

FOOD

Recipes by
myrecipes.com

Grilled Chocolate – Hazelnut Poundcake

Ingredients:

- 16 (1/2-inch) slices frozen pound cake
- 1/2 cup chocolate-hazelnut spread
- 2 tablespoons butter, softened



Preparation:

1. Spread 8 pound cake slices evenly with chocolate-hazelnut spread. Top with remaining pound cake slices. Spread both sides with butter.
2. Grill over medium-high heat (350° to 400°) for 30 seconds on each side or until toasted.

Peach Upsize down Cake

Ingredients:

- 3 cups thinly sliced peeled peaches (about 1 1/2 pounds)
- 1 tablespoon sugar
- 1 teaspoon cornstarch
- 1 teaspoon lemon juice
- Cooking spray
- 2/3 cup sugar
- 1/4 cup butter, softened
- 1 teaspoon vanilla extract
- 1 large egg
- 1 1/4 cups all-purpose flour
- 1 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1/8 teaspoon salt
- 3/4 cup low-fat buttermilk
- 2 teaspoons grated lemon rind
- 2 1/4 cups vanilla fat-free frozen yogurt
- 6 tablespoons fat-free caramel sundae syrup, warmed



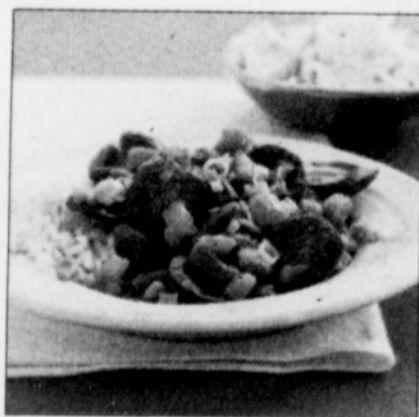
Preparation:

1. Preheat oven to 350°.
2. Combine the first 4 ingredients in a bowl. Spoon into a 9-inch round cake pan coated with cooking spray.
3. Place 2/3 cup sugar and next 4 ingredients (2/3 cup sugar through egg) in a large bowl; beat with a mixer at medium speed until well blended (for about 5 minutes). Lightly spoon flour into dry measuring cups; level with a knife.
4. Combine flour, baking powder, baking soda, and salt, stirring well with a whisk. Add the flour mixture to sugar mixture alternately with buttermilk, beginning and ending with flour mixture; mix after each addition.
5. Spoon batter over peach mixture in pan. Bake at 350° for 45 minutes or until a wooden pick inserted in center comes out clean. Cool for 10 minutes in pan on a wire rack.
6. Place a plate upside down on top of cake, and invert onto plate. Serve warm with frozen yogurt and the caramel syrup.

Slow Cooker Red Beans

Ingredients:

- 3 cups water
- 1 cup chopped onion
- 3/4 cup chopped celery
- 1 teaspoon dried thyme
- 1 teaspoon paprika
- 1/2 teaspoon black pepper
- 1 bay leaf
- 5 garlic cloves, minced
- 1/2 teaspoon salt
- 1 cup dried red kidney beans
- 1 cup chopped green bell pepper
- 3/4 teaspoon ground red pepper
- 1/2 (14-ounce) package turkey, pork, and beef smoked sausage, thinly sliced (such as Healthy Choice)
- 3 cups hot cooked long-grain rice
- 1/4 cup chopped green onions



Preparation:

Combine first 12 ingredients in an electric slow cooker. Cover with lid; cook on high heat for 5 hours. Discard bay leaf; stir in salt. Serve over rice; sprinkle servings evenly with green onions.

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