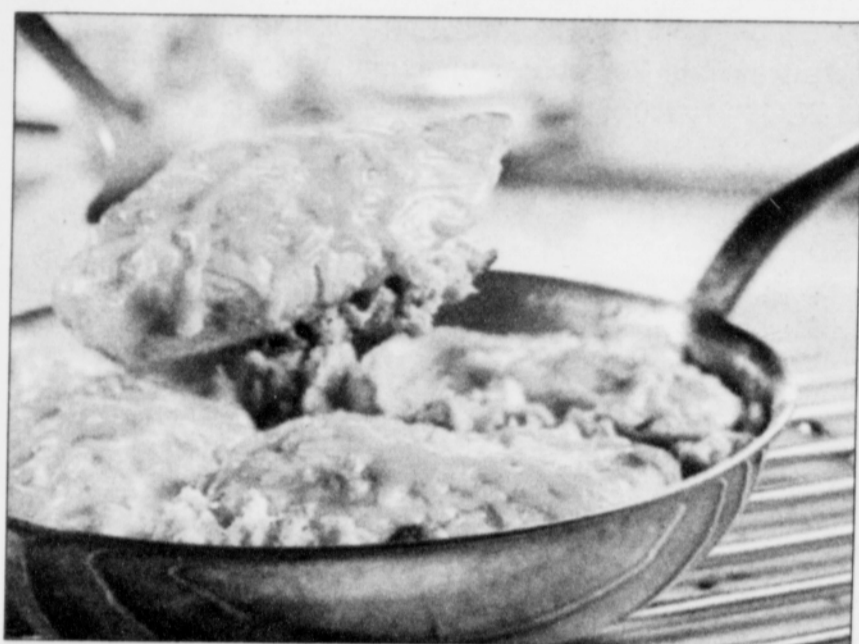


FOOD

Recipes by
Kitchendaily.com



Chicken and Stuffing Casserole

Ingredients:

- 1 tbsp. butter or 1 tbsp. margarine
- 4 skinless, boneless chicken breasts
- 1 box (6 oz.) Pepperidge Farm® One Step Stuffing

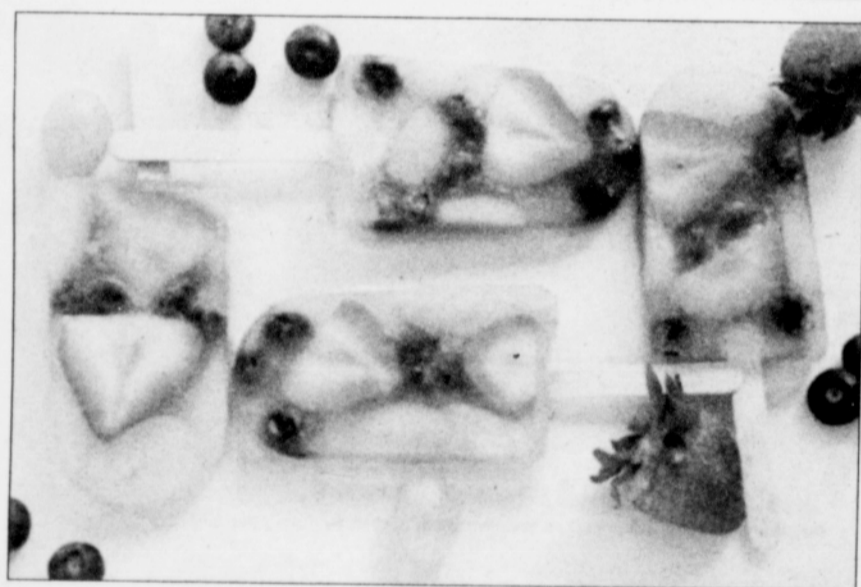
Chicken Mix:

- 1 can (10 3/4 oz.) Campbell's® Condensed Cream of Chicken Soup or 1 can Campbell's® Condensed 98% Fat Free Cream of Chicken Soup
- 1/2 cup milk
- 1/2 cup shredded Cheddar cheese

Directions:

1. HEAT butter in skillet. Add chicken and cook 12 to 15 min. or until done. Remove chicken.
2. PREPARE stuffing in skillet according to pkg. directions except let stand 2 min.
3. TOP with chicken. Mix soup and milk. Pour over chicken. Sprinkle with cheese. Cover and heat through.

TIP: *Delicious with Campbell's® Cream of Celery or Cream of Mushroom Soup.



Capri Sun Fruit Punch Pops

Ingredients:

- 1 cup seedless green grapes, halved lengthwise
- 1 cup strawberries, finely chopped
- 1 cup blueberries
- 2 6-ounce Capri Sun pouches or 1 1/2 cups fruit punch

Directions:

1. Gather these tools: cutting board, chef's knife, dry and wet measuring cups, mixing bowl, spoon, popsicle molds
2. Combine the fruit in a large mixing bowl. Spoon the mixture into 8 popsicle molds. Fill each mold with enough punch to reach the fill line. Add the popsicle stick and place in the freezer. Freeze for at least 4 hours up to overnight, or until the popsicles are frozen solid. Allow the molds to sit at room temperature for 5 minutes or place under warm running water for 10-20 seconds to remove popsicles.
3. Serve immediately.

Note: Use any juicy fruits you like: pineapple, kiwi, orange segments, stoned cherries, or chopped peaches.

SAFEWAY

Ingredients for life.®

Earn GAS REWARDS

Each time you spend* \$50 or more in a single transaction.

Only with your

RANCHER'S Reserve
TENDER BEEF

1.99
lb

Club Price

Rancher's Reserve® Boneless Beef London Broil
Extreme Value Pack. Or Roast. Or Boneless Beef Petite Sirloin Steak, \$2.99 lb. SAVE up to \$2.80 lb.

ENJOY with
RAVENS WOOD

See Weekly Ad

1.49
lb

Club Price

Pork Shoulder Country Style Ribs
Bone-in. Extreme Value Pack. Or Bone-in Shoulder Blade Roast. SAVE up to \$1.00 lb.

1.99
lb

Club Price

Eating Right® Boneless Skinless Chicken Breast or Thighs
SAVE up to \$1.50 lb. Or Tender or Thin Skirted. \$2.49 lb.

4.99
lb

Club Price

Fresh Whole or Half Coho Salmon
Weather permitting. SAVE up to \$2.00 lb.

2.99
ea

Club Price

20-lb. Bag Russet Potatoes
SAVE up to \$1.00 ea.

1.99
lb

Club Price

Imported Green Asparagus
SAVE up to \$3.00 lb.

10 for \$10

Club Price

Fresh Express Salads
9 to 12-oz. packages. Selected varieties. Club Price \$1.00 ea. SAVE up to \$1.90 on 10.

3.99

Club Price

Lucerne® Shredded or Chunk Cheese
32-oz. Medium Only. SAVE up to 50¢.

10 for \$10

Club Price

Campbell's Select Harvest Soup
18.6 to 18.8-oz. Selected varieties. Club Price \$1.00 ea. SAVE up to \$14.90 on 10.

3.99

Club Price

Crystal Geyser Water
35-pack, 16.9-oz. Plus deposit in Oregon. SAVE up to \$1.00.

1.77

Club Price

Eggo Frozen Breakfast
10.75 to 16-oz. SAVE up to 73¢.

5.99

Club Price

Cottonelle Bath Tissue, Viva or Thirsty Paper Towels
12 Roll Tissue or 6 or 8 Roll Towels. Selected varieties.

1.99

Club Price

General Mills Cheerios
8.9-oz. Or Lucky Charms 11.5-oz. Cereal. SAVE up to \$2.00.

BUY 2 GET 2 FREE
EQUAL OR LESSER VALUE

Club Price

12-Pack Pepsi Fridge Mate
12-oz. cans. Selected varieties. Plus deposit in Oregon. SAVE up to \$12.98 on 4.

PLUS GET A FREE

bag of Doritos® Tortilla Chips
11.5 to 13-oz. Selected varieties.

Thousands of EVERYDAY LOW PRICES PLUS Always great Club Card Specials

That's our promise... that's Ingredients for life.

SEPTEMBER 22 23 24 25 26 27 28 Prices on this page are effective Wednesday, September 22 thru Tuesday, September 28, 2010. ALL LIMITS ARE PER HOUSEHOLD, PER DAY. Selection varies by store.

Prices in this ad are effective 6 AM Wednesday, September 22 thru Tuesday, September 28, 2010 in all Safeway stores in Oregon (except Milton-Freewater) and S.W. Washington stores serving Wahkiakum, Clatsop, Clark, Skamania and Klickitat Counties. Items offered for sale are not available to other dealers or wholesalers. Sales of products containing ephedrine, pseudoephedrine or phenylpropanolamine, limited by law. Quantity rights reserved. SOME ADVERTISING ITEMS MAY NOT BE AVAILABLE IN ALL STORES. Some advertised prices may be even lower in some stores. On Buy One, Get One Free ("BOGO") offers, customer must purchase the first item to receive the second item free. BOGO offers are not 1/2 price sales. If only a single item purchased, the regular price applies. Manufacturers' coupons may be used on purchased items only — not on free items. Limit one coupon per purchased item. Customer will be responsible for tax and deposits as required by law on the purchased and free items. No liquor sales in excess of 52 gallons. No liquor sales for resale. Liquor sales at licensed Safeway stores only. © 2010 Safeway Inc. Availability of items may vary by store.

WE DELIVER GROCERIES to your Home or Office

Get FREE delivery on your 1st order! Go to Safeway.com today

3 DAY SALE

SATURDAY, SUNDAY & MONDAY ONLY!

Safeway SELECT® Extra Meaty Pork Back Ribs
Previously Frozen. SAVE up to \$1.00 lb.

2.99
lb

Club Price

Large Navel Oranges
9 to 12-oz. packages. Selected varieties. Club Price \$1.00 ea. SAVE up to \$1.00 ea.

99¢
ea

Club Price

Nabisco Ritz Crackers or Nilla Wafers
11 to 16-oz. Selected varieties. Limit 4. SAVE up to \$2.11.

1.88

Club Price

Signature Cafe Chicken Wings
2.5-oz. Bunches of 12. SAVE up to \$2.11.

6.99
ea

Club Price

30-Pack Natural Mt. Dew or 24-Pack Pabst
12-oz. cans. Selected varieties. Plus deposit in Oregon. SAVE up to \$1.00.

13.88

Club Price