

# CLASSIFIED/BID

# Sheriff Backs Feds on Holds

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sentatives, county commissioners and federal officials.

The sheriff said it is not up to his discretion to comply with federal immigration, or ICE, holds. "The regulation as written is mandatory, and despite disagreement from some members of the community I must follow the law and comply with immigration holds as prescribed by federal regulation."

"I was not elected to interpret the

law, I was elected to enforce the law, whether the law is popular or not, or whether I personally agree with it," said Staton in the issued statement.

He said the sheriff's office will remain in dialogue with the community and assess immigration laws in the event that federal law or regulations are changed or he is directed by the court to discontinue or suspend our current practices.

Activists say that sheriffs in Los Angeles, Berkeley, and Chicago have stopped honoring the ICE

holds in order to keep their communities safer and families together, including California's Attorney General who issued a legal memo earlier in December stating that ICE holds are not mandatory, but merely requests.

"Sheriff Staton continues to ignore the ACT Network and the community and is locking up many innocent people to fulfill the Federal government's agenda," local immigrant advocacy group VOZ stated in a recent press release.

**GOOD DAY READER**

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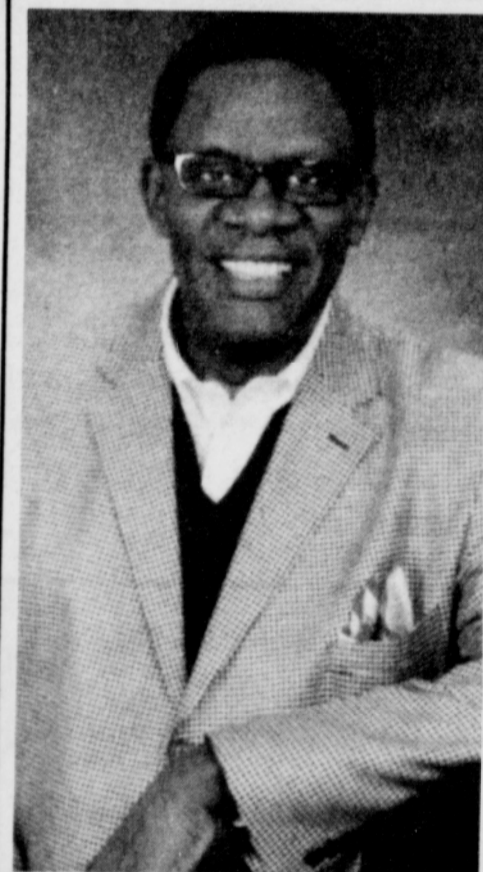
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Dr. Billy R. Flowers

**Q:** What age groups can a chiropractor help most?  
**A:** This is like asking which age groups benefit most from good health. And yet, each age group has specific problems for which your chiropractor has specific answers.

**Infant and Young Children**

Other mothers are often amazed to see a mother carrying her infant out of the adjusting room. And yet,

since the delivery process itself causes a high percentage of subluxations, infants to need chiropractic care.

Obviously, children and infants are treated differently than adults. There are new, highly sophisticated methods of adjusting children and infants to insure the best possible results with the least possible discomfort. Though young children can't tell you they're in pain, their irritability is often a sign of the need to be checked.

**Young Adults and Teenagers**

More and more young adults and teenagers are getting involved in active sports. As a result, more and more of them are getting injured, requiring prompt chiropractic care.

Obviously half of the girls in our society develop scoliosis (curva-

ture of the spine) during puberty. Left untreated, scoliosis keeps getting worse over time. However, it can almost always be corrected when chiropractic care is initiated in time.

Needless to say, every teenage girl should be checked regularly for scoliosis and all teenagers and young adults should see their chiropractor regularly to make sure their newly active sports lives aren't creating spinal problems they'll have to live with the rest of their lives.

**Adults**

The world today is experiencing a terrible level of stress. Long work weeks, seemingly impossible deadlines and economic woes create incredible pressures. In addition, most adults breathe in polluted air,

drink chemically treated water and consume an average of nine pounds of food additives and chemical preservatives in a year, putting even more stress on their bodies. One sure way to keep the stress level from causing potentially dangerous subluxations is with regular chiropractic checkups.

**Senior Citizens**

Retirement age for many people has become just plain tiresome. Aches and pins, often the result of untreated subluxations, abound. Yet it hardly seems fair that having to suffer with pain or being drugged into numbness are fair rewards for all the years of hard work.

Depending on the degree of subluxations degeneration, your chiropractor can often provide help.

For senior citizens who've been fortunate enough to suffer minimal trauma in their lives, virtually complete spinal recovery should be almost as easy as it would be for younger people.

For those who have suffered needlessly for years, your chiropractor can often slow or stop the degeneration, making life more comfortable. It is certainly worth the effort so that our senior citizens get the dignity of health care they deserve.

**Something for Everyone**

As you can see, there are practically as many reasons to have regular chiropractic checkups as there are people. Make an appointment for yourself and your loved ones soon.

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