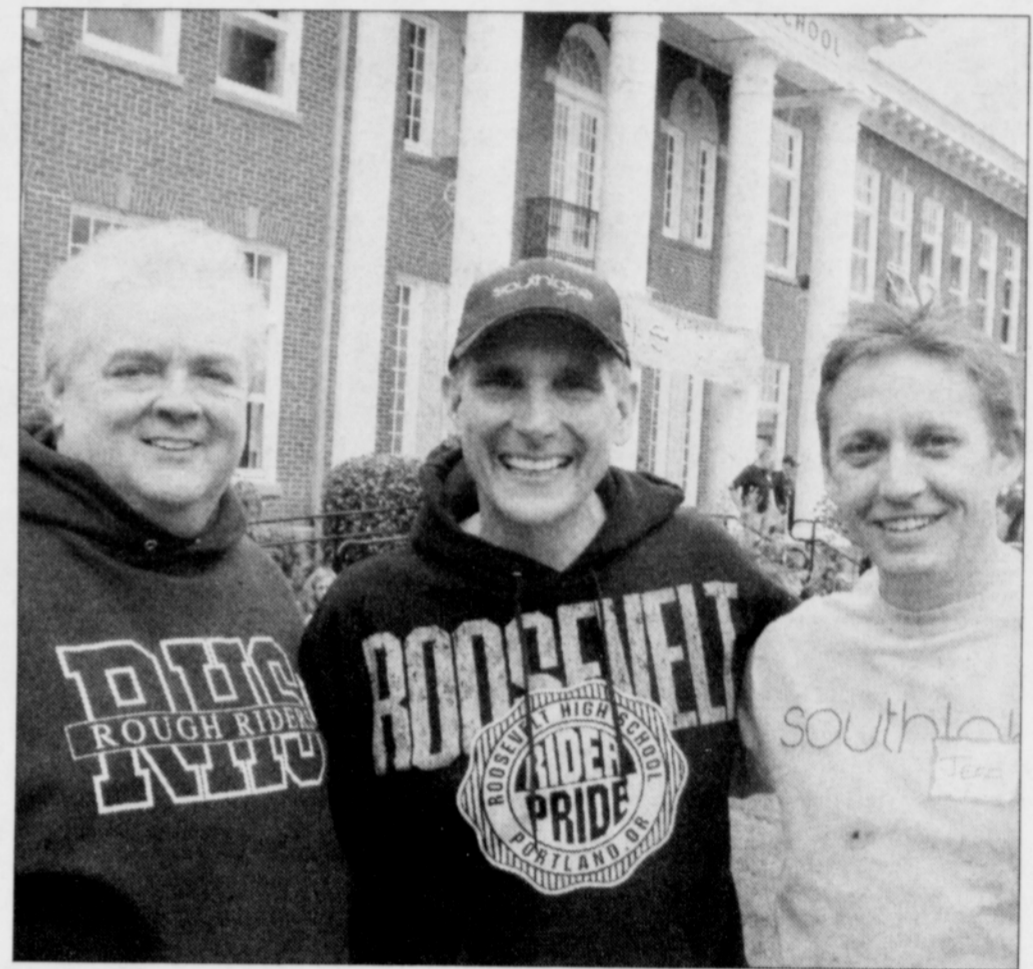


West Linn Church Gives Back



Southlake Church in West Linn, armed by hundreds of its church volunteers, spent Saturday using rakes, clippers, paintbrushes and other tools to clean up the grounds and spruce up the interior of Roosevelt High School. Pictured from left are Susie Perkins Tara Chasteen, Marybeth Lewis and Jim Lewis.

PHOTOS BY MARK WASHINGTON JR./THE PORTLAND OBSERVER
Roosevelt High School neighbor and booster Mike Verbout (from left) welcomes Southlake Pastor Kip Jacob and church organizer Jeff Perkins to the north Portland school Saturday for a major volunteer cleanup day.



Spirit Mountain executive Rodney Ferguson (center) receives a Newsmaker of the Year award from Royal Rosarians Raymond Hanson and Sue Klobertanz.

Spirit Mountain Executive Honored

Spirit Mountain Gaming Chief Executive officer Rodney E. Ferguson has been honored for his accomplishments and leadership in guiding the Spirit Mountain Casino and Resort to sustained growth with major additions to facilities and customer services.

Ferguson was named Newsmaker of the Year by the Royal Rosarians, Portland's official ambassadors and greeters. He was nominated for the award by the Portland Observer.

Ferguson is a long time executive in the gaming industry, with prior experience with Isleta Casino and Resort, Hyatt Gaming and Trump Casino Resorts.

Originally from Williamsburg, Va., he began his career in 1978 in Philadelphia, Pa., as an auditor for Coopers & Lybrand, an international CPA firm. In July 1983, he

entered the gaming industry in Atlantic City, N.J., and held various positions in financial management for Harrahs, the Golden Nugget and Trump Plaza prior to starting an accounting practice in 1991.

In 1994 Ferguson returned to gaming in New Orleans as chief financial officer for River City Casino. In 2003, he joined Isleta Casino & Resort in Albuquerque, N.M., where he helped transport a stand alone casino into a full service resort that included a 27-hole golf course, family entertainment center with a bowling alley, an RV park, lakes, music park and campground facility, as well as a recently opening a four-diamond level hotel and convention center which won the 2008 Hopsy Award for "Best Boutique Hotel" and "Best Hotel Lobby."



Dr. Billy R. Flowers (above center) and his skilled staff are ready to help those in need.

THE SPINA COLUMN™

An ongoing series of questions and answers about America's natural healing profession.

Part 7. CHILDREN & CHIROPRACTIC: Start off early in life for a lifetime of health

Q: When will my children be old enough to benefit from seeing a Chiropractor?

A: Children of Chiropractors often receive their first spinal adjustments the day they are born. Using special techniques for infants, Chiropractors are able to correct spinal misalignments caused by the traumatic and turning of childbirth. What's more, we're frequently able to alleviate infant problems like colic that often keeps both babies and parents up all night.

Q: I have a friend who takes her children to a Chiropractor even when they aren't sick. Why would

she do this?

A: Actually, there are more reasons for children to see a Chiropractor regularly than there are for adults. First of all, because of their activities in school and out, children naturally take more spills than an average adult. This is one of the most common reasons people bring their children to a Chiropractor. But the best reason of all is so that with

regular Chiropractic care, children can develop a nearly perfect spine. Not only to help them do better in school, but to gain increased strength, health and vitality throughout their adult lives. To find out all the ways Chiropractic can help your children experience a lifetime of good health, please call us at the number below.

Flowers' Chiropractic Office

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