

# SAFEWAY

## REAL BIG DEALS ON SUMMER PRODUCE

Hass Avocados  
SAVE up to 11¢ ea.

**88¢** ea  
Club Price!



**2\$5** for  
Club Price!  
Fresh Express or Safeway Farms Complete Salad Kits  
6.4 to 13.8-oz. Selected varieties.  
Club Price: \$2.50 ea.

Wonderful Pistachios  
8-oz. packages.  
SAVE up to \$5.99 on 2

**BUY 1 GET 1 FREE**  
EQUAL OR LESSER VALUE  
Club Price!



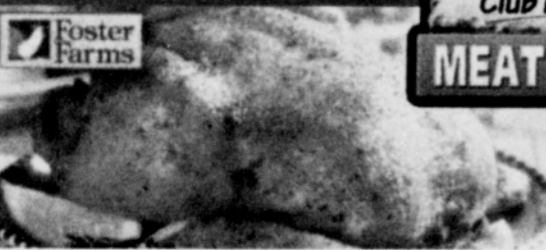
**Rancher's Reserve® Boneless Beef Top Round London Broil Steak**  
Extreme Value Pack.



**Pork Shoulder Blade Steak**  
Bone-In. Or Boneless Pork Sirloin Chops.  
Extreme Value Pack.

**BUY 1 GET 1 FREE**  
EQUAL OR LESSER VALUE  
Club Price!

**MEAT SALE!**



**Foster Farms Fresh Whole Fryer**  
Locally Grown.



**93% Lean, 7% Fat Ground Beef**  
Or 90% Lean, 10% Fat Ground Sirloin.  
Extreme Value Pack.



**BUY 1 GET 1 FREE**  
EQUAL OR LESSER VALUE  
Club Price!  
Jimmy Dean Breakfast Sausage Rolls or Fully Cooked Selections  
9.6 to 16-oz. Selected varieties.



**BUY 1 GET 1 FREE**  
EQUAL OR LESSER VALUE  
Club Price!  
Hormel Black Label Bacon or Pepperoni  
12 to 16-oz. Bacon or 5 to 7-oz. Pepperoni.  
Selected varieties.



**BUY 1 GET 1 FREE**  
EQUAL OR LESSER VALUE  
Club Price!  
Oscar Mayer Meat Franks or Budding Lunchmeat  
16-oz. Franks or 12-oz. Lunchmeat.  
Selected varieties.



**BUY 1 GET 1 FREE**  
EQUAL OR LESSER VALUE  
Club Price!  
Lloyd's Shredded Meat Tubs or Ball Park Angus Beef Franks  
15 to 16-oz. Tubs or 14 to 16-oz. Franks. Selected varieties.



**BUY 1 GET 1 FREE**  
EQUAL OR LESSER VALUE  
Club Price!  
Tyson Breaded Chicken Selections  
22 to 32-oz. Frozen.  
Selected varieties.



**3.99** ea.  
Club Price!  
Fresh Atlantic Salmon Portions  
6-oz. Or Fresh Atlantic Salmon Fillets, \$7.99 lb.  
Farm raised. Color added. SAVE up to \$1.00 ea.



**2\$4** for  
Club Price!  
Safeway Kitchens or Open Nature™ Variety Breads  
24-oz. Selected varieties. Club Price: \$2.00 ea.  
SAVE up to \$2.98 on 2

### Digital Coupons\*

just for **U**

No clipping! No hassle!

Oscar Mayer  
Basic Lunchables  
1.17 ea.  
valid 9/5 thru 9/11/12  
Club Price 1.67  
Digital Coupon -79¢  
FINAL PRICE just for U **88¢**

Hormel Natural Choice  
Lunchmeat  
1.99 ea.  
valid 9/5 thru 9/11/12  
Club Price 3.99  
Digital Coupon -1.50  
FINAL PRICE just for U **2.49**

Nabisco Oreo Cookies  
15.5 to 19.5-oz. Line 2  
valid 9/5 thru 9/11/12  
Club Price 2.99  
Digital Coupon -1.00  
FINAL PRICE just for U **1.99**

Safeway Ultra Detergent  
16-oz. 2X Liquid, 154-oz. Powder  
or 4-lit. Pail  
valid 9/5 thru 9/11/12  
Club Price 6.99  
Digital Coupon -1.00  
FINAL PRICE just for U **5.99**

Just add them to your Club Card at Safeway.com

\*Digital Coupons are not valid unless you download them to your Club Card. Digital Coupons are good for one-time use only, unless otherwise noted.

**SEPTEMBER** 5 6 7 8 9 10 11

Prices on this page are effective  
Wednesday, September 5 thru Tuesday, September 11, 2012.  
ALL LIMITS ARE PER HOUSEHOLD, PER DAY. Selection varies by store.

Prices in this ad are effective 6 AM Wednesday, September 5 thru Tuesday, September 11, 2012 in all Safeway stores in Oregon (except Milton-Freewater) and S.W. Washington stores serving Wahkiakum, Cowlitz, Clark, Skamania and Klickitat Counties. Items offered for sale are not available to other dealers or wholesalers. Sales of products containing ephedrine, pseudoephedrine or phenylpropanolamine limited by law. Quantity rights reserved. SOME ADVERTISING ITEMS MAY NOT BE AVAILABLE IN ALL STORES. Some advertised prices may be even lower in some stores. On Buy One, Get One Free ("BOGO") offers, customer must purchase the first item to receive the second item free. BOGO offers are not 1/2 price sales. If only a single item purchased, the regular price applies. Manufacturers' coupons may be used on purchased items only — not on free items. Limit one coupon per purchased item. Customer will be responsible for tax and deposits as required by law on the purchased and free items. No liquor sales in excess of 52 gallons. No liquor sales for resale. Liquor sales at licensed Safeway stores only. © 2012 Safeway Inc. Availability of items may vary by store. Online and in-store prices, discounts and offers may differ.

### YOGURT ANYTIME!

There's a yogurt for any meal or snack.

**10\$5** for  
Club Price!  
Yoplait Yogurt  
4 to 6-oz. Selected varieties.  
Club Price: 50¢ ea.

**10\$10** for  
Club Price!  
Fage or Dannon Greek Yogurt  
5.3 to 7-oz. Selected varieties.  
Club Price: \$1.00 ea.

**4.99** ea.  
Club Price!  
Dannon Activia or Danimals Yogurt  
12-pack 3.1 to 4-oz. Selected varieties.

**BUY 4 SAVE \$4**  
Must buy 4 or more with Card

**99¢**  
Club Price!  
Betty Crocker Fruit Snacks  
4.5 to 8-oz. Selected varieties.

**1.99**  
Club Price!  
General Mills Cheerios  
14-oz. Kellogg's® Honey Nut Cheerios; 13-oz. Roasted Mini Wheat; 13 to 18-oz. Corn®; Or 6.7 to 7-oz. Kellogg's® Valley Chewy Cereal Bars. Selected varieties.

**2.49**  
Club Price!  
Post Honey Bunches of Oats  
18-oz. Chewable Life; 18-oz. or Kash! Go Lean; 13.1 to 14-oz. Cereal.

**2\$5** for  
Club Price!  
Fritos or Cheetos  
9 to 10.5-oz. Selected varieties.  
Club Price: \$2.50 ea. SAVE up to \$1.00 on 2

**3\$10** for  
Club Price!  
Dreyer's Ice Cream  
1.5-oz. Selected varieties.  
Club Price: \$3.34 ea.

**2\$10** for  
Club Price!  
DiGiorno Original Pizza  
28.2 to 34.2-oz. Selected varieties.  
Club Price: \$5.00 ea.

**2.69**  
Club Price!  
Pantry Essentials™ Milk  
16.9-oz. 1% Creamy Half Fat or Full Fat

**9.99**  
Club Price!  
Arm & Hammer Detergent  
125 to 150-oz. Liquid or 50-oz. Pail.  
Selected varieties. SAVE up to \$2.00

**7.20** for  
Club Price!  
Columbia Crest Estate or Cupcake  
750-ml. Selected varieties.  
Single Bottle Price: \$7.99 ea.

# FOOD



## Alder Plank Smoked Salmon

### Ingredients

- brine (see below)
- 1 (3 pound) salmon fillet
- freshly ground black pepper to taste
- 1/8 cup packed brown sugar
- 1/2 teaspoon salt
- 1 tablespoon water

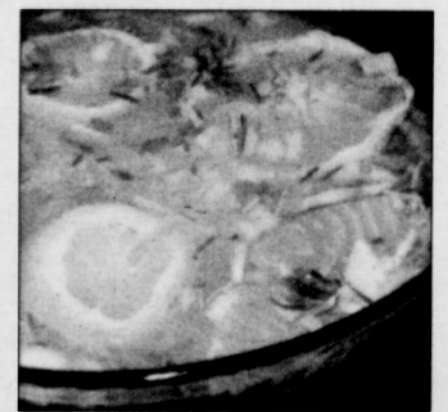
### Directions

1. Soak the salmon fillet in a brine solution for at least 4 hours, but preferably overnight. Also, submerge the alder wood plank in water, placing a heavy object on top of it to prevent floating.
2. Preheat an outdoor smoker for 160 to 180 degrees F (70 to 80 degrees C).
3. Remove the salmon from the brine, rinse thoroughly under cold running water, and pat dry with paper towels. Remove the wood plank from the water, and lay the fish out on the plank. Season with freshly ground black pepper.
4. Smoke the salmon for at least 2 hours, checking after 1 1/2 hours for doneness. The fish is done when it flakes with a fork, but it should also not be too salty. As the fish smokes, the salt content reduces. Adjust the cooking time and salty flavor to your taste. (Note: Smoking a fillet can take 2 to 6 hours depending on your taste, the size of the fillet, and the fat content of the fish.)
5. During the last 30 minutes of smoking, mix together the brown sugar and water to form a paste. Brush this liberally onto the salmon.

## Brine for Smoked Salmon

### Ingredients

- 1 gallon water
- 1 cup kosher salt
- 1 cup white sugar
- 1 cup brown sugar
- lemon pepper to taste
- 1 (3 ounce) package dry crab and shrimp seasoning mix
- freshly ground black pepper to taste
- 4 cloves garlic, crushed or to taste
- 1 dash hot pepper sauce (optional)
- 4 lemons, sliced and crushed
- 2 oranges, sliced and crushed
- 1 lime, sliced and crushed
- 1 large yellow onion, sliced



### Directions

Pour the water into a large bowl or small bucket. If you must use a pot, use one that does not contain aluminum. Stir in the kosher salt, white sugar, brown sugar, lemon pepper, parsley and seasoning mix. Add the garlic, hot pepper sauce, lemons, oranges, lime and onion. Soak your salmon in this brine for 12 to 36 hours. Smoke using your desired method.