

FOOD

Holiday Baking
Recipes by christmas.com



Low Carb Chocolate Chip Cookies

Ingredients

- 1 cup butter, softened
- 1-1/2 cups Splenda or Maltitol Crystals
- 1-1/2 teaspoons dark molasses
- 2 large eggs
- 1 cup almond flour
- 1 cup vanilla whey protein powder
- 1/4 cup oat bran
- 1 teaspoon baking soda
- 1 teaspoon salt
- 12 ounces sugar free chocolate bar, chopped into small pieces
- 1 cup chopped walnuts or pecans

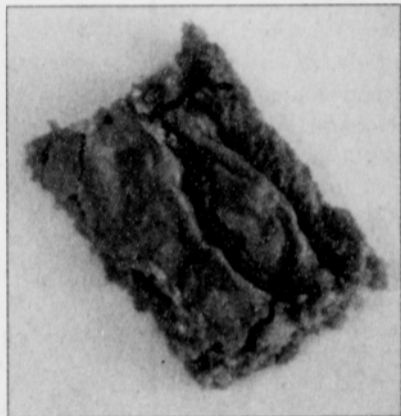
Directions

1. Preheat oven to 375°F. Line baking sheets with parchment paper or a non-stick baking mat.
2. Beat together butter, Splenda, and molasses until light and fluffy.
3. Add eggs, one at a time, and beat well after each addition.
4. In a separate bowl, stir together ground almonds, vanilla whey protein powder, oat bran, baking soda and salt.
5. Stir almond flour mixture into butter mixture until blended. Stir in nuts and chopped chocolate bars.
6. Drop by rounded tablespoons onto prepared baking sheets.
7. Flatten with palm of hand. Bake for 10 minutes, or until golden.
8. Allow to cool for 2 minutes on baking sheet then remove to wire racks to cool.

Butterscotch Brownies

Ingredients

- 6 tablespoons shortening
- 1 1/2 cup brown sugar
- 2 eggs
- 1 1/2 teaspoons baking powder
- 1/2 teaspoon salt
- 1 teaspoon vanilla
- 1 1/2 cup flour
- 1/2 cup chopped nuts
- 1 cup butterscotch bits



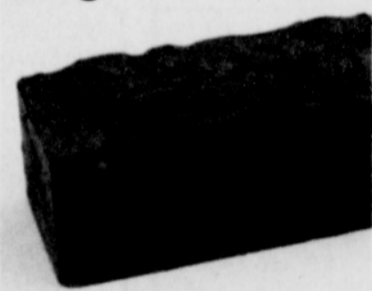
Directions

Preheat oven to 350F. Cream shortening and sugar, add the rest in given order. Grease a 9" x 13" baking pan. Pour batter into pan, and bake 25 minutes. Cool for 10 minutes and then cut into squares.

Christmas Berry Mocha Fudge

Ingredients

- 1/2 cup butter
- 1 (12-ounce) can of evaporated milk
- 3-1/2 cups granulated sugar
- 1 heaping tablespoon instant coffee
- 10 ounces Hershey's Raspberry chocolate chips
- 2 ounces (2 squares) bittersweet chocolate
- 7 ounces marshmallow cream
- 1 teaspoon vanilla



Directions

1. In a heavy saucepan melt the butter. Add evaporated milk, sugar, and coffee.
2. Bring to a rolling boil, stirring constantly until the temperature reaches 235 F.
3. Remove from heat and add raspberry chocolate chips and the bittersweet chocolate.
4. Stir the mixture until all ingredients are melted. Add the marshmallow cream and stir until blended.
5. Stir in the vanilla. Pour into a lightly greased 9" X 13" baking pan. Cut into 1-inch squares when cooled.

Low-Carb Snickerdoodles

Ground almonds create an "almond flour" which is a wonderful substitute for wheat flour for many baking recipes.

Ingredients

- 1/2 cup butter, softened
- 1-1/2 cups ground almonds
- 1 cup granulated Splenda
- 1 large egg
- 1/2 teaspoon vanilla extract
- 1/4 teaspoon baking soda
- 1/4 teaspoon cream of tartar
- 2 tablespoons granulated Splenda
- 1 teaspoon cinnamon



Directions

1. In a medium bowl, beat butter until creamy.
2. Add half the ground almonds, 1 cup Splenda, egg, vanilla, baking soda and cream of tartar.
3. Beat until well combined. Beat in remaining ground almonds.
4. Cover and chill in bowl for 1 hour. Pre-heat oven to 350 F.
5. In a small bowl, combine the 2 tablespoons Splenda and the cinnamon; mix well.
6. Roll chilled dough into 1-inch balls.
7. Gently roll each ball in the cinnamon-Splenda mixture to coat and place 2 inches apart on an ungreased baking sheet. Bake 10-12 minutes until lightly browned at the edges.
8. Carefully remove from pan to cooling rack to cool completely. 1.5 net carb per cookie.

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