

LAW & JUSTICE

Black Heritage Stamp Issued

Former U.S. Rep. Barbara Jordan of Texas now has her own postage stamp. It's the 34th in the post office's Black Heritage series.

Jordan served three terms in Congress and in 1976 was the first woman and the first African-American to deliver a keynote address at a Democratic National Convention. She described Americans as "a people in search of a national community" and said Americans were attempting to create a society "in which all of us are equal."

The new forever stamp was issued in Jordan's hometown of Houston and is on sale nationwide.



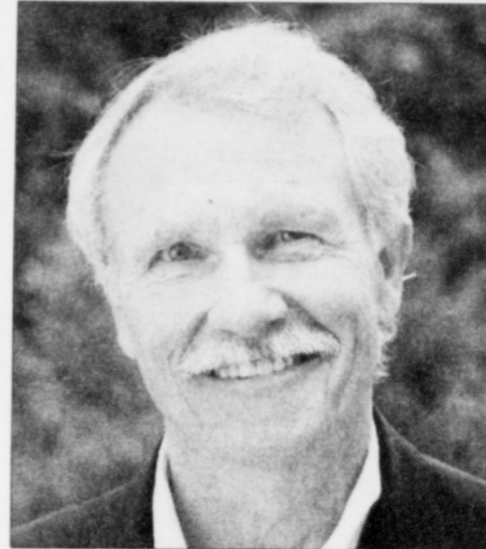
Barbara Jordan

Sentencing Reforms Considered

(AP) — Oregon Gov. John Kitzhaber says state leaders need to have "the wisdom and the courage" to look at changing prison practices, including reducing time behind bars for some criminals.

Kitzhaber says state sentencing laws are illogical and complex after decades of tough-on-crime measures by voters and legislators.

He says some criminals are best punished with electronic monitoring, supervised parole or drug and



Gov. John Kitzhaber

alcohol treatment. He insists the state can save money on prison costs without jeopardizing public safety.

The governor spoke at a news conference Friday in Salem marking the first meeting of a sentencing reform commission he created earlier this year.

Prison costs have ballooned in recent years due in part to mandatory minimum sentences for some crimes and higher health care costs for an aging prison population.

North Portland Robberies Arrest

Pepper spray used in hold-ups

A north Portland woman arrested in connection with a robbery at a local 7-11 store is accused of using



Jessica Lynn Mills

pepper spray to hold up the same store earlier and at a local Plaid Pantry outlet.

Portland Police officers assigned to North Precinct arrested Jessica Lynn Mills, 23, on Sept. 20.

When officers responded to a robbery at the 7-11 at 6117 N. Lombard St., they learned that the

suspect was the same person that robbed the clerk a few days earlier.

As they were speaking with the clerk another robbery report came in at the Plaid Pantry at 2730 N. Lombard. The suspect was a female that used pepper spray then left in a dark blue four-door vehicle.

Officers left the scene of the first robbery and while enroute to the second robbery, they spotted a vehicle matching the description in both robberies and stopped it at North Dwight Avenue and Kilpatrick Street.

The driver and sole occupant of the vehicle was Jessica Mills and witnesses identified her as the suspect in both robberies.

Police said they were able to determine that Mills also robbed the same 7-11 on Sunday, Sept. 18. She was booked into jail pending the charges.



Dr. Billy R. Flowers (above center) and his skilled staff are ready to help those in need.

THE SPINA COLUMN™

An ongoing series of questions and answers about America's natural healing profession.

Part 3. ALLERGIES: Why Chiropractic often works more effectively than drugs.

Q: Nothing else has ever really helped my allergies. What can Chiropractic possibly do?

A: First, take a look at the word itself. "Allergy" is a shortened form of "altered energy." Way back when patients first complained of allergic symptoms, it was obvious to the physician who coined the term that somehow, the body's energy configuration had shifted and caused the problem. Chiropractors now know that the central nervous sys-

tem controls the body's flow of energy. We also know that when the spinal column is out of alignment, it interferes with the central nervous system's flow of energy. When those nerves leading to the eyes or nose or throat are being interfered with, "altered energy" symptoms result. By correcting the source of the problem, not

just the symptoms, Chiropractic can often provide complete, lasting relief. Without drugs or drowsiness. For help with your allergy-related problems or answers to any questions you might have about your health, you will find that Chiropractic is often the answer. Call us for an appointment today.

Flowers' Chiropractic Office

2124 NE Hancock, Portland Oregon 97212

Phone: (503) 287-5504

Man Beaten Outside Sports Bar

Gresham police are seeking witnesses to a beating that left a man in critical condition.

Ron Lieberman, 55, was found Saturday, Sept. 24 around 2 a.m. in the back parking lot of KC Sports Bar & Grill, 16246 S.E. Stark St. He had been in the bar and was found outside in the parking lot unconscious and not breathing.

Through video surveillance footage, investigators were able to determine that Lieberman was involved in some type of altercation just prior to being found.

Police are asking that anyone who might have information related to this incident contact Detective Kyle Lewis at the Gresham Police, 503-618-3151. Information can be kept confidential.

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