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Young Patient Cheer Up

Brian Pintarelli is all smiles during a visit to his Doernbecher Children's Hospital room Friday by four sailors visiting Portland from the USS Sampson. The guided missile destroyer and the guided missile cruiser USS Bunker Hill were part of the Portland Rose Festival fleet.

Learning Skills to Save a Life

Red Cross can get you started

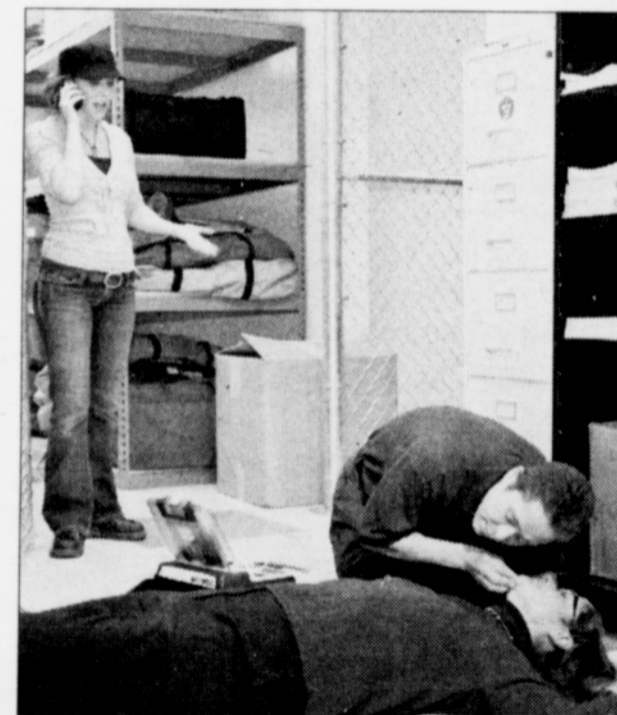
Learning cardiopulmonary resuscitation (CPR) and how to use an Automated External Defibrillator (AED) can quite possibly mean the difference between life and death for someone suffering from sudden cardiac arrest or other medical emergency.

The American Red Cross encourages everyone to learn these important skills that save lives.

Why should people care? Sudden cardiac arrest is the number one killer in the United States. It can occur suddenly and without warning to individuals of any age or gender.

Studies have shown that when a person receives prompt CPR, combined with the use of an AED, they stand a much better chance of survival.

In addition to offering regular classes for certification, the Red Cross is happy to offer businesses and organizations free informational presentations about the effectiveness of CPR & AEDs. They will also provide consultation on Oregon's new AED laws, Senate Bills 1006 & 1033, requiring AEDs in many public buildings. For more information about information about the Red Cross, call 503-585-5414.



A Red Cross simulation demonstrates the lifesaving techniques of CPR combined with an Automated External Defibrillator and a call to 911.

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Interracial Marriage Still Rising

(AP) -- Melting pot or racial divide? The growth of interracial marriages is slowing among U.S.-born Hispanics and Asians. Still, blacks are substantially more likely than before to marry whites.

The number of interracial marriages in the U.S. has risen 20 percent since 2000 to about 4.5 million, according to the latest census figures. While still growing, that number is a marked drop-off from the 65 percent increase between 1990 and 2000.

About 8 percent of U.S. marriages are mixed-race, up from 7 percent in

2000.

Broken down by race, about 40 percent of U.S.-born Asians now marry whites — a figure unchanged since 1980. Their likelihood of marrying foreign-born Asians, meanwhile, multiplied 3 times for men and 5 times for women, to roughly 20 percent.

Among U.S.-born Hispanics, marriages with whites increased modestly from roughly 30 percent to 38 percent over the past three decades. But when it came to marriages with foreign-born Hispanics, the share doubled — to 12.5 percent

for men, and 17.1 percent for women.

In contrast, blacks are now three times as likely to marry whites than in 1980. About 14.4 percent of black men and 6.5 percent of black women are currently in such mixed marriages, due to higher educational attainment, a more racially integrated military and a rising black middle class that provides more interaction with other races.

The figures come from previous censuses as well as the 2008 American Community Survey, which surveys 3 million households.