

# FOOD



## Sautéed Garlic Asparagus

A simple but tasty twist to regular old Asparagus.

### Ingredients

- 3 tablespoons butter or margarine
- 1 bunch fresh asparagus
- 3 cloves garlic, chopped

### Directions

1. Melt the butter or margarine in a large skillet over medium-high heat.
2. Add the garlic and asparagus spears; cover and cook for 10 minutes, stirring occasionally, or until asparagus is tender.
3. If you like your asparagus well done, reduce heat and cook an additional 10 minutes.



## Grilled Marinated Shrimp

This makes the best shrimp! Remove from skewers and serve on a bed of pasta with sauce for a great meal.

### Ingredients

- 1 cup olive oil
- 1/4 cup chopped fresh parsley
- 1 lemon, juiced
- 2 tablespoons hot pepper sauce
- 3 cloves garlic, minced
- 1 tablespoon tomato paste
- 2 teaspoons dried oregano
- 1 teaspoon salt
- 1 teaspoon ground black pepper
- 2 pounds large shrimp, peeled and deveined with tails attached
- Skewers

### Directions

1. In a mixing bowl, mix together olive oil, parsley, lemon juice, hot sauce, garlic, tomato paste, oregano, salt, and black pepper. Reserve a small amount for basting later. Pour remaining marinade into a large resealable plastic bag with shrimp. Seal, and marinate in the refrigerator for 2 hours.
2. Preheat grill for medium-low heat. Thread shrimp onto skewers, piercing once near the tail and once near the head. Discard marinade.
3. Lightly oil grill grate. Cook shrimp for 5 minutes per side, or until opaque, basting frequently with reserved marinade.

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