

SAFEWAY

REAL BIG DEALS EVERY WEEK WITH YOUR CARD

RANCHER'S Reserve
TENDER BEEF

2.49 lb.
Club Price

Rancher's Reserve® Boneless Beef London Broil
SAVE up to \$2.80 lb.

ENJOY with *Manejo & Tri*

See store for details.

1.99 lb.
Club Price

Assorted Pork Loin Chops
Bone-In.
SAVE up to \$1.50 lb.

99¢ lb.
Club Price

Gala Apples
SAVE up to 50¢ lb.

77¢ ea.
Club Price

Iceberg Lettuce
SAVE up to 42¢ ea.

99¢ ea.
Club Price

Fresh Express Spinach or Garden Plus Salads
8 to 16-oz. Selected varieties.
SAVE up to \$1.30 ea.

99¢
Club Price

OvenJoy Sandwich Breads or Safeway Kitchens Hot Dog or Hamburger Buns
Selected sizes and varieties. SAVE up to \$0.50

5 \$10
Club Price

Lean Cuisine Simple Favorites
8.5 to 11.5-oz. Selected varieties.
Club Price: \$2.00 ea.

3.33
Club Price

Arrowhead Water
24-pack, 16.9-oz.
Plus deposit in Oregon.
SAVE up to \$1.16

2.59
Club Price

Pantry Essentials™ Milk
Gallon. 2%, 1% or Fat Free.

4 \$10
Club Price

Kellogg's Frosted Flakes
14-oz. or Froot Loops 12.2-oz. Cereal. Club Price: \$2.50 ea.
SAVE up to \$7.16 on 4

2 \$6
Club Price

Nabisco Oreo Cookies or Nilla Wafers
10.5 to 16-oz. Selected varieties. Club Price: \$3.00 ea. SAVE up to \$3.58 on 2

2 \$6
Club Price

Simply Orange or Cranberry Juice
59-oz. Chilled. Selected varieties. Club Price: \$3.00 ea.

2 \$5
Club Price

Lucerne® Ice Cream or Cones
1.5-qt. or 4-ct. Selected varieties. Club Price: \$2.50 ea.

8.99
Club Price

Arm & Hammer Detergent
125 to 150-oz. Liquid, 6.61-lb. Powder or 50-ct. Paks. Selected varieties. SAVE up to \$3.00

BUY 2 GET 2 FREE 12-Pack Pepsi

Must Buy 4 and **GET 1 FREE** bag of Doritos Tortilla Chips

10.5 to 11.5-oz. Selected varieties. SAVE up to \$13.98 on 4

REWARD POINTS

Earn Reward Points just by shopping at Safeway with your Club Card!

Up to **\$1 Off** per gallon

RANCHER'S Reserve

2.99 lb.
Club Price

Rancher's Reserve® Boneless Beef Chuck Steak
Or Beef Boneless Chuck Thin Cut Steak. \$3.49 lb. Extreme Value Pack. SAVE up to \$3.00 lb.

SAVINGS to stretch your budget!

3.99 ea.
Club Price

Tyson Nuggets & Tenders or Fully Cooked Entrées
25.2 to 32-oz. Frozen Nuggets & Tenders. 17-oz. Entrées. 22 to 32-oz. Frozen Wings. \$5.99 ea. Selected varieties. SAVE up to \$5.00 ea.

In the Deli

Signature Cafe® Family Size Pizza
38.8 to 45-oz. Selected varieties. SAVE up to \$3.00 ea.

5.99 ea.
Club Price

5.99 lb.
Club Price

waterfront BISTRO® Large Raw Shrimp
31 to 40-ct. Frozen/Thawed. SAVE up to \$3.00 lb.

9.99 lb.
Club Price

Wild Alaskan Sockeye Salmon Fillets
Previously frozen. SAVE up to \$2.00 lb.

SAVE 30% ON All Wines

Reds, Whites, Champagnes & Sparkling Wines

PLUS!

Save an additional 10% **MIX & MATCH** when you buy 6 bottles* or more. OFFER VALID WITH SAFEWAY CLUB CARD

Online and in-store prices, discounts, and offers may differ. *750-ml. or larger.

Bota Box Pinot Grigio
3-liter. Selected varieties.

Regular Price \$22.99
30% Event **6.69**
10% Additional Savings with purchase of 6 bottles* or more **1.56**

YOU PAY \$14.04

BUY 6* & SAVE \$49.50

FOOD



Grilled Flank Steak with Bacon Balsamic Glaze

- Ingredients**
- Cooking spray
 - 2 tablespoons triple peppercorns (recommended: peppercorn melange)
 - 1 flank steak, about 1 1/4 pounds
 - Salt
 - 2 teaspoons garlic flakes
 - 4 slices bacon, diced
 - 1/2 cup balsamic vinegar
 - 1/2 cup reduced-sodium beef broth
 - 2 teaspoons cornstarch
 - 2 tablespoons chopped fresh parsley leaves

- Directions**
1. Heat a stove-top grill pan or griddle with cooking spray over medium-high heat to preheat. Place peppercorns in a plastic bag and smash with the flat side of a meat mallet, or bottom of a heavy skillet, until finely crushed. Season both sides of flank steak with crushed peppercorns, salt and garlic flakes.
 2. Place steak on hot pan and cook 5 minutes per side for medium doneness. Remove from heat and let steak rest 10 minutes. Slice meat crosswise into 1/4-inch thick slices.
 3. While the steak is cooking, Place diced bacon in a large skillet over medium heat until browned and crisp. Add vinegar and bring to a simmer for 5 minutes, or until liquid reduces. In a small bowl, add broth and cornstarch, whisking until cornstarch is completely dissolved, and add to skillet. Simmer 2 minutes bringing to a full boil, until sauce thickens. Remove from heat, spoon sauce over steak slices and top with parsley.

Asparagus, Tomato and Pine Nut Salad

- Ingredients**
- 1/2 pound fresh asparagus, trimmed and cut into 2" pieces
 - 4 plum tomatoes, cored and quartered
 - 3 tablespoons pine nuts, toasted
 - 2 cloves garlic, minced
 - 3 tablespoons balsamic vinegar
 - 1 teaspoon Dijon mustard
 - 1/4 cup olive oil
 - Salt and pepper

- Directions**
- In a large bowl combine the asparagus, tomatoes and pine nuts. In a small bowl blend together the garlic, vinegar, Dijon mustard and olive oil with a fork or whisk. Pour the dressing over the vegetables, season with salt and pepper and toss to coat.



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Prices on this page are effective **Wednesday, May 16 thru Tuesday, May 22, 2012.**
ALL LIMITS ARE PER HOUSEHOLD, PER DAY. Selection varies by store.

Prices in this ad are effective 6 AM Wednesday, May 16 thru Tuesday, May 22, 2012 in all Safeway stores in Oregon (except Milton-Freewater) and S.W. Washington stores serving Wahkiakum, Cowlitz, Clark, Skamania and Klickitat Counties. Items offered for sale are not available to other dealers or wholesalers. Sales of products containing ephedrine, pseudoephedrine or phenylpropanolamine limited by law. Quantity rights reserved. SOME ADVERTISING ITEMS MAY NOT BE AVAILABLE IN ALL STORES. Some advertised prices may be even lower in some stores. On Buy One, Get One Free ("BOGO") offers, customer must purchase the first item to receive the second item free. BOGO offers are not 1/2 price sales. If only a single item purchased, the regular price applies. Manufacturers' coupons may be used on purchased items only — not on free items. Limit one coupon per purchased item. Customer will be responsible for tax and deposits as required by law on the purchased and free items. No liquor sales in excess of 52 gallons. No liquor sales for resale. Liquor sales at licensed Safeway stores only. © 2012 Safeway Inc. Availability of items may vary by store. Online and in-store prices, discounts and offers may differ.