



**New Prices
Effective
May 1, 2010**

Martin Cleaning Service

**Carpet & Upholstery
Cleaning
Residential &
Commercial Services**
Minimum Service CHG.
\$45.00

A small distance/travel charge
may be applied

CARPET CLEANING
2 Cleaning Areas or
more \$30.00 Each Area

Pre-Spray Traffic Areas
(Includes: 1 small Hallway)

1 Cleaning Area (only)
\$40.00
Includes Pre-Spray Traffic Area
(Hallway Extra)

**Stairs (12-16 stairs - With
Other Services):** \$25.00

Area/Oriental Rugs:
\$25.00 Minimum
Area/Oriental Rugs (Wool):
\$40.00 Minimum

Heavily Soiled Area:
Additional \$10.00 each area
(Requiring Extensive Pre-Spraying)

UPHOLSTERY CLEANING

Sofa: \$69.00
Loveseat: \$49.00
Sectional: \$109 - \$139
Chair or Recliner:
\$25 - \$49
Throw Pillows (With
Other Services): \$5.00

ADDITIONAL SERVICES

- Area & Oriental Rug
Cleaning
- Auto/Boat/RV Cleaning
- Deodorizing & Pet
Odor Treatment
- Spot & Stain
Removal Service
- Scotchguard Protection
- Minor Water Damage
Services

**SEE CURRENT FLYER
FOR ADDITIONAL
PRICES & SERVICES**
Call for Appointment
(503) 281-3949

Letters to the Editor

A Good Publisher

Chuck Washington's legacy as a black publisher and member of the National Newspaper Publishers Association is an important part of the city's history.

Some people think because we were in competition that we didn't get along -- but we did. We used to get together and talk about the business.

Chuck Washington was a good publisher. The Portland Observer always covered the issues at City Hall that affected us out here in northeast Portland. They covered stories that nobody else did.

Chuck's death will leave a big hole in Portland, but I know that his family and staff will carry on and keep publishing because they are professionals and



are dedicated to the community.
He will truly be missed.
**Bernie Foster, publisher of the
Skanner News.**

Pray for the Victims

In the midst of the season of hope and joy, Ecumenical Ministries of Oregon laments the tragedy of violence resulting in death, wounding and terror at Clackamas Town Center.

Ecumenical Ministries of Oregon calls upon all houses of worship to pray for the victims' families and loved ones, and for the perpetrator's family who are suffering now.

We give thanks for the police, emergency professionals, and mall staff for their courage and quick response, making clear that we will not be paralyzed by fear in the face of sudden violence. We also acknowledge the importance of pastoral care and mental health services

for all those impacted by this tragedy, and we give thanks for everyone who is part of the healing process.

Causes of these tragedies can be complex, including lack of resources to recognize and treat mental illness, easy availability of military-grade weapons, and the culture of violence permeating our society.

At this time in our society, we must be willing to tackle these hard issues together in order to foster healing and help prevent future tragedies.

Rev. Dr. LeRoy Haynes, president of the Ecumenical Ministries of Oregon board of directors.

Don't Get Angry

I am a co-worker of one of the victims of the Clackamas Town Center shooting. Although I did not know her personally, please take the following words to heart.

Through these tragedies, I plead with you, do not become angry. It is anger, hatred, and intolerance that is causing such tragedies and eroding our communities. By allowing ourselves to get angry and upset we only add to the negative energy and events already happening in our world. We cannot allow it to grow and spread. In this, we do have a choice.

Channel your emotions toward positives—toward praying or giving thoughts

for the families involved, and healing and helping others cope around you.

Almost all shootings in anger or resentment stem from hurt and pain which comes from the lack of people caring, of being considerate, and ultimately people feeling they are not loved. Psychologists often say that had someone, just one person, reached out or said a kind word to them before they came to that state, it would have kept them from going over the edge.

So in the light of these tragedies, have faith, be strong, let yourself cry, but do not lose yourself in your emotions. Like lightning in your body, bottling it up will do harm. Find a way to ground the negative

energy (whether through physical exercise, gardening, meditation, simply touching elements of the earth, our pouring yourself into community service and volunteer work) and bring yourself back to balance so it does not consume you.

While we work through our stages of emotions within ourselves, let us channel our energy into positives that are truly needed in this moment—let our smiles, kind words, prayers, caring and consideration of each other and our communities become stronger, brighter, and light the way to a more peaceful, better tomorrow.

Rev. Lisa Uzunoe, Konkko Church of Portland associate minister and mother of two boys, ages 7 and 10.

Community Champion

No one knows the day or the hour when the Son of Man cometh.

While my heart is conflicted as I share in mourning of the passing of Charles Washington, I'm also reassured of his salvation as a believer in the body of Christ to rejoice in knowing that God has called another "Champion of the Community" from labor to reward.

The Bible says in John 14:1-4, and 27, "Do not let your hearts be troubled. Trust in God; trust also in me. In my Father's house are many rooms; if it were not so, I would have told you. I am going there to prepare a place for you. And if I go and prepare a place for you, I will

come back and take you to be with me that you also may be where I am. You know the way to the place where I am going; Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid."



May God's unending love comfort the entire extended family at this time of sorrow as you rest assured that tomorrow hope still springs eternal for those who no longer we can see but will always feel in our hearts. It is well with Charles Washington's soul.

Pastor Renee Ward, Chrysalis Ministries

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