Public Services Career Day

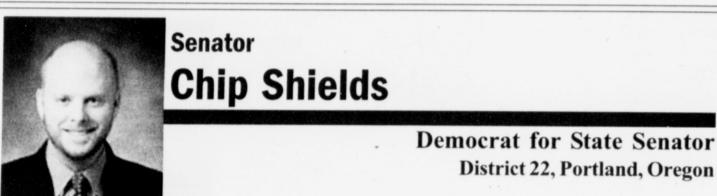
Before someone can be an "everyday hero" - such as a police officer, firefighter or paramedic – he or she must first learn the ropes. One of the best places to do so is the Public Services Education Building at Portland Community College's Cascade Campus.

The public will get a close-up view of what it takes to be a first responder during the building's annual Open House, set for 10 a.m. to 4 p.m. on Thursday, May 27, at the corner of North Killingsworth Street and Mississippi Avenue.

The event will feature information and demonstrations from the various programs

housed in the Public Services Education Building - Fire Protection Technology, Criminal Justice, Emergency Medical Services, Emergency Management and Emergency Telecommunicator 9-1-1.

The centerpiece of the day's events will be two mock vehicle rescues, scheduled for 11 a.m. and 2 p.m., in which students from several programs will collaborate to simulate a drunk driving accident. Visitors will also have the chance to tour a mock crime scene, check out the building's emergency vehicle bays and see the training center where students learn to be 9-1-1 operators



Come learn about your rights to keep your N/NE neighborhood free from polluters

PORTLAND, Ore. - Around the country, minority and low-income communities have been overexposed to toxic dump sites, contaminated air from congested traffic and other health hazards from industrial carelessness. Did you know you have a right to hold polluters accountable for the chronic health problems affecting your community?

Early next month, representatives from the Oregon Department of Justice (DOJ) and Department of Environmental Quality (DEQ) will listen to and address environmental concerns in North and Northeast Portland. This community forum is sponsored by Sen. Chip Shields, and graciously hosted by the North Portland Chairs Network, a monthly meeting of the chairs of North Portland neighborhood associations. The details are:

Date: Monday, June 7, 2010 Time: 7 – 8 PM

Dear Deanna!

My marriage is in shambles because my husband is a slob. I'm stressed because I find myself cleaning the house 3 or 4 times a day and I never know what I'll get when I walk in the door. We argue about this on a regular basis because he refuses to change. Once, I didn't clean and his dirty underwear stayed in the same spot for a week. His hygiene is bad as well and we're not intimate. How can I get him to choose his marriage before it's too late and I leave him? -- Joyce; Dallas, Texas

Dear Joyce:

It's amazing you were so in love For the first time in my life, I am with Pig Pen that you didn't smell bage and keep it moving.

Dear Deanna!

My mother is being taken advan- Dear Maria: tage of by her best friend. My You're a star struck groupie in mother is retired has plenty of this relationship. As soon as he money saved up and she's enjoy- gets tired, he'll drop you like a ing the finer things in life. Her best hot coal and move on to another friend is a moocher and makes woman. If he sincerely cared my mom pay for everything. My there wouldn't be any feelings mother is lonely and doesn't have of disrespect, ridicule or oneany friends so she thinks nothing sided criticism. You need to of it. This woman is going through take the risk and tell him how her money left and right and I you feel and that you won't know she's going to look up and tolerate his treatment. If he's

Ask Deanna! **Real People**. **Real Advice** An advice olumn known for reality

based subjects! finances wisely. You're on the outside looking in and have no idea of their friendship. You can calm down and chill and let you mom and her girlfriend do their thing and feel secure knowing that if she needs you, she'll let

Dear Deanna!

you know.

happy with a man I feel is my or see any of this coming. You soul mate. He is everything I need to realize he has always been imagined and I can even live a slob, this is who you married with his flaws and shortcomand he's comfortable. The next ings. I love him dearly but he is time you clean, toss everything in overly critical and is very hard the garbage including clothes, on me. When I make mistakes personal items and dishes and let he treats me like a child. He him know that you're tired and talks about my hair, my makehave a new cleaning method. up and the way I eat. He is a Make it clear that from this point great guy and I know he means forward everything out of place well. How do I let him know has a new place called the gar- how this makes me feel without jeopardizing the relationship? --Maria; Charleston, S.C.

one day be broke. How do I get willing to heed your advice out to be a pig then realize he doesn't give a damn and keep it moving.

Where: 8105 N Brandon, Kenton Historic Firehouse

A representative from DEQ will briefly present information on how businesses and industries are permitted to operate in the state, as well as discuss what kind of oversight and follow-up the agency does with businesses that violate their permits. DOJ will outline how that state agency investigates and prosecutes criminal polluters. Most of the forum will then discuss practical steps that ordinary residents can take to make sure environmental concerns are being reported and dealt with. The last 20 minutes of the forum is reserved for a question-and-answer period.

through to her? -- Concerned that's a good thing. If he turns Daughter; Oklahoma City

Dear Daughter:

Your mother is enjoying life and her friend. Before you place judgment or get in the middle of things ask your mom if she's preparing for a rainy day. If she is, you can rest assured that she knows what Beverly Hills, CA 90211. Website: she's doing and is planning her www.askdeanna.com

Ask Deanna is written by Deanna M. Write Ask Deanna! at the email askdeanna1@yahoo.com or 264 S. LaCienega Blvd. Suite 1283

Be safe Stay off the tracks

TriMet and MAX Operator James W. want you to travel safely.

TRIGMET

