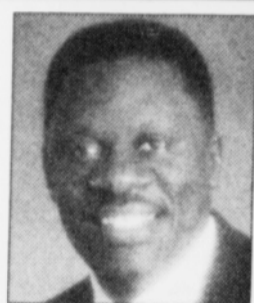


# Arts & ENTERTAINMENT



Dr. Billy R. Flowers

## THE SPINA COLUMN™

An ongoing series of questions and answers about America's natural healing profession.

### Part 26 KIDS AND CHIROPRACTIC As the twigs is bent so grows the tree

**Q:** I have recently noticed my son has one shoulder higher than the other. Could this be a sign of a problem in his spine?

**A:** Good thinking, mom! It surely could. In fact having one shoulder higher than the other is a cardinal sign of curvature of the spine. According to Chiropractic research, the earlier a curvature is caught, the higher the potential for success. To be certain about health of your child, call our office today for a professional spinal evaluation. Spines (big or small) are our specialty.

**Q:** I have been told that my child needs an operation for a curvature in her spine. Is there an alternative?

**A:** You most definitely should have a thorough Chiropractic checkup on your child immediately. Spinal surgery gets. All conservative efforts at handling your child's problem should be considered before consenting to sur-

gery. Our office is highly trained and skilled at handling problems like that of your child's. Don't be fooled by the thought of "watching the condition" either. Without proper assistance it won't go away. Offer your children the best in health care. Give them regular Chiropractic check-ups. As the twig is bent so grows the tree!

#### Flowers' Chiropractic Office

2124 N.E. Hancock Street, Portland Oregon 97212

Phone: (503) 287-5504

### Advancing The Kingdom Weekend March 5th & 7th, 2010



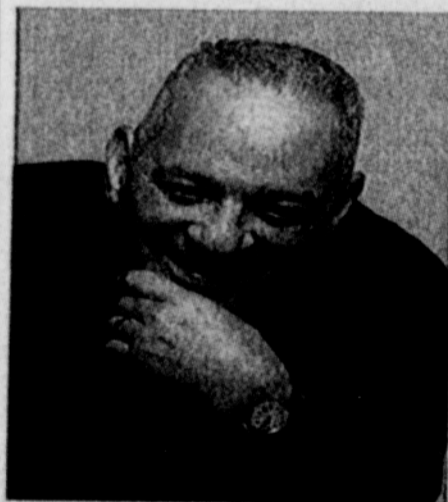
**ALL ARE WELCOME TO JOIN US FOR A GREAT NIGHT OF ANOINTED PREACHING AND PRAISE**

**Friday, March 5, 2010**

7:00 p.m. Service

Guest Speaker:

Rev. Dr. Darnell Thomas and choir  
Showers of Blessings Church of God in Christ  
Sacramento, CA



**ALL ARE WELCOME TO THIS SPECIAL SUNDAY MORNING SERVICE COME AND BE BLESSED**

**Sunday, March 7, 2010**

11:15 a.m. Service

Guest Speaker:

Rev. Dr. Jeremiah A. Wright, Jr.—Pastor Emeritus  
Trinity United Church of Christ  
Chicago, IL

**HOST CHURCH**  
**Highland Christian Center**  
Rev. Dr. W.G. Hardy, Jr.—Senior Pastor  
7600 NE Glisan ST  
Portland, OR 97213  
www.HCCLive.com  
503.287.9567



### ENTERTAINMENT GUIDE

**Films Honor Black History** -- Twenty-two feature and documentary films from every region of the African continent are now playing as part of the Cascade Festival of African Films. The series runs through Saturday, March 6 at the Portland Community College Cascade Campus and other locations. For a detailed schedule, visit [africanfilmfestival.org](http://africanfilmfestival.org).



**The Wizard of Oz** -- Roosevelt's Opening Act Theatre Co. presents "The Wizard of Oz," with a dress as your favorite character show on Friday, March 5, and a sing along night on Saturday, March 6. Both shows at the Roosevelt auditorium, 6941 N. Central St., begin at 7 p.m. Regular performances are also scheduled at 7 pm. on March 11, 12 and 13 along with a 2 p.m. matinee on March 13.

**Antique & Collectible Show** -- Saturday, March 6 and Sunday, March 7 at the Expo Center. Vendors from all over the U.S. and patrons will find an amazing assortment of treasures in the hundreds of booths and displays.



**Nightmare at the Office** -- The office can be a nightmare in the Portland Center Stage production of "The Receptionist," a comic exploration of the horrors beneath the surface of the most boring office routines. Now playing through March 21.

**Mel Brown Live** -- Portland jazz giant Mel Brown performs at Salty's on the Columbia every Friday and Saturday night. Known as the "Gentleman of Jazz," Brown has a career spanning over 40 years.

**Mexican Battle of the Sexes** -- The spirit of Mexico's most famous revolutionary rides again in the romantic comedy "Between Pancho Villa and a Naked Women," now playing through Saturday, March 6 at Miracle Theatre, 525 S.E. Stark St. Presented in English with Spanish supertitles.



**Live Jazz** -- Every Friday and Saturday from 8 p.m. to 11 p.m., the Third Degrees Lounge at the River Place Hotel, 1510 S.W. Harbor Way. No cover or minimum purchase. For more information, visit [pdxjazz.com](http://pdxjazz.com).

**Spy vs. Spy** **Intrigue** -- A dream world of mistaken identities and danger around ever turn mark Alfred Hitchcock's "The 39 Steps," now playing at the Gerding Theater at the Armory through March 21.



**Predators of the Serengeti** -- Come hear the roar as the Oregon Zoo shows off its newest and most ambitious exhibit with three African lions and other animals that are home to the Serengeti.

**Samson the T. Rex** -- A magnificent -foot-long Tyrannosaurus rex skeleton, one of the most fearsome carnivores ever to walk the face of the earth is on display at OMSI. The 66-million-year-old fossil known as Samson is one of the most complete Tyrannosaurus rex specimens in existence.

**Music Millennium Free Shows** -- The Music Millennium, 3158 E. Burnside, hosts in-house live performances. Enjoy free music and the opportunity to meet artists. Call 503-231-8926 for a schedule.

**OMSI After Dark** -- OMSI After Dark is a night at the museum for the 21 and over crowd filled with food, drink and science fun; \$10 fee. For more information, call 503-797-4000 or visit [omsi.edu](http://omsi.edu).

**Food and Entertainment** -- Sliders Grill, 3011 N. Lombard, features an eclectic assortment of performers on the main stage, accompanied by delicious food. Call 5459-4488 for more information.