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SAFEWAY

REAL BIG DEALS EVERY WEEK
WITH YOUR CARD



1.99 lb. Club Price

Eating Right® Boneless Skinless Chicken Breasts, Thighs, Tenders or Thin Sliced Breasts Or Safeway Drumsticks, Thighs, or Leg Quarters, 99¢ lb. Extreme Value Pack. SAVE up to \$2.50 lb.



1.99 lb. Club Price

Boneless Whole Pork Loin Sold whole in the bag. Or Boneless Pork Top Loin Center Cut Chops, \$2.99 lb. Extreme Value Pack. SAVE up to \$3.00 lb.

GREAT PRICES on Summer Produce!



LOCALLY GROWN 1.99 lb. Club Price Sweet Red Cherries SAVE up to \$4.00 lb.



6.99 lb. Club Price Cooked or Raw Shrimp 51 to 60-ct. Cooked. Or 31 to 40-ct. Raw. Frozen/Thawed. SAVE up to \$2.00 lb.



99¢ ea. Club Price Hass Avocados



1.99 ea. Club Price 1-lb. Strawberries

FOOD

World Cuisine



Sautéed Venison (*Poronkäristys*)

This is adapted version of a scandinavian dish, using venison or beef instead of reindeer. If you can get your hands on some reindeer, try it in the traditional form.

Ingredients (Makes 6 portions)

- 2 lbs sliced venison (or beef)
- 1/2 lb smoked bacon
- 50 gr butter
- 1/2 tsp ground black or white pepper
- 3 dl beer*
- Side of 3 cups lingonberries (find at Whole Foods Market)
- 2 small onions
- Side of mashed potatoes for 6
- 1 1/2 tsp salt
- 3 tbs flour

Directions

1. Cut smoked bacon into small pieces, put in a cold cast iron boiler.
2. When bacon is crispy, add peppers, onions and sliced deer (or beef) in small portions.
3. Once meat begins cooking add butter, then add beer (or water) until meat is fully submerged.
4. Boil Meat until it is soft and tender. After half an hour if it is still not tender, add more water and cook at low level, then check again after an hour.
5. Add salt and serve. Best with sides of mashed potatoes and lingonberries

Notes

- Instead of beer, you can use cream or water to prepare the Sautéed Reindeer Sauce.
- Venison (or beef) is preferably a shoulder roast or some other roast. Best if meat is a little bit icy so you can make thin slices.



2.49 lb. Club Price Rancher's Reserve® Beef Chuck 7-Bone Pot Roast Or Boneless Beef Chuck Shoulder Cross Rib Roast or Boneless Beef Bottom Round Roast, \$3.49 lb. SAVE up to \$1.00 lb.



\$5 50-ct. Club Price Fresh Baked Cookies 50-ct. Selected varieties. SAVE up to \$4.99



6.99 2 FREE Club Price Lay's or Doritos 10 to 10.5-oz. Lay's or 10.5 to 11.5-oz. Doritos. Selected varieties.



2.55 for 4 Club Price Sara Lee Bagels or Delightful 100% Braids Selected sizes and varieties. Or 18-oz. Sun-Maid Raisin Bread. Club Price \$2.50 ea. SAVE up to \$2.99 ea.



4.99 lb. Club Price Deli Counter Ham, Turkey or American Cheese Selected varieties. SAVE up to \$2.00 lb.



1 FREE Club Price Nabisco Snack Crackers or Toasted Chips 8.5 to 11.5-oz. Selected varieties. Club Price: \$2.00 ea.



2.59 Club Price Pantry Essentials™ Milk Gallon, 2%, 1% or Fat Free.



5.10 Club Price Lean Cuisine Simple Favorites 8.5 to 11.5-oz. Selected varieties. Club Price: \$2.00 ea.



11.97 Club Price 12-Pack Full Sail, Sam Adams, Dos Equis or Beers of Mexico 12-oz bottles. Selected varieties. Plus deposit in Oregon.



5.10 Club Price Kellogg's Raisin Bran 18.7-oz. or Corn Flakes 12-oz. Cereal. Club Price: \$2.00 ea. SAVE up to \$9.95 on 5



9.99 Club Price all Laundry Detergent 150-oz. 2x Liquid or 75-ct. Pacs. Selected varieties. SAVE up to \$4.00

BUY 2 SAVE 2 Mix & Match Sale!

THE MLK DREAM RUN

Benefitting NNEBA's Youth Entrepreneur / Leadership Program

Sunday August 5, 2012

Through the beautiful streets of N/NE Soul of Portland
5K run/walk, 10K run
15K Geoff Hollister Tribute run URATF Sanctioned Course
8:00 am - noon
Starting point:
Corner of NE MLK & Alberta
Volunteer Registration
please contact: grace@nneba.org

Featuring

- Run Kick Off And Wrap up Party
- Winner Prize Package
- Runner Raffle Give-Aways
- Dr. King's "I Have A Dream Speech" Anniversary Salute
- Refreshments
- Celebrating North East Rich Cultural Heritage
- B2B Networking
- Unique Entertainment Along The Course

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Prices on this page are effective Wednesday, July 18 thru Tuesday, July 24, 2012. ALL LIMITS ARE PER HOUSEHOLD, PER DAY. Selection varies by store.

Prices in this ad are effective 6 AM Wednesday, July 18 thru Tuesday, July 24, 2012 in all Safeway stores in Oregon (except Milton-Freewater) and S.W. Washington stores serving Wahiakum, Cowlitz, Clark, Skamania and Klickitat Counties. Items offered for sale are not available to other dealers or wholesalers. Sales of products containing ephedrine, pseudoephedrine or phenylpropanolamine limited by law. Quantity rights reserved. SOME ADVERTISING ITEMS MAY NOT BE AVAILABLE IN ALL STORES. Some advertised prices may be even lower in some stores. On Buy One, Get One Free ("BOGO") offers, customer must purchase the first item to receive the second item free. BOGO offers are not 1/2 price sales. If only a single item purchased, the regular price applies. Manufacturers' coupons may be used on purchased items only — not on free items. Limit one coupon per purchased item. Customer will be responsible for tax and deposits as required by law on the purchased and free items. No liquor sales in excess of 52 gallons. No liquor sales for resale. Liquor sales at licensed Safeway stores only. © 2012 Safeway Inc. Availability of items may vary by store. Online and in-store prices, discounts and offers may differ.

