

♥ *The African American Men's Club, Inc* ♥

♥ *Annual* ♥

### Valentine Dinner Dance

Saturday, February 13, 2010  
Elk's Lodge  
6 North Tillamook St.  
Portland, Oregon

9 PM - 1 AM  
Good Music ♥ 50/50 Split Raffle ♥ Fun for All

After Five Attire

Tickets: \$15.00 - available at:  
AAMC Club Members Elks Lodge 503-284-4853  
Cannon's Rib Express 503-288-3836  
One Stop Music, Inc 503-284-8103  
Geneva's Shear perfection 503-285-1159  
James and Johnnie Mae Mayfield (Vancouver) 360-576-8519

Music By DJ Papa Chuck

Proceeds to benefit the AAMC Scholarship Program  
The African American Men's Club is a non-profit organization



# Arts & ENTERTAINMENT



PHOTO BY OWEN CAREY

A frazzled farmer Brown decides he desperately needs a vacation in *Giggle, Giggle, Quack: A Musical* playing at the Oregon Children's Theatre.

## Giggle, Giggle, Quack: A Musical

With a frazzled farmer Brown deciding he desperately needs a vacation, *Giggle, Giggle, Quack* is an Oregon Children's Theatre production that's picks up where the previous play, *Click, Clack, Moo: Cows That Type,*

leaves off. Bubble-bathing pigs, pizza-eating chickens, and cows at the movies highlight this barn-raising 'moosical.'

*Giggle, Giggle, Quack* will be shown on Saturdays at 2 p.m.

through Feb. 21 with some 5 p.m. shows.

Tickets start at \$13 and can be purchased by calling 503-228-9571. For more information, visit the Oregon Children's Theatre website at [octc.org](http://octc.org).

# PROTECT

**YOURSELF  
YOUR FAMILY  
YOUR COMMUNITY**

H1N1 flu is still in our community. Some folks suffer more from this virus than others. Nationally, Blacks are having serious complications in greater numbers than other groups. Vaccination is the best way to protect yourself and others from the flu. Get vaccinated against H1N1.

**IT'S EASY. IT'S FAST.  
GET YOUR H1N1  
FLU SHOT.**

Learn where to get your  
**FREE  
FLU SHOT**  
at [www.mchealth.org](http://www.mchealth.org)  
or call the vaccine info  
line at 503-988-4454



## Concert to Benefit Haiti

(AP) -- Sean "Diddy" Combs, Queen Latifah and Pharrell are set to host a two-hour concert and telethon to benefit Haiti on Friday, Feb. 5.

Wyclef Jean, Chris Brown and Lil Wayne will perform.

The concert is titled "SOS Saving OurSelves—Help for Haiti." It will be held at the American Airlines Arena in Miami and will air live on BET, MTV, VH1 and Centric at 8

p.m.' Proceeds will aid organizations including Yele Haiti, CARE, Project Medishare and Children's Safe Drinking Water.

Other performers at the BET concert include Mary J. Blige, Drake, Justin Bieber, Keri Hilson, Robin Thicke and Monica.



Sean Combs

## Film 'Unnatural Causes' Next in Series

A documentary on what makes us healthy or sick is behind a film coming to the North Portland Library, 512 N. Killingsworth St., on Tuesday, Feb. 9 at 5 p.m.

*Unnatural Causes* is the next monthly installment of the community wide Multicultural Film Festival in partnership with Jefferson High School. The film explores the glaring socio-economic and racial

inequities in health and searches for their causes.

The U.S. spends more on health care than any other industrialized nation. Yet our life expectancy ranks 30th in the world. Infant mortality? We're tied with Hungary, Poland and Slovakia for next to last among industrialized nations.

On average, poor Americans die eight years before rich Americans,

while middle-class Americans die almost three years sooner than rich Americans.

*Unnatural Causes* looks at what's making us sick and investigates startling new findings that suggest there is much more to poor health than bad habits, inadequate health care or unlucky genes.

The public is welcome and admission is free.

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