

# EL OBSERVADOR

## Cultural Traditions at Milagro

Miracle Theatre Group invites the whole family to enjoy the Posada Milagro, to be celebrated Sunday, Dec. 12 between 1 p.m. and 5 p.m. at El Centro Milagro, 525 S.E. Stark St.

This community celebration filled with Latin American traditions reflects upon the journey of Mary and Joseph in their search for refuge and is day of fun for the whole family!

The afternoon's entertainment will also feature live music, dance presentations, arts and crafts workshops, bilingual storytelling for children under 5 years old, a piñata for all ages and, of course, traditional pan dulce (sweet bread) and tamales!

This year's celebration will once again feature two Spanish-language performances with a



unique recognition of the feast of the Virgen de Guadalupe, beginning at 2 p.m. and again at 4 p.m.

Admission to the event is free, but performances are limited to ticket-holders only. Free tickets will be distributed on a first-come, first-served basis at the theater beginning at 1 p.m. on Sunday Dec. 12.

Guests are encouraged to bring donations of canned food for the Oregon Food Bank.

For more information, visit [milagro.org](http://milagro.org) or call 503-236-7253.

◀ *Miracle Theatre Group presents a Christmas celebration with theatre, music, dance, and traditional foods for the whole family.*



Dr. Billy R. Flowers (above center) and his skilled staff are ready to help those in need.

### THE SPINA COLUMN™

An ongoing series of questions and answers about America's natural healing profession.

#### Part 32. Associated Pain

**Q:** Is my leg pain related to my recent back injury?

**A:** Sharp pain radiating from you back down one leg can be a result of a pinched nerve in the spine. Herniated discs and bone spurs are two of the most pinched nerve in the spine. Disc in the spine function like shock absorbers; and they can become damaged from an injury or normal use.

Your leg pain is likely related to a problem in your lumbar spine, although it is hard to pinpoint exactly what triggered your pain. You might have had a pre-existing condition made worse by a recent injury. The good news is this type

of pain often resolves on its own or with chiropractic treatment. If the pain lasts longer than a few weeks, or if you have noticeable weakness in your leg or foot, talk to a doctor about getting an MRI.

#### Flowers' Chiropractic Office

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## Citizenship for Youth Urged

### 'Dream Act' would apply to students

Homeland Security Secretary Janet Napolitano urged Congress Thursday to pass legislation allowing some foreign-born young people who were illegally brought to the U.S. as children to become legal residents.

The law would help Napolitano's department focus on deporting immigrants with criminal records, she said.

The Senate failed in September to pass what's known as the DREAM Act. The bill is in the pile of legislation awaiting action in the final days of the current Congress and it's unclear whether lawmakers will vote on it again before the year ends.

The bill applies to immigrants who arrived in the U.S. before 16, have been in the country at least five years and have a U.S. high school diploma or equivalent. It would let them become U.S. residents after they've spent two years in college or the military.

Napolitano said it doesn't make sense for her department to spend



Janet Napolitano

time and resources prosecuting young people who don't have criminal records and who didn't have a say in when they came to this country.

"What makes sense is to allow these young people a way to adjust their immigration status that is firm but fair," Napolitano told reporters during a White House-organized conference call. President Barack Obama also supports the bill