaiser Permanente Sunnyside Medical Center, is the author of *Permanente in the Northwest*, a book published in 2010 to fill a gap in the history of the Kaiser Permanente health system – the unique

contribution made by the Northwest region in the early years.

Before there was a Kaiser Permanente, there was Permanente Metals, the division of Henry J. Kaiser's construction consortium that built ships during World War II. The medical services offered to those civilian workers was the kernel of what would eventually grow to become one of the nation's largest not-for-profit health plans, and with two shipyards, in Portland and Vancouver, the Northwest was a key participant.

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