

Worst Day Bike Ride

Annual event falls on Valentine's Day

On Sunday, Feb. 14, around 3,500 bundled-up cyclists will depart from the Lucky Lab, 915 S.E. Hawthorne, on the Worst Day of the Year Ride, an 18-mile odyssey around Portland that benefits the non-profit Community Cycling Center.

The 9th annual bicycle ride, rain or shine, features belly-warming drinks along the course, and a finish line feast of fresh soups and bread from Laughing Planet Cafe.

Highlights for this year's event will include a Valentine's Day theme, prizes for costumes and an optional 40-mile challenge course to Hillsboro.

It has never rained on the Worst Day of the Year Ride, except for the last mile of the ride in 2007. In fact, the weather has always been warm, sunny and pleasant!



Cyclists gather to promote Portland's annual Worst Day of the Year Ride, an 18-mile odyssey around Portland that falls this year on Valentine's Day, Sunday, Feb. 14.

But the day is scheduled annually to fall around the time of Oregon's worst weather ever recorded.

Visit WorstDayRide.com or sign up on the day of the event. The cost varies from \$10-50. See the website for details.

Arts & ENTERTAINMENT

Weekend Concerts for Haiti

A concert series this weekend to support Medical Teams International's work in Haiti will feature Michael Allen Harrison, one of Portland's most admired and compassionate performers; soulful singer Julianne Johnson; and violinist Tanner Johnson.

The "Share the Love" for Haiti performances will take place at the Old Church, 1422 S.W. 11th Ave., on Friday, Feb. 12 at 8 p.m.; Saturday, Feb. 13 at 5 p.m. and 8 p.m.; and Sunday, Feb. 14 at 3 p.m.

For ticket information, please visit the website, michaelallenharrison.com or call 503-255-0747.

To make an immediate gift to Medical Teams International, go to medicalteams.org, call 1-800-959-HEAL, or send your contribution to: P.O. Box 10, Portland, OR 97207-0010. People can also text "HOPE" to 253-83 to give an automatic \$10.



Michael Allen Harrison



Julianne Johnson

Un-Valentine's Night Out

Stumptown Stages presents a cabaret show of great Portland singers and performers who promise to take a bite out of cupid's arrow with an evening of Down with Love Songs. Thursday, Feb. 11, 7 p.m. to 9 p.m., Wilfs Restaurant and Piano Bar, Union Station, 800 N.W. Sixth Ave.

Films Honor Black History -- Twenty-two feature and documentary films from every region of the African continent are now playing as part of the Cascade Festival of African Films. The series runs through March 6 at the Portland Community College Cascade Campus and other locations. For a detailed schedule, visit africanfilmfestival.org.

Bleeding Hearts Dance -- A pre Valentine's Day Bleeding Hearts Dance to benefit Haiti earthquake victims, will take place Saturday night, Feb. 13 at Holocene, 1001 S.E. Morrison, with DJs E3 and the Incredible Kid. A percentage of the proceeds will go to Mercy Corps.

Oh What a Tangled Web -- Agatha Christie's "Spider's Web," is now showing through Feb. 21 at the Lakewood Theatre Company in Lake Oswego.

Yard, Garden & Patio Show -- Friday, Feb. 12 through Sunday, Feb. 14 at the Oregon Convention Center. Show brings seven grand garden displays, many garden vignettes and hundred of exhibitors.



Tall Tale and Japanese Culture

Tears of Joy Theatre presents "Little One Inch," a very tall tale about a very small boy who sets out to save Japan from an evil Ogre. Performances continue through Sunday, Feb. 14 at Dolores Winningstad Theatre, 1111 S.W. Broadway.

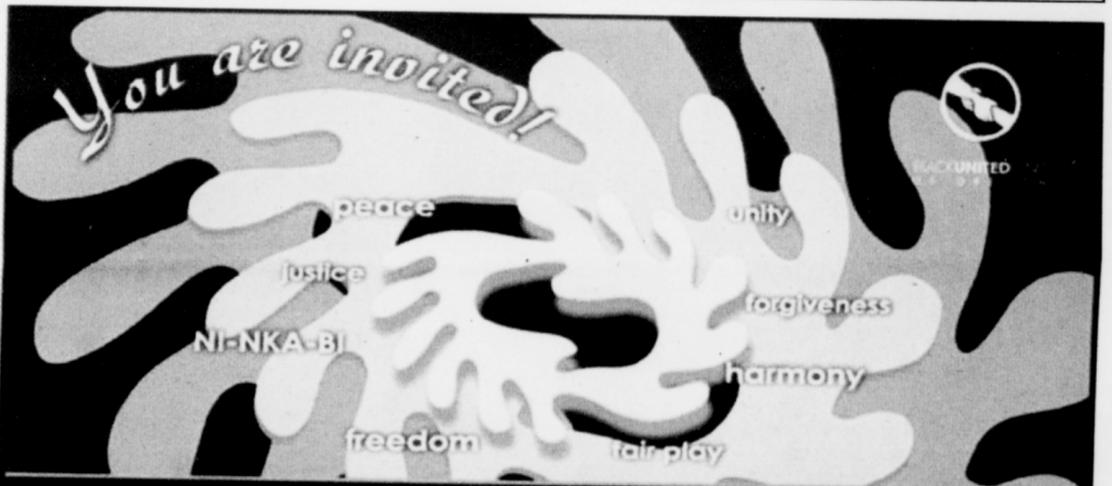
Mel Brown Live -- Portland jazz giant Mel Brown performs at Salty's on the Columbia every Friday and Saturday night. Known as the "Gentleman of Jazz," Brown has a career spanning over 40 years.

Normal Sylvester -- The Normal Sylvester Band plays Friday, Feb. 19 at Halibut's; Friday, Feb. 26 at Clyde's; and Saturday, Feb. 27 at the Tillicum in Beaverton.

Live Jazz -- Every Friday and Saturday from 8 p.m. to 11 p.m., the Third Degrees Lounge at the River Place Hotel, 1510 S.W. Harbor Way. No cover or minimum purchase. For more information, visit pdxjazz.com.

Giggle, Giggle, Quack! -- Bubble-bathing pigs, pizza-eating chickens and cows at the movies highlight this barn-raising Oregon Children's Theatre "moosical." Saturday shows continue through Feb. 21. Fortickets, call 503-228-9571.

Food Bank Mardi Gras Benefit -- Enjoy food, music and a fun time designing a Mardi mask during a Fat Tuesday Good Samaritan Food Bank benefit pancake dinner at Peace Lutheran Church, 2201 N. Rosa Parks Way. Tuesday, Feb. 16, from 5:30 p.m. to 8 p.m.



Black United Fund of Oregon's

13th annual community banquet February 17, 2010

Proceeds go towards scholarships for African-American High School Seniors and non-profit organizations serving Oregon's low-income communities.

Wednesday, February 17, 2010

6:00pm Reception & Silent Auction - 7:00pm Dinner

The Governor Hotel, Heritage Ballroom

614 SW 11th and Alder, Portland, OR 97205

\$85.00 per person / \$850.00 per table of ten

Attire - Semi-Formal or Professional

Come ready to experience performances from Black United Fund Grant Recipients and Partners!

RSVP by Friday, February 12, 2010.

Visit us online to purchase your tickets or sponsor the banquet at www.bufor.org or RSVP to Xochilth Franklin at xfranklin@bufor.org, or (503) 282-7973

Thank you for your support and contributions.

2010 Presenting Sponsor

