Arts & ENTERTAINMENT

Afro-Rican Dance Music

Purveyors of hard-grooving dance music Plena Libre will get hips swaying and feet tapping at the Oregon Zoo on Wednesday, July 13 as part of the Oregon Zoo summer concert series. The Puerto Rican group has honed their explorations of Puerto Rico's African heritage and Caribbean connections during 15 years of performing on more than a dozen albums.

BRINGING A LITTLE LAS VEGAS TO PORTLAND

RANDY STARR PLAYERS
LIVE DINNER SHOW

****MARK IT ON YOUR CALENDAR****

CLYDES'S PRIME RIB
5474 NE SANDY BV
PORTLAND, OR 97213
TIME: 8:30PM-12:00 AM
JULY 9-JULY 23RD
AUG 13TH-AUG 27TH
SEPT 9TH • OCT 8TH
NOV 11TH • DEC 30TH

CANDLELIGHT BAR & GRILL
2032 SW 5TH
PORTLAND, OR 97201
TIME: 9:30PM-1:45 AM
OCT 21ST
DEC 24TH

For booking shows call 503-312-4814

Two Shows, Four Artists

Two separate art shows are now showing through July 26 at Guardino Gallery, 2939 N.E. Alberta St.

Carole Turner's stone sculptures and Rio Wrenn's investigation of the rust process are on display at the Main Gallery, while woodcarvings by Greg Carrigan and Tabor Porter are showing in the featured area.

Turner sculpts with "Ariosa" stone, a medium that is a departure for her and on a much smaller scale, while her sculptural mediums range from marble to bronze. Wrenn investigates the rust process on silk while involving her latest rusted passion – old car parts. She also experiments with smaller silk and encaustic on wood panels.

Longtime partners Carrigan and Porter explore the past, present and future in their show "Symbols from the Collective Unconscious" with woodcarving figures, mixed media, and hand-crafted jewelry.

For more information, visit gallery@guardinogallery.com.

Carved from wood and found objects, 'Jester' is a figure created by Greg Carrigan.

Advertise with diversity *in* The Portland Observer
Call 503-288-0033 ads@portlandobserver.com

Join the
African American Health Coalition, Inc.
and
Grand Marshall Baruti L. Artharee
for the

AAHC

AAHC 9th Annual Health Walk

Saturday, Aug. 20th at 8:30 AM
in Dawson Park (at N. Vancouver & Stanton) 1.5 mile loop and 5K Walk!

Registration : $20 | Music, food, & fun!
Children under 6 FREE (must be accompanied by an adult)!

LEGACY · PROVIDENCE Health & Services · KAISER PERMANENTE

Interested in forming a team? Discounts available!
Contact the AAHC at 503.413.1850 or www.aahc-portland.org

9th Annual Wellness Walk Registration Form

Participant Number
Office Use Only

first name last name
address
city state zip code
( )
phone number email

2010 Health Walk T-Shirt
*One free T-shirt with paid registration. Please check T-shirt size
S M L XL XXL XXXL

Tax-deductible donation to AAHC $ _____
Amount paid for registration fee(s) $ _____
Non-refundable registration fee is $20.00 per person.
Please send registration and check to: African American Health Coalition, Inc. 2800 N. Vancouver Ave. Suite 100 Portland, OR 97227 ph: 503-413-1850
*To pay by credit card go to www.aahc-portland.org

Waiver & Release: I know that participating in a running or walking event, regardless of the distance, includes an element of risk. I understand that I should not enter and participate in the 9th Annual Health Walk (hereinafter "this event") on August 20, 2011, unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to complete this event safely, and I further agree that event officials may authorize necessary emergency treatment for me. I also understand that, although police may be present, both vehicle traffic and spectators who may be present along the course and I assume the risks of participating under such conditions. I further assume any and all other risks associated with participating in this event, including but not limited to illness, traveling to and from the event, falls, contact with spectators or other participants, and the surface conditions of the roads and sidewalks, all such risks being understood and appreciated by me. Having read this waiver and knowing these facts, and in consideration of the acceptance of my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge all subsidiaries, affiliates, assigns, representatives and successors of the foregoing, African American Health Coalition, Inc., officials, volunteers and any and all claims or liability of any kind or nature whatsoever arising out of my participation in this event. I also understand and agree that any sponsor may subsequently use, for publicity or promotional purposes, my name or pictures of me participating in this event without liability or obligation to me.
Entries cannot be accepted without a valid signature. Entries from minors will only be accepted with a parent or legal guardian's signature.

Signature of Participant Date

Signature of Parent or Legal Guardian (For Participants Under Age 18) Date