

# SAFEWAY

Ingredients for life.®



**79¢ lb**  
Club Price

**Foster Farms Fresh Whole Fryer**  
Locally Grown.  
SAVE up to 90¢ lb.

ENJOY with **CONDAL JACKSON** See Weekly Ad



**2.69**  
Club Price

**Rancher's Reserve® Beef Chuck 7-Bone Pot Roast**  
Bone-In. Or Boneless Beef Chuck Thin Steak. \$3.99 lb. Extreme Value Pack.




**1.99**  
Club Price

**Boneless Pork Sirloin Chops**  
Extreme Value Pack. SAVE up to \$3.00 lb.



**1.99**  
Club Price

**Safeway Boneless Skinless Chicken Breasts or Chicken Wings**  
Frozen. Sold in a 4-lb. Bag. \$7.96 ea. SAVE up to \$1.00 lb.



**4.99 lb**  
Club Price

**Alaskan Cod Fillets**  
High in Protein. Or Farm raised Tilapia Fillets. Previously frozen. SAVE up to \$3.00 lb.



**BUY 1 GET 1 FREE**  
EQUAL OR LESSER VALUE

**1-lb. Strawberries**  
SAVE up to \$3.99 on 2



**2 \$7**  
Club Price

**Signature Cafe® Soup**  
24-oz. Selected varieties. Club Price: \$3.50 ea. SAVE up to \$2.98 on 2



**99¢ lb**  
Club Price

**Gala, Braeburn or Jonagold Apples**  
SAVE up to 70¢ lb.



**2 \$5**  
Club Price

**Organics™ Salads**  
5 to 7-oz. package. Selected varieties. Club Price: \$2.50 ea. SAVE up to \$1.98 on 2



**2.59**  
Club Price

**Pantry Essentials™ Milk**  
Gallon. 2%, 1%, Creamy Fat Free or Fat Free.



**4 \$10**  
Club Price

**General Mills Cheerios**  
8.9-oz. Or Cinnamon Toast Crunch 12.8-oz. Cereal. Club Price: \$2.50 ea.



**1.99**  
Club Price

**Safeway Apple Juice**  
64-oz. Selected varieties. SAVE up to 70¢



**5.99**  
Club Price

**Tillamook Cheese**  
2-lb. Selected varieties. Limit 2.



**2 \$5**  
Club Price

**Nabisco Chips Ahoy! or Ritz Crackers**  
9.5 to 16-oz. Selected varieties. Club Price: \$2.50 ea. SAVE up to \$3.58 on 2



**3 \$10**  
Club Price

**Dreyer's Ice Cream**  
1.5-qt. Selected varieties. Club Price: \$3.34 ea.

**99¢ or less!**

on Health & Beauty Care.



Thousands of **EVERYDAY LOW PRICES** PLUS Always great **Club Card Specials** That's our promise... that's **Ingredients for life.**

**MARCH** 14 15 16 17 18 19 20  
WED THUR FRI SAT SUN MON TUES

Prices on this page are effective **Wednesday, March 14 thru Tuesday, March 20, 2012.** ALL LIMITS ARE PER HOUSEHOLD, PER DAY. Selection varies by store.

Prices in this ad are effective 6 AM Wednesday, March 14 thru Tuesday, March 20, 2012 in all Safeway stores in Oregon (except Milton-Freewater) and S.W. Washington stores serving Waliklam, Covitz, Clark, Skamania and Klickitat Counties. Items offered for sale are not available to other dealers or wholesalers. Sales of products containing ephedrine, pseudoephedrine or phenylpropanolamine limited by law. Quantity rights reserved. SOME ADVERTISING ITEMS MAY NOT BE AVAILABLE IN ALL STORES. Some advertised prices may be even lower in some stores. On Buy One, Get One Free ("BOGO") offers, customer must purchase the first item to receive the second item free. BOGO offers are not 1/2 price sales. If only a single item purchased, the regular price applies. Manufacturers' coupons may be used on purchased items only — not on free items. Limit one coupon per purchased item. Customer will be responsible for tax and deposits as required by law on the purchased and free items. No liquor sales in excess of 52 gallons. No liquor sales for resale. Liquor sales at licensed Safeway stores only. © 2012 Safeway Inc. Availability of items may vary by store. Online and in-store prices, discounts and offers may differ.

# FOOD



## Bowtie Pasta With Chicken and Artichokes

Lemon and basil help flavor this delicious chicken and bowtie pasta dish, along with mushrooms, artichokes, and Parmesan cheese. This makes a great dish for any day of the week, and the family will love it.

### Ingredients:

- 16 ounces bowtie pasta
- 1 pound boneless chicken breasts
- 1/4 teaspoon salt
- dash pepper
- 3 tablespoons olive oil, divided
- 4 to 6 ounces sliced mushrooms
- 1/2 cup chicken broth
- 4 tablespoons lemon juice
- 1/2 teaspoon salt
- 1/8 teaspoon pepper
- 3 cloves garlic, minced
- 2 cans artichoke hearts (about 12 ounces each), drained, chopped
- 1/2 cup chopped roasted red peppers, optional
- 3 medium plum tomatoes, cut in wedges
- 1/2 teaspoon dried leaf basil
- 1/2 cup fresh shredded Parmesan cheese

### Preparation:

1. Cook pasta following package directions until tender; rinse and drain.
2. Rinse chicken under cold water and pat dry; cut into narrow strips and sprinkle lightly with 1/4 teaspoon salt and a dash of pepper.
3. In a large saucepan, heat 2 tablespoons of the olive oil over medium heat; add chicken and sauté, stirring, until cooked through, about 5 minutes. Remove chicken with a slotted spoon; set aside. Add the remaining olive oil and the mushrooms to the saucepan and sauté, stirring, until tender.
4. Add the broth, lemon juice, 1/2 teaspoon salt, 1/8 teaspoon pepper, the garlic, and artichoke hearts. Bring to a boil; reduce heat, cover, and simmer for 3 minutes. Stir in the tomato wedges, basil, chicken, and pasta; heat through. Toss with the Parmesan cheese just before serving. Serves 4 to 5.

**ST. PATRICK'S DAY SALE**  
Wed, 3/14 thru Sat, 3/17 ONLY

Great with Irish Soda Bread

**1.99 lb**  
Club Price

Safeway Corned Beef Brisket Point Cut Or Safeway Corned Beef Flats Cut, \$2.99 lb. While Supplies Last. SAVE up to 50¢ lb.

**Green Cabbage**  
SAVE up to 10¢ lb.

**49¢ lb**  
Club Price

**BUY 1 GET 1 FREE**  
EQUAL OR LESSER VALUE

**Oroweat Rye Breads**  
18-oz. Selected varieties. SAVE up to \$4.49 on 2

**12-ct. Cupcakes**  
White, Chocolate or Red Velvet.

**5.99**  
Club Price

**10.97**  
Club Price

6-Pack Guinness Draught, 12-Pack Bud Light Platinum, St. Pauli Girl or Bud Light Lime (12-oz. bottles or 14.9-oz. Guinness cans. Selected varieties. Plus deposit in Oregon.

**4 or 6-Pack Guinness**  
11.2 to 12-oz. bottles or 14.9-oz. cans. Selected varieties. Plus deposit in Oregon.

**6.97**  
Club Price

**2.00**  
Club Price

Daffodils  
10-stem bunches fresh from the fields. SAVE up to 99¢