

# Arts & ENTERTAINMENT

## Blige at 40 and Loving It

The versatile and unmatched Queen of Hip Hop Soul Mary J. Blige sets the record straight in the October issue of Ebony, where she talks about her childhood abuse, rise to fame, conquered demons, new projects, being happy and turning the big 4-0.

"I'm 40 and really loving it. Forty feels so, so good," says Blige.

The singer continues to make waves in headlines. Unlike her smash hit album, My Life, which spoke about depression, her 10th

album, My Life II: The Journey Continues "is about coming out of that hole and realizing that even when you're happy, you, won't be everyday."

Blige puts to rest the rumors surrounding her marriage.

"We have disagreements ... marriage is wonderful, and marriage is very hard ... if you are with the right person, the work is worth it." And at 40, Mary J. is thriving in all aspects - music, entrepreneurship, and stepping into the roles of two iconic black women on both the small and big screens.

MEET OUR 10 SEXIEST SINGLES E-MAIL THEM!

# EBONY

### 50 Work-Ready Fashion Finds

### Sets the Record Straight



### The Decline of the Elite Black Athlete

By Kevin Powell

P.102

### GET IT IN! Tailgating 101

**MY FATHER'S HOUSE MINISTRIES** Come and Experience Faith and Miracles!

Join us for **Rosh Hashanah** The Jewish New Year Celebration

**Friday, September 30th at 7pm**

Join us for a night of **FRIDAY, OCTOBER 7TH AT 7PM** **Breaking Family Curses**

**Feast of Tabernacles** WE WILL BE RECEIVING OUR FIRST FRUITS OFFERING **FRIDAY, OCTOBER 14TH AT 7PM**

**New Song Community Center** 2511 NE MLK Blvd • Portland, OR 97212 Corner of NE MLK Blvd and Russell Street  
Doors open at 6pm for every service.

For directions or more information, call 503-488-5481 or log on to [www.mfhmportland.com](http://www.mfhmportland.com)

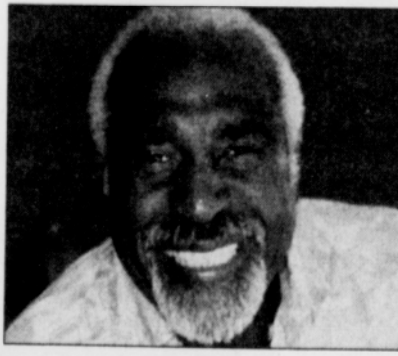
THE LAW OFFICES OF  
**Patrick John Sweeney, P.C.**

Patrick John Sweeney  
Attorney at Law

**1549 SE Ladd  
Portland, Oregon**

Portland: (503) 491-5156  
Hillsboro: (503) 615-0425  
Facsimile: (503) 244-2084  
Email: [Sweeney@PDXLawyer.com](mailto:Sweeney@PDXLawyer.com)

**Dentures Worth Smiling About!**



- Professional Services • Affordable Prices
- Over 20 years experience
- Full & Partial Dentures • Natural Appearance
- Full Service Lab • Accepting Oregon Health Plan

Melanie Block, L.D.  
DENTURIST  
503-230-0207  
200 NE 20th Ave., Suite 100  
Portland OR 97232  
Free parking