

HEALTH

Japan Disaster Perspectives

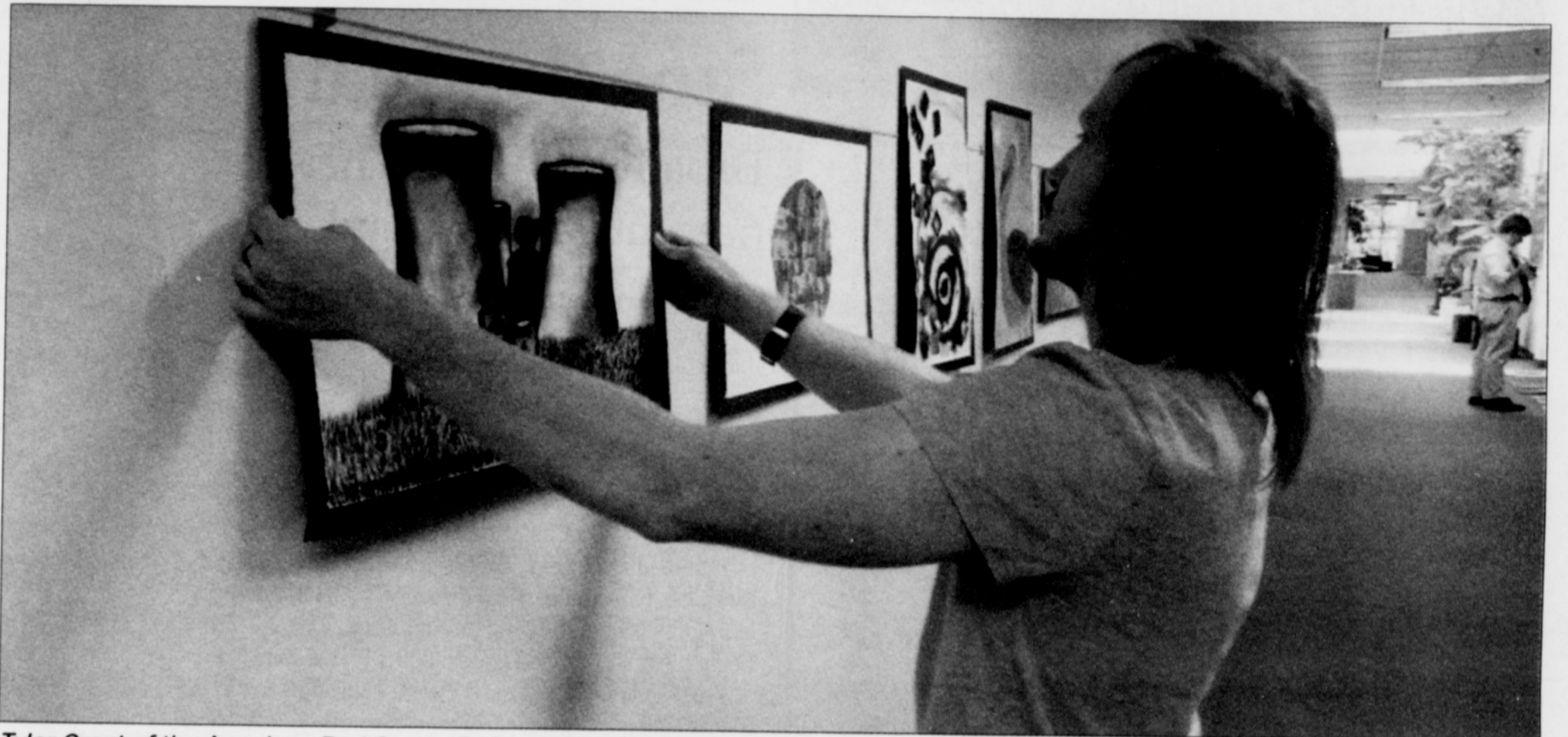
Red Cross Hosts Student Art Exhibit

Throughout history, artists have used their talents to portray and record the hardships of natural and manmade disasters.

In collaboration with junior and senior art students from Lake Oswego High School, the Oregon Trail Chapter of the American Red Cross has assembled "The Art of Disaster: Views on the Japanese Earthquakes," an exhibit of 27 mixed media pieces that depict a variety of perspectives on the March 2011 Japan earthquake and tsunami.

"This is a wonderful opportunity to experience the work of a new generation of artists," said Tyler Grant, Red Cross coordinator of the exhibit. "Each thought-provoking piece tells a story of the Japan earthquake and the events surrounding it in a new and creative way."

The show will run through the



Tyler Grant of the American Red Cross, 3131 N. Vancouver Ave., hangs student art influenced by the Japan earthquake.

summer and is open to the public, free of charge. It can be viewed on the second floor of the Red Cross building, 3131 N. Vancouver Ave., during regular business hours.



A wet spring created plenty of habitat for mosquitoes.

Don't Let Mosquitoes Make a Meal of You!

As summer arrives, mosquitoes are announcing themselves. A wet spring created plenty of mosquito habitat.

Avoiding mosquito bites and removing containers of standing water and other items that can become habitat for breeding mosquitoes is your best defense against West Nile Virus, a potentially deadly disease carried by mosquitoes.


Multnomah County health officials say the best way to reduce the mosquito population is to drain sources of standing water such as old tires, flower pots, wheelbarrows and other containers.

Other tips call for changing the


water in bird baths, ponds, wading pools and pet and animal troughs twice a week; repairing leaking faucets and sprinklers; cleaning clogged gutters; and covering trash containers so they don't accumulate water.

To avoid mosquito bites, use mosquito repellent when you are outdoors; install or repair screens on windows and doors; consider staying indoors at dawn, dusk, and early evening when mosquitoes are most active; wear long-sleeved shirts, long pants, shoes and socks and hats outside; and place mosquito netting over infant carriers when outdoors.

Does your child have health care?



Healthy Kids can help!



HEALTHY KIDS PROVIDES:

- ✓ Health care for children 18 and younger.
- ✓ Free or low-cost health care based on income.
- ✓ Coverage, even for children with a medical condition.
- ✓ Medical, dental and vision care; regular checkups; preventive care; prescription drugs; mental health and chemical dependency services; and medical equipment and supplies.

AAHC is providing application and enrollment assistance for Oregon Healthy Kids

Step One → Come into our office to set your appointment to meet with an enrollment specialist

Step Two → Receive free discount Rx card; one per household

ONCE APPROVED: you will receive help with the next steps to access services.

If Needed: Saturday and evening appointment hours are available to working parents (limited appointment slots available)

For more information: African American Health Coalition, Inc.
 Call 503-413 1850 M-F 8:30AM-5:00PM
 Email Edith Forhan edith@aahc-portland.org
 Or visit: 2800 N Vancouver Suite 100 Portland, OR 97227

