

Embracing Native Culture

continued ▲ from front

Pepper will be at the event in spirit if not flesh. There will be a reunion performance of his band, the Free Spirits, with guitarists Larry Coryell and Columbus Chip Baker, bassist Chris Hills and Moses. There will also be a rare audio tape of Pepper, and a showing of the documentary Pepper's Powwow by Sandra Sunrising Osawa. And there will be other performers.

The festival is about much more than Pepper, from noon to 6 p.m. each day there will be free music performances featuring local, regional and student musicians. Among those scheduled to play are Joy Harjo and the Arrow Dynamics Band, the Pura Fe Quartet, the Keim Secole Band, John Trudell and Bad Dog, the Gabriel Ayala Trio, and Jan Michael Looking Wolf, all of Native-American background. Also part of the entertainment will be



Jim Pepper

Peruvian dancer Luciana Proano and Native-American story tellers.

Another feature will be the free exhibit "IndiVisible: African-Native American Lives in the Americas," a traveling show courtesy of the Smithsonian's National Museum of the American Indian and the Na-

tional Museum of African-American History.

The Parkrose setting is not an accident; the community provided the Pepper family home for more than 50 years. Born in Salem, the family moved to Vanport, the former Portland area city that once housed World War II shipbuilding workers, and, like many other families, found itself homeless following the Columbia River flood of 1948. The family then moved to Parkrose, and Jim Pepper lived there until his death in 1992.

Chief event organizer Sean Cruz, who once served as an aide to former State Sen. Avel Gordly, first heard Pepper at a Bay Area jazz festival in the 1970s, and became a hard-core fan at a Pepper Powwow music festival at Portland State University in 2005. There he learned that the house he bought in Parkrose in 2002 had been the Pepper family home.

"His mom came by and gave me

25 of his cd's which very few people have heard because they're out of print. I promised her I'd get him the recognition he deserved," Cruz said.

Among the many recruits to the Native Arts Festival cause was Dr. Karen Fischer-Gray, superintendent of the Parkrose School District, who offered her facilities free of charge.

Parkrose High School it is a fitting place to celebrate multi-

culturalism; students come from homes where 50 different languages are spoken.

"None of those languages are indigenous to the North American continent," Cruz says. "That's a cultural tradition we want to revive and celebrate, and this is a start."

Evening concerts during the festival run \$25. To buy tickets and for a complete concert schedule, visit jimpepperfest.net.

More than a Paycheck

continued ▲ from page 3

Bank of America's charitable foundation.

Despite gains in the overall job market, teenagers still have the highest unemployment rate: one out of every seven young people is not in school or working. Teens who are gainfully employed have lower drop-out rates, are more likely to continue their education to pursue long-term career goals and ultimately show an increase in lifetime earning potential.

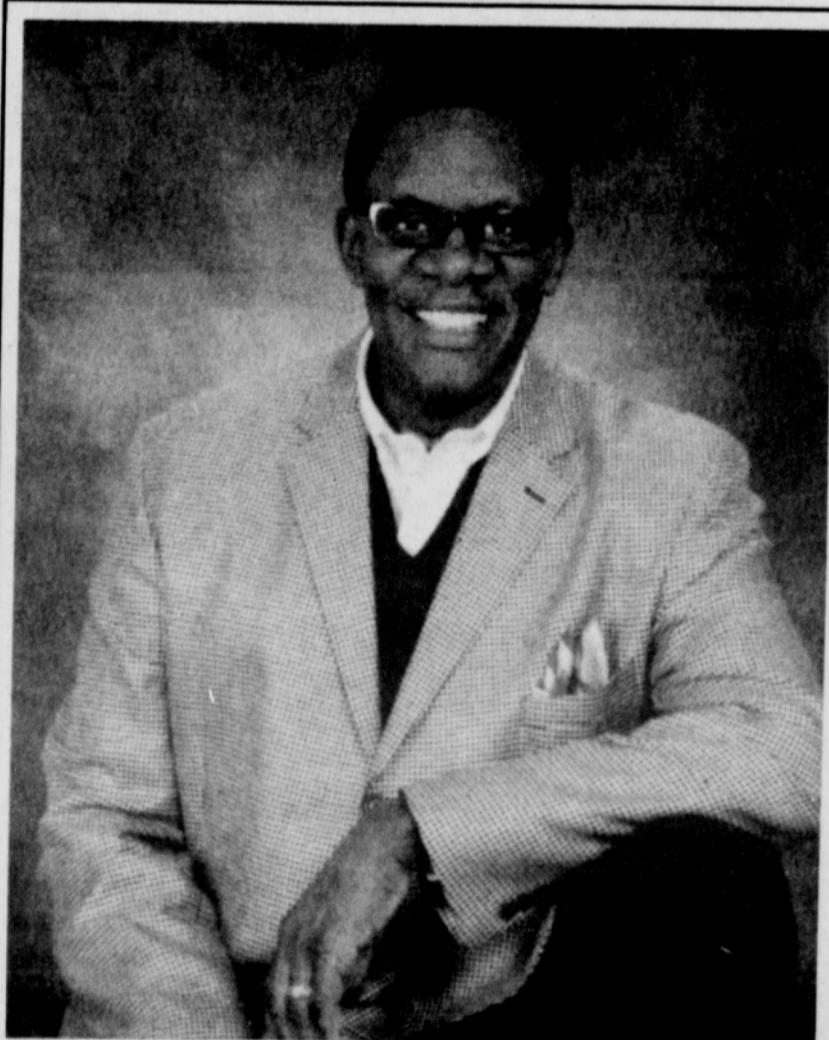
Bank of America started the Student Leaders program as the

company's ongoing commitment to provide individuals with access and exposure to critical resources that will bolster their work and life skills while also benefiting the community, officials said.

"Our Student Leaders program provides teens the opportunity to earn and learn, while increasing the capacity of nonprofits to serve critical community needs," said Nicole Frisch, assistant vice president of corporate social responsibility for Bank of America in Oregon and southwest Washington. "I've managed the Student Leader program in Portland for the last

four years, and I am always incredibly impressed with the passionate, hardworking and intelligent students in our community."

The other local students chosen to be this year's Student Leaders were Mary Ruiz, a Tualatin resident and recent graduate of Tualatin High School; Warren Vang, a Portland resident and recent graduate of Roosevelt High School; Jade McKanna, a Portland resident and rising senior at Lincoln High School; and Samuel Hartley, a Portland resident and rising senior at Metropolitan Learning Center.



Dr. Billy R. Flowers

THE SPINA COLUMN™

An ongoing series of questions and answers about America's natural healing profession.

Part 27. Chiropractic VS Migraines:

Saying goodbye to the most menacing of headaches

Q: Can anything be done for migraines? I've had them for the last 20 years and I sincerely can't take it much longer.

A: I had a patient once ask the same question. Her concern, however, was that Chiropractic might hurt. After becoming a patient, she began to make progress. Slowly but surely the nauseating effects of the migraine were leaving her. One day, relaxed and without pain, she said to me "I can't believe that I waited 20

years for this!" That's one comment I'll never forget! The story had a happy, but isn't it sad that it had such an unfortunate beginning. So many suffer for so long with their pain. They literally waste years of their lives, waiting, thinking that it is just a temporary condition. Life itself is a temporary condition. We are all here for

only a while. Why waste one precious moment, let alone years suffering needlessly? Find your freedom through good health NOW... naturally. Find your freedom through Chiropractic...and make each day count. Isn't it time you stepped up to safe, effective Chiropractic?

Flowers' Chiropractic Office

2124 NE Hancock, Portland Oregon 97212

Phone: (503) 287-5504

SUNDAY AUG 4th MLK DREAM RUN '13

5K Run / Walk, 10K & 15K Geoff Hollister Tribute Race

presented by:

NikeFactoryStore

ROCK • the • DREAM

Registration Website: www.MLKDreamRun.org
 Contact: 503-546-6412
 Location: In The Soul District (Inner N/NE Portland)

MAKING A GREAT PLACE TOGETHER
FORIX
travel PORTLAND
Lawyers Title
LA FITNESS

cardinal
CONCORDIA
FIT RIGHT NW
formicmedia

PLANNED PARENTHOOD
thrive
PORTLAND GUARD
Planned Parenthood
Portland Observer
PACIFIC POWER