

# SAFEWAY

Ingredients for life.®



**RANCHER'S Reserve**  
TENDER STEAK

**5.99** lb  
Club Price

**Rancher's Reserve® Beef Loin T-Bone or Beef Ribeye Steak**  
Bone-In. Extreme Value Pack. SAVE up to \$4.00 lb.

**ENJOY with**  
**MIRASSOU**  
Pinot Noir  
See Weekly Ad



**1.69** lb  
Club Price

**Pork Shoulder Blade Steak**  
Bone-In. Extreme Value Pack. Or Pork Shoulder Blade Whole Roast, \$1.49 lb. SAVE up to \$2.30 lb.



**1.29** lb  
Club Price

**Safeway Chicken Thighs, Drumsticks or Leg Quarters**  
Extreme Value Pack. SAVE up to 20¢ lb.



**7.99** lb  
Club Price

**waterfront BISTRO® Cooked or Raw Shrimp**  
51 to 60-ct. Cooked or 21 to 25-ct. Raw. Frozen/Thawed. SAVE up to \$3.00 lb.



**BUY 1 GET 1 FREE**  
EQUAL OR LESSER VALUE  
Club Price

**1-lb. Strawberries**  
SAVE up to \$3.99 on 2



**2.99**  
Club Price

**Oroweat Variety Breads**  
24-oz. Selected varieties. SAVE up to \$2.00



**2.55** for  
Club Price

**Nature Sweet Cherub Tomatoes**  
Club Price: \$2.50 ea. Or Sunburst Tomatoes at 2 for \$6. SAVE up to \$2.98 on 2



**1.99**  
Club Price

**Safeway Farms or Fresh Express Salads**  
4.75 to 12-oz. packages. Selected varieties. SAVE up to 50¢ ea.



**2.59**  
Club Price

**Pantry Essentials Milk**  
Gallon, 2%, 1%, Creamy Fat Free or Fat Free.



**4 for \$10**  
Club Price

**Stouffer's or Lean Cuisine Meals**  
6 to 12.625-oz. Selected varieties. Club Price \$2.50 ea. SAVE up to \$1.96 on 4



**2.99**  
Club Price

**Breyers Ice Cream**  
1.5-qt. Selected varieties.



**2 for \$5**  
Club Price

**Nabisco Snack Crackers or belVita**  
5.5 to 10-oz. Snack Crackers or 8.8-oz. belVita. Selected varieties. Club Price: \$2.50 ea. SAVE up to \$3.38 on 2



**1.25**  
Club Price

**Ragù or Francesco Rinaldi Pasta Sauce**  
16 to 24-oz. Selected varieties. SAVE up to \$1.14



**12.97**  
Club Price

**12-Pack Widmer, 4-Pack Ninkasi or 24-Pack Pabst**  
12 to 22-oz. bottles or Pabst cans. Selected varieties. Plus deposit in Oregon.

**BUY 2 Coca-Cola 12-Packs** and **GET 1 FREE** bag of **The Snack Artist® Chips**  
8.5 to 13-oz. Selected varieties.

**GET 2 FREE** EQUAL OR LESSER VALUE 12-oz. cans. Selected varieties. Plus deposit in Oregon.

**4 DAY SALE!**  
Friday thru Monday  
Save Big on Breakfast Favorites



**Kellogg's Frosted Flakes**  
14-oz. or Cocoa Rice Krispies 16.5-oz. Cereal. SAVE up to \$2.30

**1.99**  
Club Price



**10 for \$6**  
Club Price

**Yoplait Yogurt**  
4 to 6-oz. Selected varieties. Club Price: 60¢ ea.



**2 for \$4**  
Club Price

**Thomas' English Muffins**  
6-ct. Selected varieties. Club Price: \$2.00 ea. SAVE up to \$4.58 on 2



**2 for \$6**  
Club Price

**Florida's Natural or Safeway SELECT® Orange Juice**  
59-oz. Chilled. Selected varieties. Club Price: \$3.00 ea.



**BUY 1 GET 1 FREE**  
EQUAL OR LESSER VALUE  
Club Price

**Smithfield Premium Sliced Bacon**  
16-oz. Selected varieties.



**7.99**  
Club Price

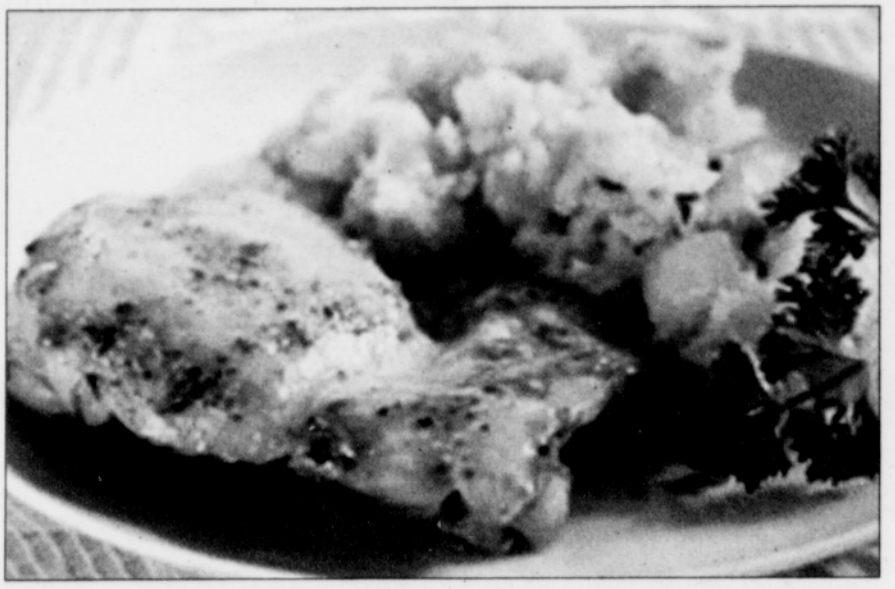
**Starbucks or K-Cups Coffee**  
12-oz. or 10-ct. Selected varieties. SAVE up to \$2.00

**Attention! We Welcome Walgreens Express Scripts Plan Members**

**GET A \$25 REWARD COUPON** when you transfer your prescriptions.

\*Restrictions and exclusions apply. See in-store Customer Service or Pharmacist for details. Coupon good on your next qualified purchase of \$50 or more in a single transaction.

# FOOD



## Baked Honey Mustard Chicken

- Ingredients**
- 6 skinless, boneless chicken breast halves
  - salt and pepper to taste
  - 1/2 cup honey
  - 1/2 cup prepared mustard
  - 1 teaspoon dried basil
  - 1 teaspoon paprika
  - 1/2 teaspoon dried parsley

- Directions**
1. Preheat oven to 350 degrees F (175 degrees C).
  2. Sprinkle chicken breasts with salt and pepper to taste, and place in a lightly greased 9x13 inch baking dish. In a small bowl, combine the honey, mustard, basil, paprika, and parsley. Mix well. Pour 1/2 of this mixture over the chicken, and brush to cover.
  3. Bake in the preheated oven for 30 minutes. Turn chicken pieces over and brush with the remaining 1/2 of the honey mustard mixture. Bake for an additional 10 to 15 minutes, or until chicken is no longer pink and juices run clear. Let cool 10 minutes before serving.



## Creamy Vegetable Medley

*This vegetable dish is so easy and so good. It can be made early and baked later. You can also double this recipe and bake in a 9x13 inch baking dish.*

- Ingredients**
- 1 (16 ounce) package frozen broccoli, carrots and cauliflower combination
  - 1 (10.75 ounce) can condensed cream of mushroom soup
  - 1 cup shredded Cheddar cheese, divided
  - 1/3 cup sour cream
  - 1 (2.8 ounce) package French-fried onions, divided
  - 1/4 teaspoon black pepper

- Directions**
1. Preheat oven to 350 degrees F (175 degrees C).
  2. Cook vegetables according to package directions; drain. In a large bowl combine vegetables, mushroom soup, 1/2 cup cheese, sour cream, 1/2 can fried onions and pepper. Transfer to a deep pie plate.
  3. Bake in preheated oven for 30 minutes. Sprinkle with remaining cheese and fried onions; bake 5 minutes longer.