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Dream Run Success

Inaugural MLK race
draws 250 people
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Only on Alberta

Street fair to
mark 15 years
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'City of Roses'



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Gabrielle Douglas competes on floor exercises during the women's gymnastics all-around competition at the 2012 Olympic Games in London.

Olympic First!

Gymnast shatters glass ceiling

Gabrielle Douglas became the first African-American and first woman of color to win gymnastics biggest prize at the Olympic Games in London.

The 16-year-old won the women's all-around title Thursday shattering a glass ceiling in a sport that is enormously popular, but often seen as competition between white and privileged contestants.

Douglas rocked the house with her electric floor routine, flashing a dazzling smile and lots of pizzazz. She finished with a score of 62.232, about three-tenths ahead of Viktoria Komova of Russia, runner-up at last year's world championships.

Her victory came two nights after she and her "Fierce Five" teammates gave the United States its first Olympic title in the team completion since 1996.

Douglas was born in Virginia Beach, Va. She began training in gymnastics at age six and moved to West Des Moines, Iowa two years ago to train under Liang Chow, the former coach of 2008 Summer Olympics gold medal-winner Shawn Johnson.



Gabrielle Douglas wins gold.