

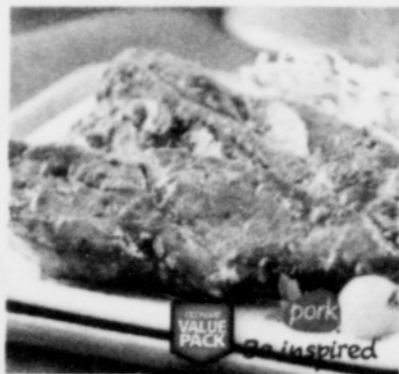
SAFEWAY

together for a cure
Show your support while you save.



2.29
lb
Club Price

**Rancher's Reserve®
Boneless Beef
Round Steak**
Extreme Value Pack.
SAVE up to \$2.40 lb.



1.99
lb
Club Price

**Pork Shoulder
Country Style Ribs**
Bone-in. Extreme Value Pack. Or Safeway
SELECT® Extra Meat Pork Back Ribs.
Previously Frozen. \$3.99 lb.



2.49
lb
Club Price

**Eating Right® Boneless
Skinless Chicken
Breasts or Thighs**
Or Tenders or Thin Sliced. \$2.69 lb.
SAVE up to \$2.50 lb.

**3 day
sale!**
Friday, Oct. 7th thru
Sunday, Oct. 9th



5.49
lb
Club Price

**Deli Counter
Virginia Ham
or Turkey Breast**
SAVE up to \$1.00 lb.

FOOD



Chicken and Gnocchi Soup
*This soup is so comforting and
delicious...it'll warm you inside and out.*

Ingredients:

- 1 tablespoon olive oil
- 1 small onion, diced
- 3 stalks celery, diced
- 3 cloves garlic, minced
- 2 carrots, shredded
- 1 pound cooked, cubed chicken breast
- 4 cups chicken broth
- 1 (16 ounce) package mini potato gnocchi
- 1 (6 ounce) bag baby spinach leaves
- 1 tablespoon cornstarch (optional)
- 2 tablespoons cold water (optional)
- 2 cups half-and-half cream
- salt and ground black pepper to taste

Directions:

1. Heat olive oil in a large pot over medium heat. Cook onion, celery, garlic, and carrots in the hot oil until onion is translucent, about 5 minutes. Stir in cubed chicken and chicken broth; bring to a simmer.
2. Stir gnocchi into the simmering soup and cook until they begin to float, 3 to 4 minutes. Stir in spinach; cook until wilted, about 3 additional minutes.
3. Whisk cornstarch into cold water until smooth. Stir cornstarch mixture and half-and-half into simmering soup. Cook until soup thickens slightly, about 5 minutes. Season to taste with salt and black pepper.



5.49
lb
Club Price

**Rancher's Reserve®
Beef New York Strip Steak**
Bone-in. Extreme Value Pack.
SAVE up to \$4.50 lb.



6.99
lb
Club Price

**Fresh Atlantic
Salmon Fillets**
Farm raised. Color added.
SAVE up to \$4.00 lb.



10 for \$10
Club Price: \$1.00 ea.
SAVE up to \$4.90 on 10

Hass Avocados



1.49
Club Price

**Safeway Kitchens
Butter Top Breads**
22-oz. White or Wheat.
SAVE up to 50¢



99¢
lb
Club Price

**Tomatoes
on the Vine**
SAVE up to \$1.30 lb.
Or Cilantro. 2 for \$1.



77¢
lb
Club Price

**Duckwall
Bartlett Pears**
SAVE up to \$1.22 lb.



10 for \$6
Club Price

Yoplait Yogurt
4 to 6-oz. Selected varieties.
Club Price: 60¢ ea.



2.99
Club Price

refreshe™ Water
24-pack, 16.9-oz.
Plus deposit in Oregon.
SAVE up to 60¢



5 for \$10
Club Price

**12-Pack refreshe™ or
8-Pack Natural Soda**
12-oz. cans. Selected varieties.
Club Price: \$2.00 ea. Plus deposit in Oregon.



99¢
Club Price

**Progresso Vegetable
Classics Soup**
18.5 to 19-oz. Selected
varieties. SAVE up to \$1.20



11.99
Club Price

Tide Detergent
100-oz. Liquid or 95 to 98-oz.
Powder. Selected varieties.
SAVE up to \$3.00



5 for \$10
Club Price

**Weight Watchers
Smart Ones Meals**
4.45 to 11.5-oz. Selected
varieties. Club Price: \$2.00 ea.



4.99
Club Price

**Safeway SELECT® Buffalo
Style Chicken Wings**
24-oz. Or Chicken
Breast Strips.
Selected varieties.
SAVE up to \$3.00 ea.



1 BUY 1 GET 1 FREE
Club Price

**Fresh Express
Complete Salads**
6.4 to 13.8-oz.
Selected varieties.
SAVE up to \$3.29 on 2



1 BUY 1 GET 1 FREE
Club Price

**Kraft Salad
Dressing**
14 to 16-oz.
Selected varieties.



2.99
Club Price

Lucerne® Butter
16-oz. Regular or
Unsalted. SAVE up to 30¢

THE BIG CHEESE EVENT!

Participating items: Sargento Natural Slices 6.67 to 8-oz., Kraft Shredded Cheese 8 to 8-oz., Kraft Singles 10.7 to 12-oz., Kraft Cooking Cream 10-oz., Lucerne® Chuk Cheese 8-oz., Frigo String Cheese 14.8 to 16-oz., Tillamook Chuk Cheese 18-oz. Selected varieties. Valid thru 10/11/11

1 BUY 2 GET 1 FREE
EQUAL OR LESSER VALUE
Club Price

REWARD POINTS at SAFEWAY

Gift Cards Earn **4x** Gas Reward Points Limited time

Up to \$1 off per gallon!

OCTOBER 5 6 7 8 9 10 11
WED THUR FRI SAT SUN MON TUE

Prices on this page are effective **Wednesday, October 5 thru Tuesday, October 11, 2011.**
ALL LIMITS ARE PER HOUSEHOLD, PER DAY. Selection varies by store.

Prices in this ad are effective 6 AM Wednesday, October 5 thru Tuesday, October 11, 2011 in all Safeway stores in Oregon (except Milton-Freewater) and S.W. Washington stores serving Washkiakum, Cowlitz, Clark, Skamania and Klickitat Counties. Items offered for sale are not available to other dealers or wholesalers. Sales of products containing ephedrine, pseudoephedrine or phenylpropanolamine limited by law. Quantity rights reserved. SOME ADVERTISING ITEMS MAY NOT BE AVAILABLE IN ALL STORES. Some advertised prices may be even lower in some stores. On Buy One, Get One Free ("BOGO") offers, customer must purchase the first item to receive the second item free. BOGO offers are not 1/2 price sales. If only a single item purchased, the regular price applies. Manufacturers' coupons may be used on purchased items only — not on free items. Limit one coupon per purchased item. Customer will be responsible for tax and deposits as required by law on the purchased and free items. No liquor sales in excess of 52 gallons. No liquor sales for resale. Liquor sales at licensed Safeway stores only. © 2011 Safeway Inc. Availability of items may vary by store. Online and in-store prices, discounts and offers may differ.



99¢
Club Price

**2-Liter Pepsi
or 7-UP**
Selected varieties.
Plus deposit in Oregon.
Limit 4. SAVE up to \$1.30

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SELF SERVE FROZEN YOGURT
eat well. be active. enjoy life.

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