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'City of Roses' 

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Committed to Cultural Diversity

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Healthy Food Advocates

Community-run corner market sets example

BY CARI HACHMANN
THE PORTLAND OBSERVER

Dried seaweed and corn-free, gluten-free chips-- two items found at few junk-food filled corner markets, are examples of the more healthy food choices offered at the recently opened Village Market in the New Columbia neighborhood.

The community-run "wellness center" is the first-of-its-kind in north Portland -- A corner market turned holistic grocery store, featuring healthy foods aimed at curbing the onset of 5 chronic diseases: heart disease, obesity, cancer, stroke, and diabetes.

"We are trying to educate the community that there's alternative food out there," said Michelle Hanna, store manager and project contributor. "We created a safe haven that would appease everybody, especially those facing chronic diseases."

Located on the corner of North Trenton and Newman, the Village Market replaced a financially unstable corner market that like most,

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Candice Murphy is happy to mark down prices upon a few customers' request that some items were too expensive. The Village Market in the New Columbia neighborhood of north Portland offers easy access to fresh quality produce, healthy food alternatives, nutritional classes and overall wellness programs.

PHOTO BY
CARI HACHMANN/
THE PORTLAND
OBSERVER

Farmers Markets Break Healthy Food Barriers

King, Buckman markets boost food stamps value

BY MINDY COOPER
THE PORTLAND OBSERVER

Two local organizations have partnered with Portland Farmer's Market to reduce barriers and increase access to healthy and fresh food for low-income families.

At the Buckman and King markets, recipients of Supplemental Nutrition Assistance Program, formerly known as food stamps, are offered a dollar-for-dollar

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The King Farmers Market information desk has equipment to accept payments from the Supplemental Nutrition Assistance Program, formerly known as food stamps. The outreach to disadvantaged populations meets a goal to make the northeast market accessible to everyone in the community.