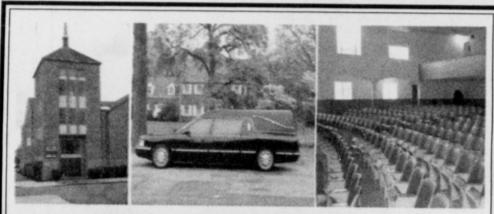
## In Loving Memory

Royal Jones Jr.

Royal Jones Jr. was born Dec. 21, 1955 and died Oct. 7, 2013. A memorial service will be held Saturday, Oct. 19 at noon, at Omega Funeral Home, 223 S.E. 122nd Ave. (between Burnside and Glisan).





### Excellent Care Funeral Services

One Stop Funeral Center Now-Open... Get the best package in Portland for burial. Everything you need all in one building.

- Consultation
- Large Sanctuary and Balcony
- Cremation
- Provided Hearst
- Minister upon request
- Parking Available
- Limousine Service
- Large Kitchen

### Location: 126 NE Alberta St.

On the corner of Mallory and Alberta 2 blocks West of MLK, Jr., Blvd

Call now (503) 995-8442

www.excellentcarefuneralservices.com



PHOTO BY DONOVAN M. SMITH/THE PORTLAND OBSERVER

Artifacts at the Teaching with Purpose conference show how images of race impact culture.

# Relating to Race

continued from front

hope was for the mostly Caucasian educators, who represent over 90 percent of the state's teaching force, to learn valuable and effective techniques on teaching pupils of color that can then be brought back to their respective schools and class-

Elise Bradley and Ron Morgan, educators at Oliver P. Lent School in southeast Portland and memeracy to how hip-hop culture is often marketed now.

Morgan, a lifelong hip-hop fan and also a white male from the suburbs, says his knowledge of the rap culture brought him a sense of awareness to the overt social and financial oppression of inner-city populations. He found that the Teaching with Purpose workshops brought him even more context to the condition of African people globally.

"It's just really powerful to see bers of the institution's equity the connection of where racism kind team, were an example of the teach- of started against black people here ers who participated in the ses- on this continent or in this country sions. They attended the hip-hop and how that moved forward with artifacts workshop, for example, social rebellion, empowerment, and which tied in images of white su- activism and right into the hip-hop premacy from the days of confed- music of 2013. The presenter did a That was the most successful."

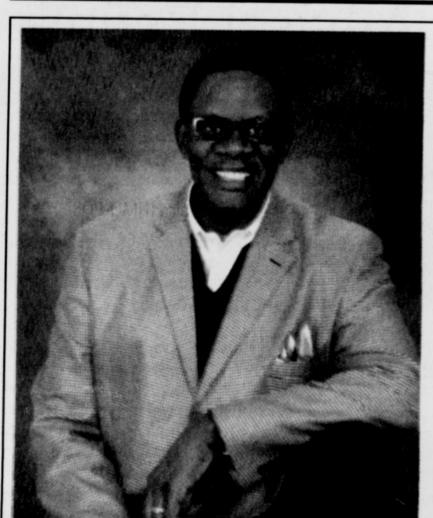
great job in a short amount of time to really make those connections," Morgan says.

A third grade teacher himself, he says white teachers in general sometimes don't see a cultural connection from the past "like 400 years ago or whatever, that could be relevant to what's going on today in the classroom."

Workshop leader Khalid El-Hakim who tours the world as an expert in culturally effective teaching methods for students of color, brought out actual chains that were used on enslaved people in America.

Bradley said she was brought to tears upon seeing the shackles.

That was insane," Bradley says. "Having a learning experience where I was totally engaged and having a strong memory of what I learned that I can take that with me.



Dr. Billy R. Flowers

# THE

An ongoing series of questions and answers about America's natural healing profession.

### Part 3. ALLERGIES: Why Chiropractic often works more effectively than drugs.

Nothing else has ever really helped my allergies. What can Chiropractic possibly do?

: First, take a look at the word litself. "Allergy" is a shortened form of "altered energy." Way back when patients first complained of allergic symptoms, it was obvious to the physician who coined the term that somehow, the body's energy configuration had shifted and caused the problem. Chiropractors now know that the

body's flow of energy. We also know that when the spinal column is out of alignment, it interferes with the central nervous system's flow of energy. When those nerves leading to the eyes or nose or throat are being interfered with, "altered energy" symptoms result. By correcting the source of the problem, not

central nervous system controls the just the symptoms, Chiropractic can often provide complete, lasting relief. Without drugs or drowsiness. For help with your allergy-related problems or answers to any questions you might have about your health, your will find that Chiropractic is often the answer. Call us for an appointment today.

#### Flowers' Chiropractic Office

2124NEHancock, Portland Oregon 97212 • Phone: (503) 287-5504