



Best Friends' New Owner

Grant High School graduate LaSweet Betha has taken over ownership of Best Friends, the full service pet grooming and self-serve pet wash at 2148 N. Killingsworth. Betha offers special services for seniors and physically challenged customers, and coupons for pet supplies. For information, call 503-283-0327.

PHOTO BY TRACY STADAMIRE

Clergy Tackle Health Issues

Faith-based breakfast coming

Ecumenical Ministries of Oregon will host its first "Clergy Wellness and Health Equity Breakfast" at Maranatha Church at 4222 N.E. 12th Ave. on Thursday, May 20, from 7:30 a.m. to 9:30 a.m.

The free event will provide inspiration and practical resources for faith leaders interested in health ministry, health equity issues and a faith-based approach to chronic disease prevention.

The Rev. Dr. T. Allen Bethel, senior pastor at Maranatha Church and president of the Albina Ministerial Alliance, will provide opening words for the gathering, followed by a speaker from the Multnomah County Health Department who will talk about health disparities, how environments impact our health, and effective ways to make healthy changes in the congregational setting.

EMO staff and other community partners will share faith-based re-

sources to sustain healthy choices among churches, such as implementing nutrition guidelines for congregational meetings and fellowship time, displaying nutrition information next to food options, making physical activity a regular part of religious education or social time, creating raised-bed gardens on church properties, and installing bike racks.

There is no charge for the clergy breakfast, however pre-registration is requested by sending an RSVP to ksharinghouses@emoregon.org or calling 503-221-1054.

EMMANUEL
Church of God in
Christ United
4800 NE 30th Ave. Port-
land OR 97211
503-335-8772

You are cordially invited to worship with us in these services:

Sunday Service

Sunday School 10:00 A.M.
Y.P.C.E. 6:30 P.M.

Weekday Service

Tuesday Night: Bible Study 7:00 P.M.
Friday Night: Regular Service 7:30 P.M.
Prayer Meeting & Seminar: Monday - Friday 12:00



*Pastor & Wife -
Bishop & Mrs. A.L. Wright*

Worship Service 12:00 Noon
Evangelistic Service 7:00 P.M.



Do I need a counselor?

We all have life stressors, especially in today's complex world. Balancing your home, work, and spiritual life can be overwhelming.

Internal coping skills can get us through a crisis or change; however, we may not have the resources to overcome in the most effective way.

Deciding if counseling is right for you can be a tough decision. It may initially feel like admitting failure.

Actually choosing counseling can be the key to making you and your family's dreams a reality. Counseling is like adding tools to your toolbox. We can help you find better ways to overcome life's problems.

Services include:

- Counseling Center Design and Development
- Finding Solutions to Life's Problems
- Substance Abuse Education
- Stress Management
- Grief Counseling
- Phobias
- Post Traumatic Stress Disorder
- Healing from Past Hurts

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28th Annual Women's Day Celebration

May 22 & 23, 2010

Our Theme: "What Happens When Women Say Yes To God" Romans 12:1,2

Saturday, May 22, 2010 -- Women's Day Brunch -- 11:30 PM to 2:00 PM
Water Resource Education Center, 4600 SE Columbia Way - Vancouver, WA

TICKETS: \$15.00 per person

Call 360-828-5512 or 360-693-4566 for info / tickets

Sunday, May 23, 2010

Celebration Services

Community A. M. E. Zion Church
3605 East 13th Street - Vancouver, WA

11:00 AM Worship Service

Guest Speaker: Elder Beverly Eubanks, Pastor
Grace Covenant Fellowship Church -- Portland, OR

4:00 PM Celebration Service

Keynote Speaker:

Rev. Dr. Beverly Beeler-Petty, Pastor
Risen Faith Fellowship Church - Olympia, WA

(BIO): Reverend Dr. Charlotte Lee Beeler-Petty founded Risen Faith Fellowship Church in 1989. She is an ordained minister with the Pentecostal Assemblies of the World, Inc. and serves as District Elder with Bishop Curtis E. Montgomery, Diocesan of the Pacific Northwest District Council. She is Lay Director of the Western Region of the Pentecostal Assemblies of the World, Inc. She received her BA in Christian Education - Seattle Pacific University; MA in Counseling &



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We are located on the corner of MLK and Russell Street, on the second floor above the coffee shop.

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