

SAFEWAY

REAL BIG DEALS EVERY WEEK
WITH YOUR CARD



3.99 lb. Club Price
Rancher's Reserve® Boneless Beef Petite Sirloin Steak
Extreme Value Pack. SAVE up to \$2.50 lb.

5.99 lb. Club Price
Rancher's Reserve® Beef Ribeye Steak
Bone-in. Extreme Value Pack. SAVE up to \$4.00 lb.

6.99 lb. Club Price
Rancher's Reserve® Boneless New York Strip Steak
Extreme Value Pack. SAVE up to \$3.50 lb.

2.99 lb. Club Price
Pork Loin Center Cut Chops
Bone-in. Or Assorted Pork Loin Chops, \$2.29 lb. Extreme Value Pack. SAVE up to \$2.50 lb.

2.49 lb. Club Price
Eating Right® Boneless Skinless Chicken Breasts, Tenders or Thin Sliced Breasts
Or Thighs or Combo Pack. Extreme Value Pack. SAVE up to \$2.00 lb.

3.99 lb. Club Price
Hormel Black Label Bacon
12 to 16-oz. Selected varieties.

BUY 1 GET 1 FREE
EQUAL OR LESSER VALUE Club Price
Oroweat Variety Breads, Thins or Muffins
Selected sizes and varieties. SAVE up to \$4.99 on 2

6.99 lb. Club Price
Fresh Coho Salmon Fillets
Farm raised. Color added. SAVE up to \$3.00 lb.

1.88 Club Price
Kellogg's Frosted Flakes
10.5-oz., Raisin Bran 18.7-oz. Cereal. Or 8-ct. Pop Tarts Selected varieties. SAVE up to \$2.11

5.99 Club Price
Signature Cafe® Whole Roasted Chicken
30-oz. SAVE up to \$2.00 ea.

8.10 Club Price
Korbel, Yellow Tail or Barefoot Cellars
750-ml. Korbel, 1.5-liter Yellow Tail or Barefoot. Selected varieties. Single Bottle Price: \$8.99 ea.

2.59 Club Price
Pantry Essentials™ Milk
Gallon, 2%, 1% or Fat Free.

2.96 Club Price
Dreyer's Ice Cream or Nestlé Novelties
1.5-qt. or 4 to 6-ct. Selected varieties. Club Price: \$3.00 ea.

3.11 Club Price
12-Pack Pepsi
12-oz. cans. Selected varieties. Plus deposit in Oregon.

5.10 Club Price
Smart Ones Meals
3.95 to 11.5-oz. Selected varieties. Club Price: \$2.00 ea. SAVE up to \$1.45 on 5

11.99 Club Price
Charmin Bath Tissue
24 Double Rolls. Selected varieties. SAVE up to \$5.50

8.99 Club Price
Arm & Hammer Detergent
125 to 150-oz. Liquid, 6.61-lb. Powder or 50-ct. Paks. Selected varieties. SAVE up to \$3.00

YOGURT ANYTIME! There's a yogurt for any meal or snack.

10.55 Club Price
Yoplait Yogurt
4 to 6-oz. Selected varieties. Club Price: 50¢ ea.

10.10 Club Price
Chobani Greek Yogurt
6-oz. Selected varieties. Club Price: \$1.00 ea.

4.99 Club Price
Dannon Activia or Danimals Yogurt
12-pack, 3.1 to 4-oz. Selected varieties.

2.55 Club Price
YoCrunch Parfait Yogurt
4-pack, 3.75 to 4-oz. Selected varieties. Excludes Greek. Club Price: \$2.50 ea.

GREAT PRICES on Summer Produce!

2.98 ea. Club Price
Oregon Hermiston Red Seedless Watermelon
SAVE up to \$5.01 ea.

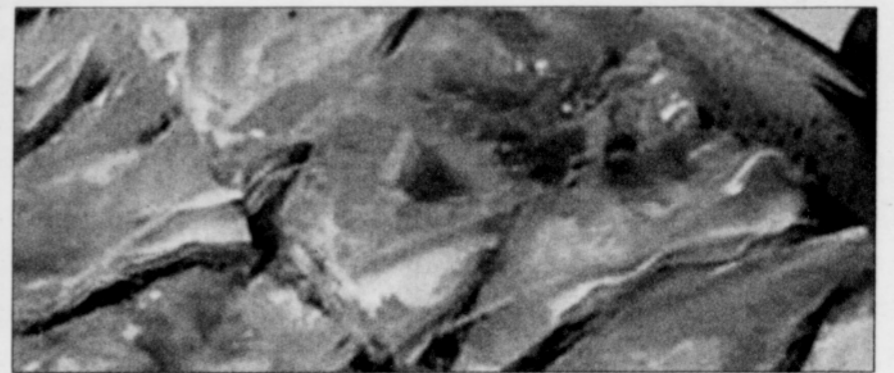
2.96 Club Price
Organic Blueberries
6-oz. Container. Club Price: \$3.00 ea. SAVE up to \$1.98 on 2

99¢ Club Price
Hass Avocados

2.99 Club Price
Sweet Red Cherries
By Orchard View Farms
The Dalles, Oregon

2.99 Club Price
Sweet Red Cherries
SAVE up to \$3.00 lb.

FOOD



Easy Baklava

Ingredients

- 1 pound chopped mixed nuts
- 1 teaspoon ground cinnamon
- 1 (16 ounce) package phyllo dough
- 1 cup butter, melted
- 1 cup white sugar
- 1 cup water
- 1/2 cup honey
- 1 teaspoon vanilla extract
- 1 teaspoon grated lemon zest

Directions

1. Preheat oven to 350 degrees F (175 degrees C). Butter a 9x13 inch baking dish.
2. Toss together cinnamon and nuts. Unroll phyllo and cut whole stack in half to fit the dish. Cover phyllo with a damp cloth while assembling the baklava, to keep it from drying out.
3. Place two sheets of phyllo in the bottom of the prepared dish. Brush generously with butter. Sprinkle 2 to 3 tablespoons of the nut mixture on top. Repeat layers until all ingredients are used, ending with about 6 sheets of phyllo. Using a sharp knife, cut baklava (all the way through to the bottom of the dish) into four long rows, then (nine times) diagonally to make 36 diamond shapes.
4. Bake in preheated oven 50 minutes, until golden and crisp.
5. While baklava is baking, combine sugar and water in a small saucepan over medium heat and bring to a boil. Stir in honey, vanilla and lemon zest, reduce heat and simmer 20 minutes.
6. Remove the baklava from the oven and immediately spoon the syrup over it. Let cool completely before serving. Store uncovered.

Veggie Bulgur Salad

Ingredients

- 1 cup fine bulgur
- 1 cup boiling water
- 2 tablespoons olive oil
- 1 onion, finely chopped
- 2 large tomatoes, finely chopped
- 1 cucumber, diced
- 2 green bell peppers, finely chopped
- 1 red bell pepper, finely chopped
- 7 green onions, finely chopped
- 1/2 cup minced fresh parsley
- 1/2 cup minced fresh mint leaves
- 1 teaspoon red pepper flakes, or to taste
- 2 tablespoons olive oil
- juice of 1 fresh lemon
- 2 tablespoons pomegranate molasses

Directions

1. Place the bulgur in a bowl; stir in the boiling water. Cover and let stand for 20 minutes.
2. Meanwhile, heat 2 tablespoons olive oil in a skillet over medium heat. Stir in the chopped onion; cook and stir until the onion has softened and turned translucent, about 5 minutes.
3. Drain the bulgur and return it to the bowl. Add the cooked onion, chopped tomatoes, cucumber, green and red bell peppers, green onions, parsley, mint, and red pepper flakes. Drizzle with 2 tablespoons olive oil, the lemon juice, and the pomegranate molasses. Toss gently until the salad is thoroughly combined. Serve immediately, or refrigerate until serving.

AUGUST

Prices on this page are effective
Wednesday, August 1 thru Tuesday, August 7, 2012.
ALL LIMITS ARE PER HOUSEHOLD, PER DAY. Selection varies by store.

Prices in this ad are effective 6 AM Wednesday, August 1 thru Tuesday, August 7, 2012 in all Safeway stores in Oregon (except Milton-Freewater) and S.W. Washington stores serving Walkikam, Cowitz, Clark, Skamania and Klickitat Counties. Items offered for sale are not available to other dealers or wholesalers. Sales of products containing ephedrine, pseudoephedrine or phenylpropanolamine limited by law. Quantity rights reserved. SOME ADVERTISING ITEMS MAY NOT BE AVAILABLE IN ALL STORES. Some advertised prices may be even lower in some stores. On Buy One, Get One Free ("BOGO") offers, customer must purchase the first item to receive the second item free. BOGO offers are not 1/2 price sales. If only a single item purchased, the regular price applies. Manufacturers' coupons may be used on purchased items only — not on free items. Limit one coupon per purchased item. Customer will be responsible for tax and deposits as required by law on the purchased and free items. No liquor sales in excess of 52 gallons. No liquor sales for resale. Liquor sales at licensed Safeway stores only. © 2012 Safeway Inc. Availability of items may vary by store. Online and in-store prices, discounts and offers may differ.