

ALL ABOARD!

RAILROADING AND PORTLAND'S BLACK COMMUNITY

On display January 15–April 21, 2013



In this original Oregon History Museum exhibit, learn about the black community that grew up and worked around Union Station in the late 19th to mid-20th century, and the churches, newspapers, and businesses they built which forever changed the city of Portland.

OREGON BLACK PIONEERS

OREGON HISTORY MUSEUM

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Week in The Review

Woman Found on Mt. Hood



Mary Owen, a 23-year-old woman from Newberg who disappeared after going hiking alone on Mount Hood, was found alive on Sandy Glacier by a National Guard helicopter Saturday. Missing for six nights on the mountain, Owen miraculously only suffered minor injuries and frostbite.

Youth Bus Passes Saved

The city of Portland and TriMet have agreed to continue subsidizing the Youth Pass bus ticket program for high school students for the upcoming school year. The agreement announced Tuesday calls for the city, TriMet, and Portland Public Schools to evenly split the approximate \$3 million needed for the program.

Wyden Calls for Simplifying the Federal Tax Code

Sen. Ron Wyden held a news conference Monday in northeast Portland to speak on the need to simplify the federal tax code, calling it "hopelessly out of date, mind-numbingly complex, increasingly unfair and terribly inefficient."

Teen Dies in Crash

Nicholas Portis, 17, of Milwaukie, died and six other teenagers were hurt when the Toyota 4Runner they

were driving rolled over on a Forest Service road near Estacada. The teens were camping in the woods Saturday night to end their spring break. Investigators believe speed and alcohol were factors in the crash.

Dream Act Tuition Help

Oregon Gov. John Kitzhaber signed into law a bill allowing young immigrants who have graduated from Oregon high school without legal residency to pay resident tuition at the state's seven public universities. After signing the measure Tuesday, Kitzhaber declared: "My friends, the dream has become a reality."

Ambassadorship Expected

Caroline Kennedy, an early supporter of President Obama in the 2008 election, is expected to be nominated U.S. ambassador to Japan,



but the nomination is not yet finalized. The only living child of President John F. Kennedy is a lawyer and author of 10 books, including a text on the Bill of Rights.

Lawmaker Uses Ethnic Slur

Alaskan Rep. Don Young, 79, is under fire for using a derogatory term to describe the workers on his father's farm in central California, where he grew up. The Republican referred to Mexican migrant workers as "wetbacks." He later released an apology, saying he "used a term that was commonly used during my days growing up."

Open Letter to Our TriMet Passengers and Community

TriMet continues to blame its budget woes on the cost of transit workers' health care. We don't apologize that we and management agreed on decent health insurance over the years. Everyone should have the same coverage, and many in our community do. Yet, our health insurance costs more. Why? It's because we need medical treatment more often. Countless studies have found that the transit worker's job is more stressful and physically damaging than almost every other job.

Fact: Transit workers become disabled and die younger than people working in other occupations.

(Source: National Institutes of Health)

Fact: Transit workers suffer more often from serious diseases including: cancer, heart failure, urinary/gastrointestinal/kidney failure, strokes, diabetes and musculoskeletal damage.

(Source: National Institutes of Health)

Fact: Transit workers have the highest incidence of on-the-job injury, even higher than police and firemen.

(Source: U.S. Dept. of Labor)

Fact: Transit workers rank third as victims of on-the-job assaults, just behind police and corrections officers.

(Source: U.S. Dept. of Labor)

STRESS IS THE NUMBER ONE CAUSE OF MAJOR HEALTH PROBLEMS FOR TRANSIT WORKERS

and is linked directly to obesity and heart disease. The second cause is one that may surprise people—no opportunity to use the restroom. Computerized transit schedules leave operators with little or no time for breaks. How do we cope? Two ways. We "hold it" for hours, and we keep ourselves dehydrated—often drinking nothing in a 14-hour stretch. Daily "holding it" and voluntary dehydration damage our internal organs, causing catastrophic long-term effects on our health.

Being confined to the driver's seat for long hours is the third major cause of illness and injury. That immobility, as well as constant road vibration, have been linked to a wide range of chronic health conditions.

Finally, we recognize that many in our community suffer from the high cost of health care in the U.S. We understand that, given the current state of TriMet's finances, we are going to have to shoulder more of the health care burden created by our jobs. At the same time, there is a much larger issue looming over this discussion. That is the need for every American to have access to decent, affordable health care. The richest nation in the world should not rank 37th in health care. We must address this critical issue together, in our community, our state and our country.

LET YOUR VOICE COUNT!

LOOK FOR US ON FACEBOOK

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