

Leadership In the Neighborhood

King and Obama: Gifted Speakers

Like Dr. Rev. Martin Luther King Jr. before him, President Barack Obama has become a national leader and role model not just for the African-American community, but for the nation as a whole. Both have been formidable orators and speakers. How do they compare to each other? We asked a variety of local community leaders:

Full Harvest Fellowship Ministries
A place To Belong A Place To Become
Presents Overseer Johnasen L. Pack

Bringing The Vision Alive
January 26th 2010
7:30pm



Pastor Gregory L. Thomas
Lead Servant



Founder
Bridge Builders
International Church
Full Harvest Fellowship
75 N.E. Wygant
Portland Oregon 97211
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"They both have a very comprehensive and effective use of language. Obama's is the younger version, but they are very, very similar."
-Joice Taylor, North-Northeast Business Association president

"Their styles are that of the preacher versus the politician. The preacher was practiced in rolling oratory that was rhythmic, almost like singing. The politician crafts words that sound sensible, analytic, reasonable and persuasive. You still get elements of both."
-Anjala Ehelebe, Woodlawn neighborhood historian and activist



"They're very similar. Both spoke to many of the same issues, concerns and aspirations."
-Paige Coleman, Northeast Coalition of Neighborhoods director

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Dr. Billy R. Flowers

THE SPINA COLUMN™

An ongoing series of questions and answers about America's natural healing profession.

Part 19. The Golden Years: Keeping in full swing throughout the autumn of life

Q: Back when I was younger, I loved playing golf. Now some-thing is always hurting so I don't dare play! Could you help?

A: It is so unfor-tunate that millions of our senior citizens have worked and saved and give to their Community only to find the "golden years" more "old" than "gold". Right at the height of their freedom, they often find it difficult to get

around, their old activities. Unfortunately, it is often thought that they must "learn to live with it" or be given yet another pain pill. Actually that may be anything but true. In our office we commonly see people in their seventies and eighties. And they love the spring

in their step and the twinkle in their eyes they get through Chiropractic. Why don't you get back in the swing of things again? Give us a call today. Isn't it time you stepped up to Chiropractic? Life's "golden years" truly can be golden once again!

Flowers' Chiropractic Office

2124 N.E. Hancock Street, Portland Oregon 97212

Phone: (503) 287-5504

Youth Focused MLK Celebration

The Albina Ministerial Alliance invites the community to join them in honoring one of most prolific leaders of our time, the great American hero, Dr. Martin Luther King Jr.

The alliance of African American churches from the Portland area will host a community wide celebration honoring the legacy of Dr. Martin Luther King Jr. on Sunday, Jan. 17 at 5 p.m. at

Maranatha Church, 4222 N.E. 12th Ave.

This youth focused program will highlight many youth performances of music, poetry, speakers, drama and featuring the talented Grant High School Gospel Choir.

This year's theme "The Dream that Changed a Nation" will address Dr. King's dream, his legacy and his impact today.